## NATIONAL CENTER FOR HEALTH STATISTICS Vital and Health Statistics

Series 2, Number 209 September 2024



Technical Guidance for Using the Modified Kalman Filter in Small-domain Estimation at the National Center for Health Statistics

Data Evaluation and Methods Research



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# Technical Guidance for Using the Modified Kalman Filter in Small-domain Estimation at the National Center for Health **Statistics**

Data Evaluation and Methods Research

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES Centers for Disease Control and Prevention National Center for Health Statistics

Hyattsville, Maryland September 2024

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# <span id="page-6-0"></span>Acknowledgments

The first author completed this work under a contract with Windsor Group, LLC, a Centers for Disease Control and Prevention, National Center for Health Statistics contract holder. The authors would like to thank Claude Setodji and colleagues at the RAND Corporation who developed the original modified Kalman filter approach.

# **Technical Guidance for Using the Modified Kalman Filter in Small-domain Estimation at the National Center for Health Statistics**

by Makram Talih, Ph.D., Lauren M. Rossen, Ph.D., Priyam Patel, M.S.P.H., Morgan Earp, Ph.D., and Jennifer D. Parker, Ph.D.

### <span id="page-7-0"></span>**Abstract**

### **Background**

The modified Kalman filter (MKF) produces modelbased estimates for small populations by borrowing strength across groups, over time, and between health outcomes, consequently improving the reliability of estimates and the measurement of disparities. An earlier implementation of the MKF procedure featured linear time-trend models, equally spaced data points, and fixed sampling variances. While those features were appealing in proof-of-concept studies, they hindered adoption in data that exhibited nonlinear trends, were irregularly spaced, and included random sampling variances. The National Center for Health Statistics recently evaluated the earlier MKF procedure to broaden its scope and allow for its use in producing model-based estimates for small populations.

### **Objective**

This report documents differences between the earlier and enhanced MKF procedures and provides technical guidance for use of the latter in small-domain estimation at the National Center for Health Statistics.

### **Results**

The enhanced MKF procedure accommodates nonlinear time trends, irregularly spaced data points, and random sampling variances for the underlying population

subgroup estimates. Bayesian estimation is implemented adaptably and transparently in a macro that uses PROC MCMC and related SAS 9.4 procedures instead of relying on an associated executable file that could not be modified or inspected by end users. Bayesian model averaging, which renders MKF predictions more robust to trend model misspecification, uses a mixture prior approach instead of relying on values of the Bayesian information criterion. Various other enhancements improve functionality and usability relative to the earlier macro.

### **Conclusions**

The enhanced MKF procedure enables production of model-based estimates for small populations where direct estimates may lack precision, improving the availability of data for assessing and monitoring health disparities. Methodological improvements relative to the earlier procedure allow for more transparency in the underlying models and more flexibility in generating estimates under different scenarios, such as nonlinear trends, irregularly spaced data points, and random sampling variances.

**Keywords:** mixed-effects model • state-space model • Bayes factor • complex health survey • vital statistics • statistical reliability

## <span id="page-7-1"></span>**Introduction**

The National Center for Health Statistics (NCHS) is the nation's principal health statistics agency, conducting and supporting statistical and epidemiological activities to improve the effectiveness, efficiency, and quality of health services in the United States. NCHS collects and analyzes population data from birth and death records, medical records, health interview surveys, and health examinations, resulting in dissemination of critical public health information, for example, on health status and determinants, health care access and use, and health disparities.

NCHS uses thorough and transparent data presentation standards to inform users of its products on whether published estimates are considered statistically reliable (1,2). Many factors contribute to statistical reliability, including but not limited to, sample size, precision, and, for survey-based estimates, design effects. As a result, statistically reliable estimates for small population subgroups or rare health outcomes are scarce and typically require the aggregation of multiple time points, potentially jeopardizing their timeliness and public health relevance.

Model-based methods can improve the precision of estimates for small population subgroups and rare health outcomes by borrowing strength over time, across groups, and between related health outcomes (3–7). The earlier modified Kalman filter (MKF) procedure and accompanying SAS macro were developed in 2009–2012 to generate improved estimates for small racial and ethnic populations for which direct estimates were statistically unreliable, as defined at the time using a relative standard error (RSE) criterion of RSE  $\geq$  30% (8–11). The papers describing the development and evaluation of the earlier MKF relied on previous years of cross-sectional National Health Interview Survey (NHIS) data to generate improved prevalence estimates for the most current year of NHIS data for small population groups. The approach used a model-based prediction technique called the Kalman filter, which assumed a linear time trend in the true health state of each population subgroup—borrowing strength over time to recursively project past data forward to the most recent data year. Shared random effects that flexibly captured deviations from each group's linear trend were also featured in the earlier MKF—borrowing strength across groups to improve variance estimation. Additionally, when two correlated health outcomes were considered, the earlier MKF procedure and macro allowed for modelbased estimates from one outcome to inform the estimation of the other outcome—borrowing strength across health outcomes (8–11).

The earlier MKF procedure featured linear time trends, equally spaced data points, and fixed sampling variances for the underlying population subgroup means, rates, or proportions. The earlier MKF macro also relied on an associated executable file with precompiled C code for Bayesian estimation. While those features were appealing in proof-of-concept studies (8,9), they hindered wider adoption in the context of data that exhibited nonlinear trends, were irregularly spaced, and included random sampling variances.

NCHS recently implemented several enhancements to the earlier MKF procedure and macro to broaden their scope and allow for their use in producing model-based estimates for small populations. This report documents methodological and operational differences between the earlier MKF and the enhanced MKF procedures and macros and provides technical guidance for the use of the latter in small-domain estimation at NCHS.

## <span id="page-8-0"></span>**Earlier MKF Procedure**

The statistical model underlying the earlier MKF procedure was a **mixed-effects model** (8–11):

$$
y_{gt} = \mu_{gt} + \gamma_{gt} + \varepsilon_{gt}.
$$

• Population subgroup means, rates, or proportions  $y_{at}$ for group *g* at time *t* were direct estimates obtained from complex health survey data (using appropriate weighting) or from vital statistics.

• **Fixed effects**  $\mu_{at}$  for group g at time t were assumed to be linear in time, of the form:

$$
\mu_{gt} = \beta_{0g} + \beta_{1g}t.
$$

● **Random effects** <sup>γ</sup>*gt* followed a first-order autoregressive— AR(1)—process with an autocorrelation coefficient  $\rho$ ,  $|\rho|$  < 1, and a so-called "innovation" variance  $\tau^2$  that were common parameters across groups. In other words, for equally spaced time points, it was assumed that the random effect  $\gamma_{gt+1}$  for group g at time  $t+1$  was a function of its value <sup>γ</sup>*gt* at time *t* plus an independent random "innovation" or exogenous shock  $\xi_{at}$ , that is

$$
\gamma_{gt+1} = \rho \gamma_{gt} + \xi_{gt}
$$

where the innovations  $\xi_{qt}$  were normally distributed with mean zero and variance  $\bar{r}^2$  and were independent of the <sup>γ</sup>*gt*. The AR(1) process was assumed to be stationary, having started at time  $t = 0$  with  $\gamma_{qt}$  drawn according to a normal distribution with mean zero and variance  $\tau^2 / (1 - \rho^2)$  and remained distributed accordingly at later times.

- **Sampling errors** <sup>ε</sup>*gt* were assumed to be normally distributed with mean zero and known variances  $\sigma_{at}^2$ . The variances  $\sigma_{at}^2$  were replaced with their sample versions  $S_{at}^2$ , but neither estimation nor sampling errors in variance estimation were otherwise accounted for.
- To guard against model uncertainty in the maximum likelihood-based estimation of trend coefficients, the earlier MKF macro enabled users to conduct **model averaging** over linear trend models with varying restrictions on the coefficients, to include:
	- **E** A group-specific linear trend  $\mu_{qt} = \beta_{0q} + \beta_{1q} t$  for each group *g* (with independent slopes and intercepts across groups)
	- **E** A common linear trend  $\mu_{gt} = \beta_{0g} + \beta_1 t$  (with independent intercepts across groups)
	- **E** An **intercepts-only** model  $\mu_{at} = \beta_{0a}$  where all groupspecific trends were dropped
- A **Bayesian hierarchical model** was also available in the earlier MKF macro, referred to as a "fully Bayesian" linear trend model, allowing group-specific regression coefficients  $\beta_{ka}$ ,  $k = 0,1$ , to arise as independent draws from an underlying normal distribution with mean *ϑk* and variance  $v_k^2$ . As a result, the group-specific coefficients *βkg* could be "shrunk" toward their common means,  $E(\beta_{ka}) = \theta_k$ , further borrowing strength; see Appendix I.
- Users of the earlier MKF macro could request that health disparities among population subgroups be estimated in the Bayesian setting. All **pairwise differences** and their standard errors were estimated, and users could specify one of the population groups to use as the reference for tabulation purposes (10,11).

The scope of the earlier MKF procedure and macro limited their applicability to NCHS data systems in the following ways:

- Some of the trend data published by NCHS exhibit nonlinearities, for example, quadratic, or even cubic trends (12–17). With nonlinear trends, the lack of model fit when a linear trend is used for the fixed effects would inflate variance for the random effects, negating any advantages of borrowing strength from past time points (9).
- The earlier MKF macro was restricted to equally spaced time points (10,11), yet NCHS data are sometimes irregularly spaced, for example, due to survey redesign, changes in sponsored supplements, or breaks in periodicity of selected questionnaire items or tests.
- Variance estimates are subject to stochastic variability (in the case of vital statistics data) or sampling variability (in the case of survey data) that should be accounted for (2,5–7), yet the earlier MKF procedure assumed known variances (8–11).
- Model averaging in the earlier MKF macro relied on each model's Bayesian information criterion (BIC) value—a widely used criterion for comparing statistical models by rating their goodness-of-fit relative to their complexity to obtain an approximation to the natural logarithm of the Bayes factor relative to the null, intercepts-only model (9). Bayes factors measure the evidence in support of each model relative to the null, and are used as weights for averaging predictions and prediction errors across models for the true health states  $\eta_{qt} = \mu_{qt} + \gamma_{qt}$  at time point *t*. However, even when the number of data points is very large, the relative error in approximating the Bayes factor remains bounded away from zero, producing possibly inaccurate estimates (18).
- Because Bayesian estimation in the earlier MKF macro was incorporated into an associated external executable file (10,11), it was only available for the trend models that were specified in the earlier MKF procedure. Modifying model specifications or the sampling algorithms used in Bayesian estimation was not possible.
- Random effects were assumed to be independent draws from a common distribution with shared AR(1) parameters  $\rho$  and  $\tau^2$  across groups. With sufficient data, more accurate estimates may be obtained with groupspecific parameters  $\rho_g$  and  $\tau_g^2$  (8).

## <span id="page-9-0"></span>**Enhanced MKF Procedure**

The enhanced MKF procedure and macro accommodate nonlinear time trends, irregularly spaced data points, and random sampling variances for the underlying population subgroup means, rates, or proportions. Bayesian estimation is implemented adaptably and transparently using PROC MCMC (Markov Chain Monte Carlo) and related SAS 9.4 procedures instead of relying on code that was neither modifiable nor inspectable by end users. Bayesian model averaging, which renders predictions more robust to the misspecification of the polynomial trend, uses a mixture prior approach to obtain relative model weights for averaging predictions across models. In the earlier MKF macro, BIC was used instead because it was more readily available from standard statistical software—as mentioned before, BIC balances goodness-of-fit with model complexity and reflects a preference for more parsimonious (simpler) models—and offered a reasonable approximation to the correct model averaging weights. Various other features in the enhanced MKF macro also improve its functionality and usability relative to the earlier macro. An overview of the enhanced MKF procedure and macro is provided in the following section, and full technical details are provided in Appendixes I and II.

