



NEWS RELEASE

FOR IMMEDIATE RELEASE: Tuesday, June 15, 2021

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COOLING ZONES – PLACES TO BEAT THE HEAT *City of Stockton Arnold Rue and Van Buskirk Community Centers*

STOCKTON, Calif. – Extremely high temperatures are expected Wednesday through Saturday of this week. City of Stockton Arnold Rue and Van Buskirk Community Centers will be open as cooling zones for those need to escape the heat. Beginning June 15, both centers will be open from 8:00 a.m. to 5:00 p.m. and will remain open until 7:00 p.m. during the extreme heat anticipated from June 16 through June 19, 2021.

- Arnold Rue Community Center – 5758 Lorraine Ave., Stockton 95210
- Van Buskirk Community Center – 734 Houston Ave., Stockton 95206

Seating will be offered in the gymnasium area, which is air-conditioned, and water will be provided. Face coverings are required at all times while at the centers and are available at the door. Please bring books, games, and electronic devices that you and members of your household can enjoy while maintaining minimal activity level, as sports courts and equipment will not be accessible.

The City's pools are open for public swim for a fee of \$2 per person/\$5 for families every day of the week, except Monday. Visit the City of Stockton website for locations and hours at www.stocktonca.gov/pools.

For a list of cooling zones throughout San Joaquin County, please visit the San

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Joaquin County Office of Emergency Services website at www.sigov.org/oes.

On days with high temperatures, please remember to take precautions. Stay indoors, keep physical activity to a minimum, drink plenty of water, and monitor those who are sensitive to the negative impacts of heat, including elderly, children, those who are ill, and pets. For other tips for dealing with extreme heat, including avoiding heat-related illness, please visit www.stocktonca.gov/heat or www.ready.gov/heat.

If you are experiencing a medical emergency such as a heart attack, stroke, difficulty breathing or altered mental status, do not delay seeking care and contact 9-1-1.

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