



FREE!

Three Sessions:

- Monday March 27th at 10:30 AM
- Monday April 3rd at 10:30 AM
- Monday April 10th at 10:30 AM

Where:

**Azle Memorial Library's
Community Room**

MASTER OF MEMORY

A Three Session Series on
Improving Memory Function
Presented by Texas A&M
AgriLife Extension

Topics Discussed:

- Memory and Learning
- Memory Strategies
- Nutrition
- Medications
- Medical Conditions
- Exercise for the Body and Mind

Open to adults of all ages!