The statistical model underlying the enhanced MKF procedure remains a mixed-effects model:

$$
\mathbf{y}_{gt} = \mu_{gt} + \gamma_{gt} + \varepsilon_{gt}.
$$

- Population subgroup means, rates, or proportions *ygt*  for group *g* at time *t* are direct estimates obtained from complex health survey (appropriately weighted) or vital statistics data.
- Fixed effects *μgt* follow a possibly **nonlinear (polynomial) time trend**, which, in the enhanced MKF macro, takes the form:

$$
\mu_{gt} = \beta_{0g} + \beta_{1g}t + \beta_{2g}t^2 + \beta_{3g}t^3.
$$

As a result, by imposing a series of constraints on the regression coefficients, the following trend models are available in the enhanced MKF macro:

- 1. A **group-specific cubic** trend for each group *g*, with unconstrained cubic (*β*3*<sup>g</sup>*), quadratic (*β*2*<sup>g</sup>*), and linear terms ( $\beta_{1q}$ ) that are independent across groups
- 2. A **group-specific quadratic** trend for each group *g*, with  $\beta_{3q} \equiv 0$  and independent quadratic ( $\beta_{2q}$ ) and linear terms (*β*1*<sup>g</sup>*) across groups
- 3. A **group-specific linear** trend for each group g, with  $\beta_{3g} \equiv 0$ ,  $\beta_{2g} \equiv 0$ , and independent linear terms  $(\beta_{1g})$ across groups
- 4. A **common cubic** trend across groups, with *β*3*<sup>g</sup>* ≡ *β*3,  $\beta_{2a} \equiv \beta_2$ , and  $\beta_{1a} \equiv \beta_1$
- 5. A **common quadratic** trend across groups, with  $\beta_{3q} \equiv 0$ ,  $\beta_{2q} \equiv \beta_2$ , and  $\beta_{1q} \equiv \beta_1$
- 6. A **common linear** trend across groups, with *β*3*<sup>g</sup>* ≡ 0,  $\beta_{2g}$  ≡ 0, and  $\beta_{1g}$  ≡  $\beta_1$
- 7. An **intercepts-only** model for each group, with *β*3*<sup>g</sup>*≡0,  $\beta_{2g}$  ≡ 0, and  $\beta_{1g}$  ≡ 0, dropping all group-specific trends
- Collinearities among linear, quadratic, and cubic terms may lead to unstable estimates. For this reason, and to retain comparability between coefficients in different dimensions, the enhanced MKF macro uses **orthogonal polynomials**; see Appendix I.
- Random effects  $\gamma_{qt}$  still follow a stationary AR(1) process in the enhanced MKF procedure, but due to the possibly

**irregularly spaced** time points  $t_1 < t_2 < ... < t_n$ , the autoregression is written for any two time points *s* and *t*  with  $|t - s| > 0$  as

$$
\gamma_{gt} = \rho^{|t-s|} \gamma_{gs} + \xi_{gs}
$$

where the "innovations" *ξgs* are normally distributed with mean zero and variance

$$
\tau^2\Big(1\!-\!\rho^{2|t-s|}\Big)\!\Big/\!\Big(1\!-\!\rho^2\Big)
$$

and are independent of the  $\gamma_{qs}$ . The stationary variance remains  $\tau^2 / (1 - \rho^2)$ , as in the earlier MKF procedure.

- Sampling errors *<sup>ε</sup>gt* remain normally distributed with mean zero and variances  $S_{gt}^2$ . However, conditional on group-specific variance parameters  $\sigma_g^2$ , the **sample variances**  $S_{gt}^2$  in the enhanced MKF procedure are modeled as **scaled chi-squared** variables with *ngt* − 1 degrees of freedom, where *ngt* is the (effective) sample size for group *g* at time *t*. In other words, conditional on  $\sigma_g^2$ , the ratios  $(n_{gt}-1) S_{gt}^2/\sigma_g^2$  follow a  $\chi^2(n_{gt}-1)$ distribution. The unknown **variance parameters**  $\sigma_g^2$  are assumed to arise from an **inverse-gamma distribution**, which, being conjugate to the chi-squared distribution, gives a convenient closed-form analytic expression to use in Bayesian estimation (5–7); see Appendix I.
- In the enhanced MKF macro, **Bayesian model averaging** is conducted entirely within the Bayesian paradigm, and Bayes factors are estimated from the marginal distribution of the *ygt* instead of approximated using BIC. A **mixture prior** distribution is assumed for the regression coefficients (for example, with equal prior weights given to each of the seven sets of constraints in the cubic trend model described previously), resulting in a mixture posterior distribution that is equivalent to model averaging (19); see Appendix I.
- **Bayesian estimation** in the enhanced MKF macro is implemented adaptably and transparently using PROC MCMC and related SAS 9.4 procedures (such as PROC FCMP) instead of relying on an associated external executable file, with precompiled C code, that was neither modifiable nor inspectable by end users. As a result, it is possible for experienced end users to modify model specifications or the Bayesian sampling algorithms in the enhanced MKF macro to suit their needs. The enhanced MKF macro parameter settings, default values, and functionality are described in detail in Appendix II. The full SAS code of the enhanced MKF macro is available from: <https://github.com/CDCgov/eMKF>.
- As in the earlier MKF macro, users of the enhanced MKF macro can request that health disparities be estimated in the Bayesian setting. In addition to all pairwise differences, the enhanced MKF macro calculates all **pairwise ratios**  and their standard errors from the posterior samples. The enhanced MKF macro also allows users to request that disparities (differences and ratios) be displayed relative to the group with the most favorable (or least adverse) health outcome—instead of specifying one of the

population groups as the reference group—and compute **overall measures of disparity**, such as the maximal rate difference, maximal rate ratio, and summary rate ratio (20,21). Interested users can further calculate other health disparities measures directly from the posterior samples; users can save all posterior draws to a data set for later analysis.

● To allow for the possibility that more accurate estimates may be obtained if **group-specific AR(1) parameters** <sup>ρ</sup>*<sup>g</sup>* and  $\tau_g^2$  were allowed (8), while preserving the borrowing of strength across groups, the  $\rho_g$  and  $\tau_g^2$  in the enhanced MKF macro can be drawn from a common distribution and shrunk toward their means  $\rho = E(\rho_g)$  and  $\tau^2 = E(\tau_g^2)$ , respectively; see Appendix I.

## <span id="page-10-0"></span>**Guided Example**

This section describes a typical application of the enhanced MKF macro to NCHS data, including the use of nonlinear time trends, unequally spaced time points, and random sampling variances. Although the example in this section uses data from the National Health and Nutrition Examination Survey, the enhanced MKF macro can potentially be used with any other population- or household-based survey data, vital statistics data, or other types of data (for example, administrative data, web-panel data, or electronic health record data). A case study of the enhanced MKF macro with state-level mortality data by age group, race, and Hispanic origin is available from: <https://github.com/CDCgov/eMKF>. Additional public-use examples may be available in the future through that GitHub location for users to explore.

Bayesian model averaging over the available trend models is the default specification in the enhanced MKF macro because it protects against misspecification of the trend form and accounts for the uncertainty in model selection through the model-averaged predictions. However, it is possible to select other specifications (for example, maximum likelihoodbased estimation of a common linear trend model across groups) in certain analyses where subject-matter, statistical, or computational considerations preclude the default specification; see Appendix II for a detailed description of the enhanced MKF macro parameter settings and default values. Alternatives to the default macro specification are presented in "Alternatives to Bayesian Trend Model Averaging" and illustrated in Appendix III; they should be discussed with a mathematical statistician or clearance official.

### <span id="page-10-1"></span>**Input Data Set**

Data input to the enhanced MKF macro are required to be in long (stacked) format, with each row representing a timeand group-specific estimate. Additional columns required include time point and population group identifiers, standard errors, and (effective) sample sizes. The [Table s](#page-21-0)hows input public-use data on obesity prevalence among U.S. adults from the National Health and Nutrition Examination Survey, a nationally representative cross-sectional survey of the U.S. civilian noninstitutionalized population. The survey captures both self-reported health data through in-person interviews and measured health status assessed through in-person examinations by health professionals (see: [https://www.cdc.](https://www.cdc.gov/nchs/nhanes/index.htm) [gov/nchs/nhanes/index.htm](https://www.cdc.gov/nchs/nhanes/index.htm)).

While the time point variable ("Year" in the [Table\)](#page-21-0) must be numeric, a label variable may be included to designate the period that each time point refers to ("Year" is the midpoint of a given survey cycle identified in the [Table\)](#page-21-0). A stratification variable can also be included, for example, age group, as shown in the "Age group" column. As in the earlier MKF, while missing estimates are not accepted, some (but not all) estimates and standard errors may be zero; cells with zero standard errors are subsequently imputed using an average over the nonzero standard errors for that group and stratum (10,11) or, at worst, an average across strata for that group and time point. These built-in imputation strategies should not prevent users from carefully considering whehter to combine groups or time points to reduce substantial missingness.

For the data shown in the [Table,](#page-21-0) body mass index was calculated from measured height and weight and was defined as weight (kilograms) / [height (meters)]<sup>2</sup>. For both men and women, obesity was indicated by a body mass index of 30.0 or higher. The population group variable used was race and Hispanic origin, consisting of the categories Black non-Hispanic (subsequently, Black); White non-Hispanic; other race non-Hispanic, which also includes non-Hispanic people identifying as more than one race; Mexican American; and other Hispanic. The stratification variable used was age group (18–24, 25–44, 45–64, and 65 and older).

### <span id="page-11-0"></span>**Unequally Spaced Data Points**

Unlike the earlier macro, the enhanced MKF macro accommodates irregularly spaced data. In the [Table,](#page-21-0) data are biennial starting in 1999–2000, except for the last data point, which consists of data from the 2017–March 2020 prepandemic file (22).

### <span id="page-11-1"></span>**Random Sampling Variances**

The [Table](#page-21-0) includes an effective sample size column, which is required for modeling the sample variances as scaled chi-squared random variables (the default option in the enhanced MKF macro). Unless impractical, users should account for the uncertainty in estimating the sample variances; to do so, the (effective) sample sizes must be provided as part of the input data. In the case of survey data where estimates are proportions (percentages divided by 100), users may calculate the effective sample sizes from the ratios  $n_{gt}^{\text{(eff)}} = y_{gt} (1 - y_{gt}) / \text{SE}_{gt}^2$  , where  $y_{gt}$  is the sample proportion for group *g* at time *t* and SE*gt* is the corresponding standard error.

### <span id="page-11-2"></span>**Bayesian Trend Model Averaging**

A description of the full set of enhanced MKF macro parameters is included in Appendix II. To provide the reader with a snapshot of the macro's functionality, the following SAS code snippet shows a typical call to the enhanced MKF macro from within an active SAS session:



The full SAS program for this example, as well as additional examples using other NCHS health surveys or vital statistics, are available from: <https://github.com/CDCgov/eMKF>.

The data set name (data) and the names of the columns indicating the population group (group) and time points (time) are required. The optional  $by$  variable allows users to indicate a stratification variable—here, age group although users may also create composite population groups (for example, by age and race and ethnicity) to borrow strength across groups defined using multiple dimensions. The outcome and se macro variables are required and indicate the names of the columns in the input SAS data set containing the desired outcome variable (rate, proportion, or mean) and its (design-based) standard error. The (effective) sample size variable (neff) must be specified to run a Bayesian model with random sampling variances, which is the default setting in the enhanced MKF macro. In the maximum likelihood-based estimation setting (Appendix III), or if option randomVars =  $NO$  is specified in the Bayesian setting to override the default (perhaps due to the unavailability of effective sample sizes), the enhanced MKF macro treats variances as known, as in the earlier MKF macro, and neff is ignored.

As in the earlier MKF macro, Bayesian estimation is the default method in the enhanced MKF macro when only one outcome is specified. In the enhanced MKF macro, the macro variable Bayesmodel can be any one the following options, corresponding to the trend models listed previously, respectively: 1) indep cubic, 2) indep quad, 3) indep linear, 4) common cubic, 5) common quad, 6) common\_linear, and 7) dropped (intercept only). Unless subject-matter or statistical considerations are such that only one of the trend models 1–7 is deemed appropriate, model averaging should be used to guard against misspecification of the trend form and better account for the uncertainty in model selection.

Bayesian model averaging is specified using one of the following options for the Bayesmodel variable: a) bma\_

cubic, b) bma quad, or c) bma linear.

- $\bullet$  Option a) Bayesmodel = bma cubic is equivalent to listing all seven models to be averaged—namely,  $Bayes model = indep cubic indep quad$ indep linear common cubic common quad common\_linear dropped.
- $\bullet$  Option b) Bayesmodel = bma quad is equivalent to listing all five trend models up to quadratic: Bayesmodel = indep\_quad indep\_linear common\_quad common\_linear dropped.
- Option c) Bayesmodel =  $bm_{\text{1} \text{inear}}$  is equivalent<br>to Bayesmodel =  $\text{indep}$  linear common to Bayesmodel  $=$ linear dropped.

The comparedto macro variable in the example SAS code snippet shown previously allows for the estimation of health disparities; see "Estimating Health Disparities." The out macro variable specifies the prefix to use for SAS data sets that are created when the macro run is completed. As in the earlier MKF macro, output data sets contain parameter estimates, predictions, and other information useful to end users who want to go beyond the tabulated and formatted results shown in the SAS output text or HTML file.

[Figure 1](#page-13-0) displays the first portion of formatted output resulting from running the example SAS code. For the last time point, which corresponds to the midpoint of the National Health and Nutrition Examination Survey 2017– March 2020 cycle, the direct and MKF-based estimates are shown for each combination of age group and race and ethnicity. As a trade-off with slight increases in bias (as measured by the standardized differences between MKF and direct estimates; "Std. Diff" in [Figure 1\),](#page-13-0) all MKF estimates show reductions in the root mean squared error (RMSE), with relative RMSEs (relative to the unbiased direct estimates; "Rel. RMSE" in [Figure 1\)](#page-13-0) ranging from 0.4720 for Mexican-American adults ages 18–24 to 0.9617 for Black adults ages 25–44. The standardized difference is the difference between the model-based and direct estimates, divided by the RMSE of the latter. The relative RMSE is the ratio of the model-based RMSE to the direct RMSE. In other words, at worst, MKF-based estimation is equivalent to a 4.0% increase in effective sample size (1.040 = 1/0.9617), whereas at best, it is equivalent to a twofold increase (2.119  $= 1 / 0.4720$ ). Those improvements are also reflected in narrower Wald 95% confidence intervals ([Figure 1\)](#page-13-0). For direct estimates, RMSE = SE, because the survey-weighted sample proportion is assumed to be an unbiased estimator of the population proportion. Wald 95% confidence intervals are constructed for both direct and model-based estimates using the formula: (point estimate)  $\pm$  1.96 • RMSE.

### <span id="page-12-0"></span>**Estimating Health Disparities**

In the Bayesian setting, the enhanced MKF macro can calculate disparities (differences and ratios) relative to the minimum, maximum, or any one of the population subgroups listed in the group column in the input data set. This must be explicitly specified by the user, because by default, estimation of disparities is omitted due to the higher computational burden. In the example SAS code, disparities are requested relative to the minimum or lowest group proportion (the most favorable outcome in this example), and this is specified using compared to  $=$  MIN. Disparities are not calculated in the maximum likelihoodbased estimation setting; see Appendix III.

[Figure 2 d](#page-15-0)isplays the disparities portion of the formatted output from the example SAS code. For the last time point (the midpoint of the National Health and Nutrition Examination Survey 2017–March 2020 cycle) and each combination of age group and race and ethnicity, both absolute disparities (differences) and relative disparities (ratios) are estimated from the posterior sample, together with their RMSEs. Wald and log-normal 95% confidence intervals are also calculated for the differences and ratios, respectively. Each block of output displays: 1) a maximal (or range) measure, which compares the maximum with the minimum proportion across groups; 2) a summary measure, which compares the reference proportion (minimum, here) with the average proportion across the groups that did not achieve the minimum; and 3) pairwise comparisons between each of the race and ethnicity groups and the reference proportion.

### <span id="page-12-1"></span>**Number of Data Points**

Consistent with "National Center for Health Statistics Guidelines for Analysis of Trends" (17), fitting a degree *k* polynomial trend (*k* = 0, 1, 2, 3) generally requires *k* + 2 available data points for each of the population subgroups included in the analysis within each stratum. As a general rule, at least two additional data points should be available for each group to account for estimating the AR(1) parameters  $\rho_g$  and  $\tau_g^2$ , for a minimum total of  $k$  + 4 data points generally required per group (and stratum) to fit a degree *k* polynomial trend. By default, the enhanced MKF macro returns an error if the required number of time points is not met. Users are advised to consult with a mathematical statistician or their clearance official if an exception to the previously stated rule is deemed necessary, in which case the macro parameter checkSampleSize should be set to NO; see Appendix II. Note that in all cases, the enhanced MKF macro will return an error if there is only one data point per group.

### **Figure 1. Part 1 output from calling the enhanced modified Kalman filter macro code showing the modified Kalman filter Bayesian model average up to the unconstrained cubic trend, with random sampling variances and common autoregression parameters for adults age 18 and older with obesity, by age group and race and ethnicity**

<span id="page-13-0"></span>

See footnotes at end of figure.

### **Figure 1. Part 1 output from calling the enhanced modified Kalman filter macro code showing the modified Kalman filter Bayesian model average up to the unconstrained cubic trend, with random sampling variances and common autoregression parameters for adults age 18 and older with obesity, by age group and race and ethnicity—Con.**



NOTES: Obesity is indicated by a body mass index of 30.0 or higher. Body mass index is calculated from measured height and weight and defined as weight (kilograms) / [height (meters)]<sup>2</sup>. The category "Other race, non-Hispanic" includes non-Hispanic people identifying as more than one race. The category "Other Hispanic" includes Hispanic or Latino people from origins other than Mexican American. The symbol ~~ indicates that the output is not applicable. Year = 2018.6 is the midpoint of the 2017–March 2020 cycle, which, due to the suspension of field operations for the National Health and Nutrition Examination Survey in March 2020, combines the full 2017–2018 cycle with partial data from 2019 through March 2020; see "National Health and Nutrition Examination Survey, 2017–March 2020 Prepandemic File: Sample Design, Estimation, and Analytic Guidelines" ([https://www.cdc.gov/nchs/data/series/sr\\_02/sr02-190.pdf\)](https://www.cdc.gov/nchs/data/series/sr_02/sr02-190.pdf). Direct estimates of the proportion of adults with obesity are indicated in the rows labeled "Sample," whereas estimates based on the selected modified Kalman filter (MKF) model are indicated in the rows labeled "MKF estimate." Selected MKF models include a common set of autoregression parameters across population groups. RMSE is the root mean squared error; for direct estimates, RMSE is equal to the standard error because the survey-weighted sample proportion is assumed to be an unbiased estimator of the population proportion. The Wald 95% confidence interval (CI) is constructed for both direct and model-based estimates using the formula (point estimate) ± 1.96 • RMSE. The standardized difference (Std. diff) is the difference between the model-based and direct estimates, divided by RMSE (= standard error) of the direct estimate. The relative RMSE (Rel. RMSE) is the ratio of the model-based RMSE to the direct RMSE.

SOURCE: National Center for Health Statistics, National Health and Nutrition Examination Surveys, 1999–March 2020.

### **Figure 2. Part 2 output from calling the enhanced modified Kalman filter macro code showing the modified Kalman filter Bayesian model average up to the unconstrained cubic trend, with random sampling variances and common autoregression parameters for adults age 18 and older with obesity, by age group and race and ethnicity**



<span id="page-15-0"></span>**9**

See footnotes at end of figure.

### **Figure 2. Part 2 output from calling the enhanced modified Kalman filter macro code showing the modified Kalman filter Bayesian model average up to the unconstrained cubic trend, with random sampling variances and common autoregression parameters for adults age 18 and older with obesity, by age group and race and ethnicity—Con.**



NOTES: Obesity is indicated by a body mass index of 30.0 or higher. Body mass index is calculated from measured height and weight and defined as weight (kilograms) / [height (meters)]<sup>2</sup>. The category "Other race, non-Hispanic" includes non-Hispanic people identifying as more than one race. The category "Other Hispanic" includes Hispanic or Latino people from origins other than Mexican American. Selected modified Kalman filter (MKF) models include a common set of autoregression parameters across population groups. MAX is the estimate of the highest obesity rate across the five population categories based on the selected MKF model, MIN is the lowest rate, and AVGEXCLMIN is the average obesity rate for all but the lowest rate. Because lower obesity rates are more favorable, the lowest rate is used as the reference for evaluating disparities. The disparity measures "MAX – MIN" and "MAX / MIN" are the so-called maximal difference and ratio, respectively, whereas the measures "AVGEXCLMIN – MIN" and "AVGEXCLMIN / MIN" are the summary difference and ratio, respectively; see "Examining Progress Toward Elimination of Racial and Ethnic Health Disparities for Healthy People 2020 Objectives Using Three Measures of Overall Disparity" ([https://www.cdc.gov/nchs/data/series/sr\\_02/sr02-195.pdf\)](https://www.cdc.gov/nchs/data/series/sr_02/sr02-195.pdf). Posterior estimates, standard errors, and 95% confidence interval (CI) limits for the lowest (MIN) and highest (MAX) obesity rates differ from the posterior estimates, standard errors, and 95% CIs for the rates of the groups that achieved the lowest and highest rates, respectively. RMSE is the root mean squared error. For the difference between two rates 1 and 2, RMSE is given by RMSE<sup>2</sup> of Difference = RMSE<sup>2</sup> of Rate 1 + RMSE<sup>2</sup> of Rate 2, and the 95% CI is constructed using the formula Difference ± 1.96 • RMSE of Difference. For the ratio between rates 1 and 2, RMSE is obtained by reverse-transformation from the natural logarithm (ln) of the ratio, with RMSE<sup>2</sup> of ln(Ratio) = [RMSE<sup>2</sup> of Rate 1]/[Rate 1] +  $[RMSE<sup>2</sup>$  of Rate 2]/[Rate 2], and the corresponding 95% CI is constructed using the formula exp[In(Ratio)  $\pm$  1.96 • RMSE of In(Ratio)].

SOURCE: National Center for Health Statistics, National Health and Nutrition Examination Surveys, 1999–March 2020.

### <span id="page-17-0"></span>**Convergence of Bayesian Estimation Algorithms**

Many of the default settings in the call to SAS PROC MCMC in the enhanced MKF macro were retained to ensure adequate convergence and mixing of the MCMC algorithm for sampling from the posterior distribution of model parameters in a wide range of applications. Additionally, by default, the enhanced MKF macro combines posterior samples from four chains with randomly selected starting points (23); as in the earlier MKF macro, each chain uses 10,000 burn-in steps (which are discarded) and 50,000 sampling steps.

Parameters for which a Gibbs sampler is not available use the random walk Metropolis–Hastings sampler, whose proposal distribution is specified and tuned within PROC MCMC (24). This requires the program to find a good approximation to the covariance matrix of model parameters, and is done in the "tuning phase" of the MCMC algorithm, before the burn-in steps. In the enhanced MKF macro, the number of iterations per tuning loop is set to 1,000 instead of the PROC MCMC default of 500, and the maximum number of tuning loops is set to 50 instead of the PROC MCMC default of 24. Input parameters for the random walk Metropolis– Hastings sampler are set in the enhanced MKF macro to match PROC MCMC defaults (24), but those can be modified by experienced end users; see Appendix II and the code annotations in the enhanced MKF SAS macro, available from: [https://github.com/CDCgov/eMKF.](https://github.com/CDCgov/eMKF)

Mixing of each of the four chains may be assessed using various PROC MCMC diagnostic tools. The enhanced MKF macro defers to PROC MCMC for issuing any warnings about effective sample sizes or serial autocorrelations that may indicate poor mixing (24). Additionally, the Gelman–Rubin diagnostic, not directly available from PROC MCMC, is calculated to flag any potential issues with the convergence of the posterior samples from the four chains (23). If mixing or convergence issues are encountered, model predictions may be unreliable, and users should consider investigating the detailed diagnostic statistics and plots for each chain; those are requested using options modelprint  $=$  YES and mcmcplot = YES, respectively. Mixing and convergence issues are often resolved by increasing the number of sampling steps and by thinning, which, for example, retains every second (thin = 2) or fifth (thin = 5) iteration-by default, thin = 1. For example, one strategy could be to double the number of sampling steps while retaining every other iteration or to increase the number of sampling steps fivefold while retaining every fifth iteration. If MCMC mixing or convergence problems cannot be resolved using those simple strategies, users are advised to consult with a mathematical statistician or their clearance official before modifying any of the other macro parameters described in Appendix II.

### <span id="page-17-1"></span>**Alternatives to Bayesian Trend Model Averaging**

As mentioned previously, Bayesian model averaging over the available trend models is the default specification in the enhanced MKF macro. However, in certain analyses where subject-matter, statistical, or computational considerations preclude the default specification, it is possible to select other specifications after discussion with a mathematical statistician or clearance official. The enhanced MKF macro allows for three alternative specifications to Bayesian model averaging.

- 1. **Model averaging based on maximum likelihood estimation**—As in the earlier MKF macro, selected trend model(s) can be fit using maximum likelihood (via SAS PROC NLMIXED), assuming sampling variances are known instead of random, as explained in Appendix I, "State-space Model Formulation and Maximum Likelihood-based Estimation." When more than one trend model is specified, model averaging is implemented using the BIC values to approximate the Bayes factors when calculating model averaging weights; see Appendix III for an example specification.
- 2. **"Fully Bayesian" models**—As in the earlier MKF macro, so-called fully Bayesian trend models can be fit by adding a level to the underlying Bayesian hierarchical model to account for the uncertainty in specifying prior means and variances for the regression coefficients and, as a result, offer a compromise between the "independent" and "common" trend cases; see Appendix I, "Bayesian Estimation of Regression Hyperparameters." Setting the Bayesmodel macro variable in the enhanced MKF macro to one of the keywords 1)  $full cubic, 2)$ full quad, or 3) full linear implements those fully Bayesian hierarchical models, which offer viable alternatives to cubic, quadratic, and linear Bayesian model averaging, respectively. For example, if quadratic or cubic trends are known to be inappropriate based on previous analyses or subject-matter expertise, limiting the macro to the fully Bayesian linear trend model would reduce computational burden. See Appendix III for a specification using the fully cubic Bayesian model with random sampling variances.
- 3. **Group-specific AR(1) coefficients**—By default, the enhanced MKF macro assumes shared values of the  $AR(1)$  parameters  $\rho_g$  and  $\tau_g^2$  across groups, with  $\rho_g \equiv \rho_g$ and  $\tau_g^2 = \tau^2$  (macro option ARmodel = common\_ar), as in the earlier MKF macro. However, subject-matter or statistical considerations may suggest substantial structural differences across groups, justifying the need for independent AR(1) parameters across groups. This would be specified in the enhanced MKF macro using option  $ARmodel = indep ar$ ; see Appendix III for an example. Yet, to preserve the borrowing of strength across groups, the  $\rho_g$  and  $\tau_g^2$  would be drawn from a

common distribution and shrunk toward their means  $\rho$  *= E(* $\rho$ *<sub>g</sub>*) and  $\tau^2$  = *E*( $\tau_g^2$ ); see Appendix I.

Experienced end users may modify additional model specifications or the Bayesian sampling algorithms in the enhanced MKF macro to suit their needs, after discussion with a mathematical statistician or clearance official. All enhanced MKF macro parameter settings, default values, and functionalities are described in detail in Appendix II.

## <span id="page-18-0"></span>**Discussion**

The enhanced MKF procedure and macro broaden the scope of their earlier versions to improve their applicability to NCHS data under a wide set of analytic scenarios, allowing users to account for nonlinear time trends, irregularly spaced data points, and random sampling variances. Model averaging is conducted entirely within the Bayesian paradigm, and Bayes factors are estimated from the marginal distribution of the data instead of approximated using BIC values.

Bayesian estimation in the enhanced MKF macro is implemented adaptably using PROC MCMC and related SAS 9.4 procedures instead of relying on an associated executable file that included code inaccessible to end users. As a result, it is possible for experienced end users to modify the model specifications or the Bayesian sampling algorithms in the enhanced MKF macro to suit their needs. However, to hedge against model uncertainty, Bayesian model averaging over all available trend models is recommended, unless subject-matter, statistical, or computational considerations require the selection of a specific model instead. Generally, to account for the AR(1) parameters in the random effects, at least *k* + 4 data points are required for each population subgroup (and stratum) to fit a trend model using a degree *k* polynomial, *k* = 0, 1, 2, 3.

When data from two related health outcomes were available, the earlier MKF procedure allowed users to leverage the correlation between the two outcomes to further borrow strength and improve model estimates. This feature is useful in the context of rare health outcomes that may be correlated with more common outcomes, for example. Perhaps due to the added complexity in deriving appropriate Gibbs samplers for Bayesian estimation in the bivariate case, only maximum likelihood-based estimation was available in the earlier MKF macro (10,11). The enhanced MKF macro preserves the earlier settings when two outcomes are specified. Future work may consider extending the enhanced MKF macro to more than two related outcomes, where outcome selection may be informed by subject-matter expertise and include clusters of inter-related health outcomes or conditions, like mental health (25), musculoskeletal conditions (26), respiratory diseases (27), or cardiovascular conditions (28).

## <span id="page-18-1"></span>**Conclusion**

The enhanced MKF macro enables the production of modelbased estimates for small populations where direct estimates may lack precision, improving assessment and monitoring of health disparities. Methodological improvements relative to the earlier MKF procedure and macro allow for more transparency in the underlying models and more flexibility in generating estimates under different scenarios, such as nonlinear trends, irregularly spaced data points, and random sampling variances.

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#### Year Cycle Population Age group Obesity SE\_ obesity NEFF\_ obesity  $\Box$ obesity UL\_ obesity Rel\_ obesity 1999.5 1999–2000 Black, non-Hispanic 18–24 0.2656 0.0414 113.6 0.1871 0.3566 Yes 1999.5 1999–2000 Black, non-Hispanic 25–44 0.4274 0.0269 338.2 0.3740 0.4820 Yes 1999.5 1999–2000 Black, non-Hispanic 45–64 0.4267 0.0250 392.1 0.3677 0.4872 Yes 1999.5 1999–2000 Black, non-Hispanic 65+ 0.4175 0.0349 199.3 0.3483 0.4893 Yes 1999.5 1999–2000 White, non-Hispanic 18–24 0.1777 0.0308 153.7 0.1208 0.2474 Yes 1999.5 1999–2000 White, non-Hispanic 25–44 0.2527 0.0204 452.7 0.2133 0.2954 Yes 1999.5 1999–2000 White, non-Hispanic 45–64 0.3550 0.0344 194.0 0.2878 0.4267 Yes 1999.5 1999–2000 White, non-Hispanic 65+ 0.3183 0.0222 440.8 0.2750 0.3640 Yes 1999.5 1999–2000 Other race, non-Hispanic 18–24 0.1707 0.0651 33.4 0.0632 0.3404 No 1999.5 1999–2000 Other race, non-Hispanic 25–44 0.4469 0.0712 48.7 0.3043 0.5962 Yes 1999.5 1999–2000 Other race, non-Hispanic 45–64 0.2727 0.0717 38.6 0.1422 0.4398 Yes 1999.5 1999–2000 Other race, non-Hispanic 65+ 0.1961 0.0865 21.1 0.0578 0.4249 No 1999.5 1999–2000 Mexican American 18–24 0.2665 0.0268 271.8 0.2149 0.3232 Yes 1999.5 1999–2000 Mexican American 25–44 0.3339 0.0296 254.7 0.2763 0.3955 Yes 1999.5 1999–2000 Mexican American 45–64 0.3736 0.0387 155.9 0.2976 0.4546 Yes 1999.5 1999–2000 Mexican American 65+ 0.3615 0.0481 99.7 0.2676 0.4639 Yes 1999.5 1999–2000 Other Hispanic 18–24 0.1811 0.0439 76.8 0.0953 0.2984 Yes 1999.5 1999–2000 Other Hispanic 25–44 0.2760 0.0200 500.9 0.1970 0.3667 Yes 1999.5 1999–2000 Other Hispanic 45–64 0.3891 0.0631 59.7 0.2656 0.5241 Yes 1999.5 1999–2000 Other Hispanic 65+ 0.2666 0.0413 114.8 0.1666 0.3878 Yes 2001.5 2001–2002 Black, non-Hispanic 18–24 0.2864 0.0317 202.8 0.2253 0.3539 Yes 2001.5 2001–2002 Black, non-Hispanic 25–44 0.3947 0.0266 338.8 0.3423 0.4490 Yes 2001.5 2001–2002 Black, non-Hispanic 45–64 0.4452 0.0266 349.2 0.3902 0.5011 Yes 2001.5 2001–2002 Black, non-Hispanic 65+ 0.4834 0.0369 183.4 0.4091 0.5582 Yes 2001.5 2001–2002 White, non-Hispanic 18–24 0.2446 0.0289 220.9 0.1894 0.3067 Yes 2001.5 2001–2002 White, non-Hispanic 25–44 0.3020 0.0146 991.2 0.2715 0.3338 Yes 2001.5 2001–2002 White, non-Hispanic 45–64 0.3722 0.0159 929.4 0.3386 0.4067 Yes 2001.5 2001–2002 White, non-Hispanic 65+ 0.3634 0.0269 319.9 0.3106 0.4187 Yes 2001.5 2001–2002 Other race, non-Hispanic 18–24 0.1034 0.0349 76.0 0.0353 0.2224 No 2001.5 2001–2002 Other race, non-Hispanic 25–44 0.2150 0.0369 123.7 0.1319 0.3196 Yes 2001.5 2001–2002 Other race, non-Hispanic 45–64 0.2003 0.0712 31.6 0.0799 0.3802 No 2001.5 2001–2002 Other race, non-Hispanic 65+ 0.2473 0.1817 5.6 0.0156 0.7256 No 2001.5 2001–2002 Mexican American 18–24 0.2270 0.0230 332.4 0.1831 0.2759 Yes 2001.5 2001–2002 Mexican American 25–44 0.2925 0.0204 497.1 0.2519 0.3358 Yes 2001.5 2001–2002 Mexican American 45–64 0.4585 0.0337 219.2 0.3912 0.5269 Yes 2001.5 2001–2002 Mexican American 65+ 0.3218 0.0400 136.6 0.2445 0.4070 Yes 2001.5 2001–2002 Other Hispanic 18–24 0.4450 0.1196 17.3 0.2114 0.6980 No 2001.5 2001–2002 Other Hispanic 25–44 0.3743 0.0525 85.1 0.2717 0.4859 Yes 2001.5 2001–2002 Other Hispanic 45–64 0.3138 0.0675 47.3 0.1868 0.4652 Yes 2001.5 2001–2002 Other Hispanic 65+ 0.4453 0.0728 46.6 0.2997 0.5981 Yes 2003.5 2003–2004 Black, non-Hispanic 18–24 0.3265 0.0318 217.0 0.2646 0.3933 Yes 2003.5 2003–2004 Black, non-Hispanic 25–44 0.4960 0.0339 218.0 0.4278 0.5643 Yes 2003.5 2003–2004 Black, non-Hispanic 45–64 0.4697 0.0293 290.1 0.4111 0.5289 Yes 2003.5 2003–2004 Black, non-Hispanic 65+ 0.4501 0.0382 169.6 0.3737 0.5282 Yes

### <span id="page-21-0"></span>**Table. Example of public-use data set in stacked format used as input to the enhanced modified Kalman filter macro: Proportion of U.S. adults with obesity, by survey cycle, race and ethnicity, and age group**

See footnotes at end of table.

2003–2004 White, non-Hispanic<br>2003–2004 White, non-Hispanic

2003.5 2003–2004 White, non-Hispanic 25–44 0.3035 0.0161 820.5 0.2721 0.3365 Yes 2003.5 2003–2004 White, non-Hispanic 45–64 0.3635 0.0268 322.1 0.3109 0.4186 Yes 2003.5 2003–2004 White, non-Hispanic 65+ 0.3009 0.0170 726.5 0.2677 0.3357 Yes 2003.5 2003–2004 Other race, non-Hispanic 18–24 0.1588 0.0612 35.7 0.0585 0.3197 No 2003.5 2003–2004 Other race, non-Hispanic 25–44 0.2547 0.0889 24.0 0.1009 0.4719 No 2003.5 2003–2004 Other race, non-Hispanic 45–64 0.1320 0.0429 62.2 0.0595 0.2419 No 2003.5 2003–2004 Other race, non-Hispanic 65+ 0.2213 0.0790 27.6 0.0868 0.4190 No 2003.5 2003–2004 Mexican American 18–24 0.2403 0.0422 102.3 0.1614 0.3349 Yes 2003.5 2003–2004 Mexican American 25–44 0.3819 0.0323 225.6 0.3182 0.4487 Yes 2003.5 2003–2004 Mexican American 45–64 0.4424 0.0353 198.5 0.3721 0.5144 Yes 2003.5 2003–2004 Mexican American 65+ 0.3574 0.0188 649.9 0.3002 0.4177 Yes 2003.5 2003–2004 Other Hispanic 18–24 0.4199 0.1146 18.5 0.1991 0.6670 No 2003.5 2003–2004 Other Hispanic 25–44 0.2460 0.0830 26.9 0.1019 0.4488 No 2003.5 2003–2004 Other Hispanic 45–64 0.3125 0.0692 44.8 0.1689 0.4883 No 2003.5 2003–2004 Other Hispanic 65+ 0.3513 0.1011 22.3 0.1639 0.5797 No



### **Table. Example of public-use data set in stacked format used as input to the enhanced modified Kalman filter macro: Proportion of U.S. adults with obesity, by survey cycle, race and ethnicity, and age group—Con.**

See footnotes at end of table.



### **Table. Example of public-use data set in stacked format used as input to the enhanced modified Kalman filter macro: Proportion of U.S. adults with obesity, by survey cycle, race and ethnicity, and age group—Con.**

See footnotes at end of table.





NOTES: Obesity is indicated by a body mass index of 30.0 or higher. Body mass index is calculated from measured height and weight and defined as weight<br>(kilograms) / [height (meters)]<sup>2</sup>. The variable "Year" is the midpoin Nutrition Examination Survey in March 2020, the survey cycle 2017–March 2020 combines the full 2017–2018 cycle with partial data from 2019 through March 2020; see "National Health and Nutrition Examination Survey, 2017–March 2020 Prepandemic File: Sample Design, Estimation, and Analytic Guidelines" ([https://www.cdc.gov/nchs/data/series/sr\\_02/sr02-190.pdf\)](https://www.cdc.gov/nchs/data/series/sr_02/sr02-190.pdf). The category "Other race, non-Hispanic" includes non-Hispanic people identifying as more than one race. The category "Other Hispanic" includes Hispanic or Latino people from origins other than Mexican American. The variable "Obesity" is the surveyweighted proportion of adults with obesity; SE\_obesity is the standard error; NEFF\_obesity is the effective sample size; LL\_obesity and UL\_obesity are the lower and upper limits, respectively, of the 95% Korn–Graubard confidence interval; and Rel\_obesity indicates whether the proportion meets National Center for Health Statistics data presentation standards; see "National Center for Health Statistics Data Presentation Standards for Proportions" [\(https://www.cdc.gov/](https://www.cdc.gov/nchs/data/series/sr_02/sr02_175.pdf) [nchs/data/series/sr\\_02/sr02\\_175.pdf\)](https://www.cdc.gov/nchs/data/series/sr_02/sr02_175.pdf).

SOURCE: National Center for Health Statistics, National Health and Nutrition Examination Surveys, 1999–March 2020.

# <span id="page-25-0"></span>Appendix I. Statistical Modeling and Estimation Details

## **Orthogonal Polynomial Regression**

Because collinearities among the linear, quadratic, and cubic terms for the fixed effects

$$
\mu_{gt} = \beta_{0g} + \beta_{1g}t + \beta_{2g}t^2 + \beta_{3g}t^3
$$

may lead to unstable estimates, the enhanced modified Kalman filter (MKF) macro uses orthogonal polynomials by default (29). Orthogonal polynomials are also useful to retain comparability between regression coefficients in different dimensions (30), which is relevant in model averaging. To facilitate interpretation, the design matrix

$$
\mathbf{X} = \begin{bmatrix} 1 & t_1 & t_1^2 & t_1^3 \\ 1 & t_2 & t_2^2 & t_2^3 \\ \vdots & \vdots & \vdots & \vdots \\ 1 & t_n & t_n^2 & t_n^3 \end{bmatrix},
$$

where  $t_1 < t_2 < ... < t_n$  are the *n* time points, is rightmultiplied by a scalar matrix **Γ** to convert the raw predictors **X** into the orthogonal predictors **Z = XΓ**. As a result, the estimated coefficients

$$
\hat{\mathbf{\beta}}_{\mathsf{g}} = \begin{bmatrix} \hat{\beta}_{0g} \\ \hat{\beta}_{1g} \\ \hat{\beta}_{2g} \\ \hat{\beta}_{3g} \end{bmatrix}
$$

are mapped from the orthogonal polynomial regression back to "raw" coefficients using <sup>ˆ</sup> **Γβg**, preserving interpretability for end-users. This reverse-transformation is also applied to the coefficients' standard errors, rendering the background orthogonal polynomial transformation (from the SAS IML orpol function) inconsequential to end-users.

## **State-space Model Formulation and Maximum Likelihood-based Estimation**

Unlike in the earlier MKF procedure and macro where time points were equally spaced (8–11), the derivations in this section apply for any two time points *t* and *s*, with  $|t - s| > 0$ .

Define  $z_{gt}$  as  $z_{gt} = y_{gt} - \mu_{gt}$ , representing the detrended estimate for group *g* at time *t*. The mixed-effects model underlying the MKF procedure can be conceptualized using an "observation" equation

$$
z_{gt} = \gamma_{gt} + \varepsilon_{gt}
$$

where the observation error  $\varepsilon_{qt}$  is normally distributed with mean zero and variance  $\sigma_{at}^2$ , and a "state" equation that, for  $|t - s| > 0$ , specifies the transition from state  $\gamma_{gs}$  at time *s* to state  $\gamma_{qt}$  at time *t* as a step of length  $|t - s|$  in a firstorder autoregressive AR(1) process with autocorrelation coefficient  $\rho$ ,  $|\rho| < 1$ , and a so-called "innovation" variance *τ*2:

$$
\gamma_{gt} = \rho^{|t-s|} \gamma_{gs} + \xi_{gs}.
$$

The innovation *ξgs* (sometimes referred to as an exogenous shock) in the transition from time *s* to time *t* is normally distributed with mean zero and variance

$$
\tau^2\Big(1\!-\!\rho^{2|t-s|}\Big)\!\Big/\!\Big(1\!-\!\rho^2\Big)
$$

and is independent of the state <sup>γ</sup>*gs* at time *s*. As in the earlier MKF procedure, the AR(1) process is assumed to be stationary, which means that the <sup>γ</sup>*gt* are drawn according to a normal distribution with mean 0 and variance  $\tau^2 / (1 - \rho^2)$ at time *t =* 0 and all later times *t*.

If the observation variance  $\sigma_{at}^2$ , time trend  $\mu_{at}$ , autocorrelation parameter  $\rho$ , and innovation variance  $\tau^2$  were known, and if the process had been observed up to time *s* with  $|t - s| > 0$ , then the best linear unbiased predictor (8,9) of the true underlying health state  $\eta_{gt} = \mu_{gt} + \gamma_{gt}$  for group g at time *t* would be given by  $\hat{\eta}_{qt} = \mu_{qt} + \hat{\gamma}_{qt}$ , where

$$
\hat{\gamma}_{gt} = \lambda_{gt}^{(s)} z_{gt} + \left(1 - \lambda_{gt}^{(s)}\right) \rho^{|t-s|} \hat{\gamma}_{gs}.
$$

This convex linear combination is based on combining the observed deviation  $z_{gt} = y_{gt} - \mu_{gt}$  from the fitted trend at time *t* and the prediction from the state equation of that deviation, namely  $\rho^{|t-s|}\hat{\gamma}_{gs}$ . The optimal value (minimizing mean squared error) for the "shrinkage" factor  $\lambda_{at}^{(s)}$  is given by

$$
\lambda_{gt}^{(s)} = \frac{\delta_{gt}^{(s)}}{\delta_{gt}^{(s)} + \sigma_{gt}^2},
$$

where

$$
\sigma_{gt}^2 = E\left[\left(z_{gt} - \gamma_{gt}\right)^2\right]
$$

is the observation error variance, that is, the variance of  $z_{gt} = y_{gt} - \mu_{gt}$  as a predictor of  $\gamma_{gt}$ , and

$$
\delta_{gt}^{(s)} = E\left[\left(\rho^{|t-s|}\hat{\gamma}_{gs} - \gamma_{gt}\right)^2\right],
$$

the variance of  $\rho^{|t-s|}\hat{\gamma}_{gs}$  as a predictor of <sup>γ</sup>*gt* (8,9).

By adding and subtracting the term

$$
\rho^{|t-s|}\gamma_{gs}
$$

and expanding the square in the expression of  $\delta_{gt}^{(s)}$ , it can be shown that  $\delta_{gt}^{(s)}$  satisfies the relation

$$
\delta_{gt}^{(s)} = \rho^{2|t-s|} \omega_{gs} + \tau^2 \left( \frac{1 - \rho^{2|t-s|}}{1 - \rho^2} \right),
$$

where  $\omega_{qs}$  is given by

$$
\omega_{gs} = E \left[ \left( \hat{\gamma}_{gs} - \gamma_{gs} \right)^2 \right]
$$

and, in turn, *ωgt* satisfies the recurrence relation

$$
\omega_{gt} = \left(1 - \lambda_{gt}^{(s)}\right) \delta_{gt}^{(s)}.
$$

In general, the observation variances  $\sigma_{gt}^2$ , trends  $\mu_{gt}$ , autocorrelation coefficient *ρ*, and innovation variance *τ*2 are unknown. The observation variances are replaced by their sample versions  $S_{gt}^2$  but otherwise assumed fixed. The trends  $\mu_{qt}$ , autocorrelation coefficient *ρ*, and innovation variance *τ*2 are estimated using SAS PROC NLMIXED, after having transformed *ρ* to

$$
\psi = \ln\left(\frac{1-\rho}{1+\rho}\right)
$$

and  $\tau^2$  to  $t = 2 \ln \tau$  (10,11).

## **Bayesian Hierarchical Modeling and Estimation**

Let  $t_1 < t_2 < ... < t_n$  denote the *n* time points. Using matrix notation, with

$$
\mathbf{y}_{g} = (y_{gt_1}, y_{gt_2}, ..., y_{gt_n})^T,
$$
\n
$$
\mathbf{n}_{g} = (n_{gt_1}, n_{gt_2}, ..., n_{gt_n})^T,
$$
\n
$$
\mathbf{\beta}_{g} = (\beta_{0g}, \beta_{1g}, \beta_{2g}, \beta_{3g})^T,
$$
\n
$$
\mathbf{\theta} = (\theta_0, \theta_1, \theta_2, \theta_3)^T
$$
\nand\n
$$
\mathbf{X} = \begin{bmatrix}\n1 & t_1 & t_1^2 & t_1^3 \\
1 & t_2 & t_2^2 & t_2^3 \\
\vdots & \vdots & \vdots & \vdots\n\end{bmatrix},
$$

the top three levels of the hierarchical model are given by multivariate normal (MVN) distributions:

- 1. The MVN*n*(**ηg**•, **Δg**) distribution for **yg**•|**ηg**•, **Δ<sup>g</sup>** , where  $\mathbf{\Delta_g}$  = diag $\left(S_{gt_1}^2, S_{gt_2}^2, \cdots, S_{gt_n}^2\right);$
- 2. The MVN*n*(**Χβg**, **A**) distribution for **ηg**•|**βg**, *ρ*, *τ*2, where

$$
\mathbf{A} = \left(A_{ij}\right)_{i,j=1}^n \text{ and } A_{ij} = \frac{\tau^2}{1-\rho^2} \rho^{|t_i-t_j|};
$$

3. And the MVN4(**θ**, **Λ**) distribution for **βg**| **θ**, **Λ**, where  $\Lambda = \text{diag}( v_0^2, v_1^2, v_2^2, v_3^2 ).$ 

### **Bayesian estimation of regression coefficients**

In the "**independent**" **trends case**, regression coefficients **βg** are specific to each group. Combining the top two levels of the previous hierarchical model, the likelihood function for **βg** is

$$
f(\mathbf{y}_{g.} | \boldsymbol{\beta}_{g.} \mathbf{V}_{g}) \propto |\mathbf{V}_{g}^{-1}|^{1/2} \exp \left\{-\frac{1}{2} (\mathbf{y}_{g.} - \mathbf{X} \boldsymbol{\beta}_{g})^{\mathsf{T}} \mathbf{V}_{g}^{-1} (\mathbf{y}_{g.} - \mathbf{X} \boldsymbol{\beta}_{g})\right\},
$$

 $v_{\mathbf{g}} = \mathbf{A} + \mathbf{\Lambda}_{\mathbf{g}}$  and  $\left| \mathbf{V}_{\mathbf{g}}^{-1} \right|$  denotes the determinant of  $\mathbf{V}_{\mathbf{g}}^{-1}$  , given by  $\left| \mathbf{V}_{\mathbf{g}}^{-1} \right| = \left| \mathbf{V}_{\mathbf{g}} \right|^{-1}$ . Expanding the quadratic form

$$
(\mathbf{y}_{\mathsf{g}} - \mathbf{X}\boldsymbol{\beta}_{\mathsf{g}})^{\mathrm{T}} \mathbf{V}_{\mathsf{g}}^{-1} (\mathbf{y}_{\mathsf{g}} - \mathbf{X}\boldsymbol{\beta}_{\mathsf{g}})
$$

around  $\mathbf{X}\hat{\boldsymbol{\beta}}_{\mathbf{g}'}$  where  $\hat{\boldsymbol{\beta}}_{\mathbf{g}}$  is the weighted least-squares estimator

$$
\hat{\boldsymbol{\beta}}_g = \left(\mathbf{X}^\mathsf{T} \mathbf{V}_g^{-1} \mathbf{X}\right)^{-1} \mathbf{X}^\mathsf{T} \mathbf{V}_g^{-1} \mathbf{y}_g.
$$

combining with the prior density function (from level 3 of the hierarchy), and collecting terms in **βg**, the joint posterior density function of **yg•** and **βg** given the remaining parameters is proportional to:

$$
\Big|V_g^{-1}\Big|^{1/2}\Big|\Lambda^{-1}\Big|^{1/2}\hspace{-2mm} \text{exp}\Big\{-\frac{1}{2}\hspace{-2mm}y_{g\cdot}^{\intercal}V_{g\cdot}^{-1}y_{g\cdot}+\frac{1}{2}\hspace{-2mm}\text{m}_g^{\intercal}\Phi_g^{\cdot 1}\hspace{-2mm}\text{m}_g-\frac{1}{2}\hspace{-2mm}\theta^{\intercal}\Lambda^{\cdot 1}\theta-\frac{1}{2}\hspace{-2mm}\big(\beta_g\hspace{-2mm}-\hspace{-2mm}\text{m}_g\big)^{\!\top}\hspace{-2mm}\Phi_g^{\cdot 1}\hspace{-2mm}\big(\beta_g\hspace{-2mm}-\hspace{-2mm}\text{m}_g\big)\Big\}\hspace{-2mm}\Big\},
$$

where

$$
\Phi_g^{-1} = X^T V_g^{-1} X + \Lambda^{-1} \text{ and } m_g = \Phi_g \left( \Lambda^{-1} \theta + X^T V_g^{-1} y_g \right).
$$

It follows that the conditional posterior distribution for **βg** is MVN with mean vector **mg** and variance-covariance matrix **Φg**, which is used in Gibbs sampling. Additionally, the marginal density function of **yg•** is proportional to:

$$
\Phi_g \bigg|^{1/2} \bigg| V_g^{*1} \bigg|^{1/2} \bigg| \Lambda^{*1} \bigg|^{1/2} \text{exp} \bigg\{ -\frac{1}{2} \, y_g^T \, V_g^{*1} y_g, +\frac{1}{2} \, m_g^T \Phi_g^{*1} \, m_g -\frac{1}{2} \, \theta^T \Lambda^{*1} \theta \bigg\}
$$

The latter is required to calculate Bayes factors and will be used in Bayesian model averaging; see "Bayesian model averaging via mixture prior on regression coefficients."

In the **"common" trends case**, trends are assumed parallel across groups, with  $\beta_{kq} \equiv \beta_k$  for  $k = 1,2,3$ . Posterior inference for the intercepts proceeds as in the independent trends case. However, conditional on the intercepts, all groups contribute to posterior estimation of the common regression coefficients. To derive the conditional posterior distribution, let  $z_{gt} = y_{gt} - \beta_{0g}$  and define

$$
\vec{\beta} = (\beta_1, \beta_2, \beta_3)^T, \ \vec{\mathbf{X}} = \begin{bmatrix} t_1 & t_1^2 & t_1^3 \\ t_2 & t_2^2 & t_2^3 \\ \vdots & \vdots & \vdots \\ t_n & t_n^2 & t_n^3 \end{bmatrix}, \ \vec{\theta} = (\theta_1, \theta_2, \theta_3)^T, \text{ and } \vec{\Lambda} = \text{diag}(\nu_1^2, \nu_2^2, \nu_3^2).
$$

1  $t_n$   $t_n^2$   $t_n^3$ 

 $\begin{bmatrix} 4 & 4 & 4 & 4 \end{bmatrix}$  $\begin{bmatrix} 1 & t_n & t_n^2 & t_n^3 \end{bmatrix}$ P P P P

2  $+3$ 

Arrow notation  $\vec{\beta}$  is used here to distinguish the three-dimensional distinguish the three-dimensional and the set of the set o<br>vector  $\vec{\beta} = (\beta_1, \beta_2, \beta_3)$  of common linear, quadratic, and cubic terms across groups from the four-dimensional vector  $\beta_{\mathsf{g}} = (\beta_{0g}, \beta_{1g}, \beta_{2g}, \beta_{3g})^{\mathsf{T}}$ , which includes the group-specific intercepts. Following similar steps as before, the conditional posterior distribution for the vector **β** of common<br>distribution for the vector **β** of common regression coefficients is MVN with mean vector **m** and covariance matrix **Φ**, where **β**

$$
\vec{\Phi}^{\text{-1}} = \vec{X}^T \left[ \sum_g V_g^{\text{-1}} \right] \vec{X} + \vec{\Lambda}^{\text{-1}} \text{ and}
$$

$$
\vec{m} = \vec{\Phi} \left( \vec{\Lambda}^{\text{-1}} \vec{\theta} + \vec{X}^T \left[ \sum_g V_g^{\text{-1}} z_g \right] \right).
$$

### **Bayesian estimation of regression hyperparameters**

As in the earlier macro, the enhanced MKF macro allows for three classes of models for the regression coefficients  $β<sub>g</sub> = (β<sub>0g</sub>, β<sub>1g</sub>, β<sub>2g</sub>, β<sub>3g</sub>)<sup>T</sup>:$ 

1. In the independent trends case, the prior distribution for **βg** is MVN with mean vector **θ** and a diagonal variance-covariance matrix **Λ**. The hyperparameters **θ** and **Λ** are specified by the user, with default values of  $\theta_k = 0$  for  $k = 1, 2, 3$ , to reflect an *a priori* model with no time trend; default values for  $\theta_0$ and the  $v_k$  are loosely determined from the range  $(r = max - min)$ of the *ygt* over both *g* and *t*, as in the earlier MKF. The default value for  $\theta_0$  is  $\theta_0 = r/2$  (roughly the median), whereas the default for  $v_0^2$  and  $v_1^2$  is 1,000,000  $\times r^2$ , which are large prior variances relative to the range of the data that practically will not impact posterior estimation. Prior variances for the quadratic and cubic coefficients are such that the coefficients tend to be smaller as polynomial degree increases, with  $v_2^2 = v_1^2/2$  and  $v_2^2 = v_2^2/4$  by default as flasting  $v_3^2 = v_1^2 / 4$  by default, reflecting a prior preference for simpler trends (30).

2. In the common trends case, all group-specific trends are assumed parallel,  $x$  with  $β_{kg} ≡ β_k$  for  $k = 1,2,3$ . Otherwise, the vector  $β_g = (β_{0g}, β_1, β_2, β_3)$ <sup>T</sup> remains distributed according to an MVN with means  $\pmb{\theta} = (\theta_0, \theta_1, \theta_2, \theta_3)^{\intercal}$  and variances

$$
\Lambda = \text{diag}\left(v_0^2, v_1^2, v_2^2, v_3^2\right);
$$

where those hyperparameters take on the values specified in the independent case.

3. In the fully Bayesian trend case, an additional level is added to the Bayesian hierarchical model to account for the uncertainty in specifying prior means and variances for the regression coefficients, but also to reinforce borrowing strength across groups and offer a compromise between the independent and common trend cases (10,11). Under the fully Bayesian trend model in the enhanced MKF macro, hyperparameters  $\theta_0$  and  $v_0^2$  for the intercepts remain as in the independent and common trend cases, but hyperparameters for the linear, quadratic, and cubic terms, namely  $\theta_k$  and  $v_k^2$ , with  $k = 1,2,3$ , are themselves modeled using adequately selected hyperprior distributions. The  $\theta_k$  are assumed to be *a priori* normally distributed with means  $\theta_k = 0$ and variances  $\zeta_k^2 = 0.1 \times r^2 / 2^{k-1}$ ,  $k = 1,2,3$ . The standard deviations  $\hat{v}_k$  are assumed to be uniformly distributed between 0 and  $0.5 \times r \times (k + 1)/2$ , *k* = 1,2,3. As before, the enhanced MKF macro matches the prior specification in the earlier MKF macro for the linear term  $(k = 1)$ , but selects priors for the quadratic (*k* = 2) and cubic (*k* = 3) terms in such a way that the coefficients will be smaller in magnitude as the degree *k* increases, although with decreasing precision.

In the fully Bayesian case, because both the prior for  $\vec{\beta}_{\mathsf{g}} = ( \beta_{1g}, \beta_{2g}, \beta_{3g} )^{\mathsf{T}}$ and hyperprior for  $\vec{\theta} = (\theta_1, \theta_2, \theta_3)^T$  are MVNs with respective mean vectors  $\vec{\theta} = (\theta_1, \theta_2, \theta_3)^\text{T}$  and  $\vec{\theta} = (\theta_1, \theta_2, \theta_3)^\text{T}$ , and covariance matrices

$$
\vec{\Lambda} = \text{diag}\left(v_1^2, v_2^2, v_3^2\right) \text{ and } \vec{\Xi} = \text{diag}\left(\zeta_1^2, \zeta_2^2, \zeta_3^2\right),
$$

the conditional posterior distribution for **θ** given the remaining model parameters **is also MVN,** with mean vector  $\vec{\Omega}(\vec{\Lambda}^1 \vec{\beta}_g + \vec{\Xi}^1 \vec{\delta})$  and covariance matrix  $\vec{\Omega} = (\vec{\Lambda}^1 + \vec{\Xi}^1)$ , which is used in Gibbs sampling.

For the standard deviation parameters  $v_k$  in the fully Bayesian case, closed-form expressions for the conditional posterior distributions are not readily available. As a result, Gibbs sampling is not available for the  $v_k$ , and the random walk Metropolis–Hastings sampler is used instead.

### **Bayesian estimation of true health states**

From the top two levels of the Bayesian hierarchical model, the joint posterior density function of **yg•** and **ηg•** given the remaining parameters is proportional to:

$$
A^{1}\big|^{1/2}\Big|\Delta_{g}^{1}\Big|^{1/2} \exp\bigg\{-\frac{1}{2}\Big({\bf y}_{g}.-\eta_{g}. \Big)^{T}\,\Delta_{g}^{1}\Big(\,{\bf y}_{g}.-\eta_{g}. \Big)-\frac{1}{2}\big(\eta_{g}.-\mathbf{X}\boldsymbol{\beta}_{g}\,\big)^{T}\,A^{1}\big(\eta_{g}.-\mathbf{X}\boldsymbol{\beta}_{g}\,\big)\bigg\}.
$$

Expanding and completing the quadratic form in **ηg•** the conditional posterior density function for **ηg•** is recognized as MVN with mean vector

$$
W_g \left( \Delta_g^{-1} y_g^{}, + A^{-1} X \beta_g \right)
$$

and variance-covariance matrix

$$
W_g = \left(\Delta_g^{-1} + A^{-1}\right)^{-1},
$$

which is used in Gibbs sampling.

### **Algebraic expressions for inverse and determinant of AR(1) correlation matrix**

The AR(1) covariance matrix **A** is defined as:

$$
\mathbf{A} = \left(A_{ij}\right)_{i,j=1}^n \text{ and } A_{ij} = \frac{\tau^2}{1 - \rho^2} \rho^{|t_i - t_j|}.
$$

Let **A(ρ)** denote the AR(1) *correlation* matrix, with entries  $\varphi^{[t_i-t_j]}$ . It can be shown that the determinant of  $A(\rho)$  is given by:

$$
|\mathbf{A}(\mathbf{p})| = \prod_{j=1}^{n-1} \left[1 - \rho^{2|t_{j+1} - t_j|}\right].
$$

It can also be shown that the inverse **B(ρ)** of **A(ρ)** is a tridiagonal matrix, with diagonal entries

$$
[\mathbf{B}(\mathbf{p})]_{ij} = \begin{cases} \frac{1}{1-\rho^{2|t_{i-1}-t_{i-1}|}}, & \text{for } i = 1, \\ \frac{1-\rho^{2|t_{i+1}-t_{i-1}|}}{\left[1-\rho^{2|t_{i+1}-t_{i}|}\right]\left[1-\rho^{2|t_{i}-t_{i-1}|}\right]}, & \text{for } i = 2,\cdots, n-1, \\ \frac{1}{1-\rho^{2|t_{n}-t_{n-1}|}}, & \text{for } i = n, \end{cases}
$$

and off-diagonal entries

$$
[\mathbf{B}(\mathbf{p})]_{i,i+1} = \frac{-\rho^{|t_{i+1}-t_i|}}{1-\rho^{2|t_{i+1}-t_i|}},
$$

$$
[\mathbf{B}(\mathbf{p})]_{j+1,j} = \frac{-\rho^{|t_{j+1}-t_j|}}{1-\rho^{2|t_{j+1}-t_j|}}, \text{ and}
$$

 $[\mathbf{B}(\mathbf{p})]_{ij} = 0$  for  $|i-j| > 1$ . Those expressions are used in the enhanced MKF macro to speed up computations of the determinant and matrix inverse, which are needed in the Gibbs sampler for the true health states **ηg•**, and can be costly to compute (for example, via the Cholesky decomposition).

### **Bayesian estimation of AR(1) model parameters**

Closed-form expressions for the conditional posterior distributions of the AR(1) parameters  $\rho$  and  $\tau^2$  are not readily available. As a result, the random walk Metropolis–Hastings sampler is used instead of the Gibbs sampler for those parameters. The mean and variance for the prior normal distribution of the transformed autocorrelation parameter *ρ*, namely

$$
\psi = \ln\left(\frac{1-\rho}{1+\rho}\right),
$$

are user-specified, with default values of 0 and 1, respectively, as in the earlier MKF macro. The lower and upper limits of the uniform prior for the innovation standard deviation *τ* are also user-specified, with default values of 0.0001 and 0.1 × *r*, respectively, as in the earlier macro (10,11).

Unlike the earlier macro, the enhanced MKF macro allows fitting group-specific AR(1) parameters  $\rho_g$  and  $\tau_g^2$ . Yet, as a compromise between separate and shared values per group, and to maximize the amount of borrowed strength, the parameters

$$
\psi_g = \ln\left(\frac{1-\rho_g}{1+\rho_g}\right)
$$

are drawn from an underlying normal  $\,{\sf N}\big(\mathcal{G}_{\hskip-1.2pt\mu}$  ,  $\varsigma^{\mathsf{2}}_{\hskip-1.2pt\mu}\big)$  prior and "shrunk" toward their mean  $\vartheta_{\psi}$ . The latter has a normal hyperprior distribution that can be specified by the user, with default values of 0 for its mean and the constant  $c = 1$  for its variance, respectively. The standard deviation *ϛψ* is drawn from a user-specified uniform distribution, with default values of 0.0001 for the lower and  $\sqrt{c} = 1$  for the upper limit. Finally, the innovation standard deviations *τg* are independent draws from the same uniform as before, with default values of 0.0001 and 0.1 × *r* for the lower and upper limits, respectively.

### **Bayesian estimation of variance parameters**

Conditional on group-specific variance parameters  $\sigma_a^2$ , the sampling variances  $S_{gt_i}^2$ ,  $i = 1, 2, \dots, n$  are modeled as scaled chi-squared random variables with  $n_{gt}$  -1 degrees of freedom (5–7), where  $n_{qt}$  is the (effective) sample size for group *g* at time *ti*:

$$
\frac{\left(n_{gt_i}-1\right)S_{gt_i}^2}{\sigma_g^2} \left|\sigma_g^2 \right| \text{ distributed as } \chi^2\left(n_{gt_i}-1\right)
$$

The unknown variance parameters  $\sigma_q^2$  are assumed to arise from the conjugate inverse-gamma prior distribution with shape parameter *a* and scale parameter *b*, resulting in an inverse-gamma posterior distribution with shape parameter

$$
a+\tfrac{1}{2}\sum_{i=1}^n\Bigl(n_{gt_i}-1\Bigr)
$$

and scale parameter

$$
b+\frac{1}{2}\sum_{i=1}^n\left(n_{gt_i}-1\right)S_{gt_i}^2,
$$

which is used in the Gibbs sampler for the  $\sigma_g^2$ . Default values for the hyperparameters  $a$  and  $b$ , with  $a > 2$  and  $b > 0$ , are loosely informed by the data, using the median of the sampling variances  $S_{gt_i}^2$ ,  $i = 1, 2, \dots, n$  instead of the prior mean

$$
\frac{b}{(a-1)}
$$

and 10 times their interquartile range instead of the prior standard deviation

$$
\frac{b}{(a-1)\sqrt{a-2}}.
$$

Also define

### **Bayesian model averaging via mixture prior on regression coefficients**

In the enhanced MKF macro, a mixture prior approach is used, resulting in posterior inference that is equivalent to Bayesian model averaging (19,31,32).

Let  $L = \ell$  indicate the specific set of constraints from 1 through 7 on the overarching cubic trend model, with 1  $=$  independent cubic,  $2 =$  independent quadratic, 3 = independent linear,  $4 =$  common cubic,  $5 =$  common quadratic, 6 = common linear, and 7 = dropped trend models. By default, all seven sets of constraints are given equal prior probability of 1/7. Posterior probabilities for the indicator variable  $L = \ell$  are calculated conditional on the intercepts, so it is enough to work with  $z_{qt} = y_{qt} - \beta_{0q}$ .

Define 
$$
\vec{\beta}_{g}^{(\ell)} = (\beta_{1g}, \beta_{2g}, \beta_{3g})^T
$$
 and  

$$
\vec{X}^{(\ell)} = \begin{bmatrix} t_1 & t_1^2 & t_1^3 \\ t_2 & t_2^2 & t_2^3 \\ \vdots & \vdots & \vdots \end{bmatrix}
$$

$$
\mathbf{X}^{(\ell)} = \begin{bmatrix} 2 & 2 & 2 \\ 2 & 2 & 2 \\ \vdots & \vdots & \vdots \\ t_n & t_n^2 & t_n^3 \end{bmatrix}
$$
  
for  $\ell = 1$  or  $\ell = 4$ ;

$$
\vec{B}_{g}^{(\ell)} = \left(\beta_{1g}, \beta_{2g}\right)^{T} \text{ and}
$$
\n
$$
\vec{X}^{(\ell)} = \begin{bmatrix} t_1 & t_1^2 \\ t_2 & t_2^2 \\ \vdots & \vdots \\ t_n & t_n^2 \end{bmatrix}
$$

for  $\ell = 2$  or  $\ell = 5$ ; and

$$
\vec{\beta}_{g}^{(\ell)} = (\beta_{1g}) \text{ and}
$$
\n
$$
\vec{X}^{(\ell)} = \begin{bmatrix} t_1 \\ t_2 \\ \vdots \\ t_n \end{bmatrix}
$$

for  $\ell = 3$  or  $\ell = 6$ , again using arrow notation  $\vec{\beta}_{\mathsf{g}}^{(\ell)}$  to highlight the interceptless vectors of regression coefficients.

 $\vec{\bm{\theta}}^{(\ell)}\!=\!\left(\theta_1,\theta_2,\theta_3\right)^{\!\mathsf{T}}$  and  $\vec{\bm{\Lambda}}^{(\ell)}\!=\!{\rm\textsf{diag}}\!\left(\!v_1^2,v_2^2,v_3^2\!\right)$ 

for  $\ell = 1$  or  $\ell = 4$ ;

$$
\vec{\theta}^{(\ell)} = (\theta_1, \theta_2)^T \text{ and } \vec{\Lambda}^{(\ell)} = \text{diag}\left(v_1^2, v_2^2\right)
$$

for  $\ell = 2$  or  $\ell = 5$ ; and

$$
\vec{\theta}^{(\ell)} = (\theta_1)
$$
 and  $\vec{\Lambda}^{(\ell)} = \text{diag}(v_1^2)$ 

for  $\ell = 3$  or  $\ell = 6$ .

Conditional on a value of  $L = \ell$  from 1 through 3, corresponding to the independent trend models, the posterior variance-covariance matrix and mean vector for the regression coefficients other than the intercepts are given by

$$
\vec{\Phi}_g^{(\ell)^{-1}}\!\!=\!\vec{X}^{(\ell)^T}\!V_g^{-1}\vec{X}^{(\ell)}\!+\!\vec{\Lambda}^{(\ell)^{-1}}\text{ and }\vec{m}_g^{(\ell)}=\vec{\Phi}_g^{(\ell)}\!\left(\!\vec{\Lambda}^{(\ell)^{-1}}\vec{\theta}^{(\ell)}\!+\!\vec{X}^{(\ell)^T}V_g^{-1}z_g,\right)\!,
$$

as seen earlier. As a result, posterior probabilities for the indicator variable  $L = \ell$ will be proportional to the product of marginal densities of the **Zg•**:

$$
\prod_g \Biggl\{ \Bigl| \vec{\Phi}_{g}^{(\ell)} \Bigr|^{1/2} \Bigl| {V_g^{-1}} \Bigr|^{1/2} \Bigl| \vec{\Lambda}^{(\ell)^{-1}} \Bigr|^{1/2} \exp \Biggl[ -\frac{1}{2} \; {\cal J}_g {V_g^{-1}} z_{\; g} + \frac{1}{2} \vec{m}_g^{(\ell)^T} \vec{\Phi}_{g}^{(\ell)^{-1}} \vec{m}_g^{(\ell)} - \frac{1}{2} \vec{\theta}^{(\ell)^T} \vec{\Lambda}^{(\ell)^{-1}} \vec{\theta}^{(\ell)} \Biggr] \Biggr\}.
$$

Terms in **Zg•** cancel out upon standardization (that is, so that probabilities sum to one), and those posterior probabilities are proportional to a product of ratios of prior to posterior MVN densities:

$$
\prod_g \left\{\frac{\left|\vec{\Lambda}^{(\ell)^{\text{-}1}}\right|^{1/2} \exp\!\left[-\frac{1}{2} \vec{\theta}^{(\ell)^{\text{-}1}} \vec{\Lambda}^{(\ell)^{\text{-}1}} \vec{\theta}^{(\ell)}\right]}{\left|\vec{\Phi}^{(\ell)^{\text{-}1}}_{\mathsf{g}}\right|^{1/2} \exp\!\left[-\frac{1}{2} \vec{\mathbf{m}}^{(\ell)^{\text{-}1}}_{\mathsf{g}} \vec{\Phi}^{(\ell)^{\text{-}1}}_{\mathsf{g}} \vec{\mathbf{m}}^{(\ell)}_{\mathsf{g}}\right]}\right\}
$$

,

For  $L = \ell$  from 4 through 6, the common trend models, posterior probabilities are proportional to:

$$
\frac{\left|\vec{\Lambda}^{(\ell)^{1}}\right|^{1/2} \exp\left[-\frac{1}{2}\vec{\theta}^{(\ell)^{1}}\vec{\Lambda}^{(\ell)^{1}}\vec{\theta}^{(\ell)}\right]}{\left|\vec{\Phi}^{(\ell)^{1}}\right|^{1/2} \exp\left[-\frac{1}{2}\vec{\mathbf{m}}^{(\ell)^{T}}\vec{\Phi}^{(\ell)^{1}}\vec{\mathbf{m}}^{(\ell)}\right]},
$$
\nwhere  $\vec{\Phi}^{(\ell)^{1}} = \vec{X}^{(\ell)^{T}}\left[\sum_{g} V_{g}^{1}\right] \vec{X}^{(\ell)} + \vec{\Lambda}^{(\ell)^{1}}$  and  $\vec{\mathbf{m}}^{(\ell)} = \vec{\Phi}^{(\ell)}\left(\vec{\Lambda}^{(\ell)^{1}}\vec{\theta}^{(\ell)} + \vec{X}^{(\ell)^{T}}\left[\sum_{g} V_{g}^{1} z_{g}\right]\right).$ 

Finally, for  $L = \ell = 7$ , the intercept-only model, the posterior probability is proportional to 1.

Gibbs sampling uses these posterior probabilities to directly sample from the posterior distribution of  $L = \ell$  with  $\ell$  taking values from 1 through 7.

The previous derivations were for  $L = \ell$ , with  $\ell$  taking values from 1 through 7, where all seven sets of constraints were given equal prior probability of 1/7 (enhanced MKF macro option Bayesmodel = bma cubic). Similar derivations (not shown) apply when an overarching quadratic model is used instead (option Bayesmodel = bma quad), where  $L = \ell$  with  $\ell$  taking values from 1 through 5, with 1 = independent quadratic, 2 = independent linear, 3 = common quadratic, 4 = common linear, and 5 = dropped trend models. In this case, by default, all five sets of constraints are given equal prior probability of 1/5. Similarly, when an overarching linear model is used (Bayesmodel = bma linear),  $L = \ell$  with  $\ell$ taking values from 1 through 3, with 1 = independent linear, 2 = common linear, and 3 = dropped trend models, and the three sets of constraints are given prior probability of 1/3.

As an alternative to using equal prior weights across each set of constraints, a Dirichlet distribution may be used to generate prior model weights (24). As of the present release of the enhanced MKF macro (version 1.4 2024-08-10), lines of source code related to the implementation of the Dirichlet prior for model weights have been commented out; advanced end-users may modify the SAS source code to experiment with this potential extension to the enhanced MKF macro.

# <span id="page-31-0"></span>Appendix II. Parameter Settings, Defaults, and Functionality in the Enhanced Modified Kalman Filter **Macro**

### <span id="page-31-1"></span>**Table. Enhanced modified Kalman filter macro parameters settings, default values, and functionality**



See footnotes at end of table.



See footnotes at end of table.

#### Macro parameter and Default value **Description** Description **Notes** Notes modelprint = NO Indicates whether intermediate model results should be included in the output If set to YES, then SAS default runtime printout (including convergence diagnostics) from PROC NLMIXED (in the MLE-based setting) and PROC MCMC (in the Bayesian setting) will be included. finalprint = YES Indicates whether a formatted table with direct and model-based estimates for the last time point should be printed to the HTML output file If set to YES, a formatted table will list all groups (and strata, if applicable) and show both the direct and the model-based estimates, together with their Wald 95% confidence intervals (CIs), relative differences, and relative root mean squared errors. If disparities were also selected, then differences and ratios relative to the specified reference will also be shown, together with their 95% CIs. For ratios, the lognormal CIs are used instead of the Wald CIs.  $p_{\text{digit}} = 4$  Number of decimal digits for the printed outputs User can control how many significant digits to include in the formatted output tables.  $rho = \langle \text{empty} \rangle$  Value of random effects AR(1) autocorrelation coefficient to pass to PROC NLMIXED Applicable only in the MLE-based setting. If known, the value can be specified here. By default, this is left unspecified and will be estimated from the data.  $t$ ausq =  $\langle$ empty> Value of random effects AR(1) innovation variance used to pass to PROC NLMIXED Applicable only in the MLE-based setting. If known, the value can be specified here. By default, this is left unspecified and will be estimated from the data.  $DF = 10000$  Model degrees of freedom to pass to PROC NLMIXED Applicable only in the MLE-based setting. If known, the value can be specified here. By default, this is set to a very high value. chains = 4 Number of chains to use for the Bayesian estimation Applicable only for Bayesian estimation. It is recommended to run four chains that are started from separate regions of the parameter space.<sup>1</sup> Each chain is further split in two to calculate the Gelman– Rubin diagnostic. GRthreshold = 1.01 Threshold to use for the folded and rank-normalized Gelman–Rubin diagnostic R-hat Applicable only for Bayesian estimation. The folded and ranknormalized R-hat modifies the traditional R-hat. It is recommended to use the threshold of 1.01 (default) instead of the more relaxed threshold of 1.10 commonly used in the literature.<sup>1</sup> seed = 1235 Random number generating seed Allows the user to reproduce the same results in the Bayesian model on different occasions. Can be set to any integer value the user desires. maxtune = 50 Maximum number of proposal tuning loops in the random walk Metropolis sampler. If empty, PROC MCMC default value is used; if 0, tuning will be skipped. From the SAS/STAT 14.2 User's Guide: "Specifies an upper limit for the number of proposal tuning loops. By default,  $MAXTIME =$  $24$ ntu = 1000 Number of tuning iterations to use in each Markov Chain Monte Carlo (MCMC) proposal tuning phase in the random walk Metropolis sampler. If empty, PROC MCMC default value is used. From the SAS/STAT 14.2 User's Guide: "Specifies the number of iterations to use in each proposal tuning phase. By default,  $NTU =$ 500."  $nbi = 10000$  Number of burn-in in MCMC iterations. If empty, PROC MCMC default value is used; if 0, burn-in will be skipped. From the SAS/STAT 14.2 User's Guide: "Specifies the number of burn-in iterations to perform before beginning to save parameter estimate chains. By default,  $NBI = 1000$ ." nmc = 50000 Number of post-burn-in MCMC iterations. If empty, PROC MCMC default value is used. From the SAS/STAT 14.2 User's Guide: "Specifies the number of iterations in the main simulation loop. This is the MCMC sample size if  $THIN = 1$ . By default,  $NMC = 1000$ ."  $\text{thin}$  = 1 Controls thinning rate. If empty, PROC MCMC default value is used. From the SAS/STAT 14.2 User's Guide: "Controls the thinning rate of the simulation. PROC MCMC keeps every nth simulation sample and discards the rest. All the posterior statistics and diagnostics are calculated using the thinned samples. By default,  $THIN = 1$ ." accepttol = <empty> Tolerance for target acceptance probabilities (targetaccept ± accepttol). If empty, PROC From the SAS/STAT 14.2 User's Guide: "Specifies a tolerance for acceptance probabilities. By default,  $ACCEPTTOL = 0.075$ ."

### **Table. Enhanced modified Kalman filter macro parameters settings, default values, and functionality—Con.**

See footnotes at end of table.

MCMC defaults are used.



See footnotes at end of table.





See footnotes at end of table.



1Vehtari A, Gelman A, Simpson D, Carpenter B, Bürkner PC. Rank-normalization, folding, and localization: An improved R for assessing convergence of MCMC (with discussion). Bayesian Anal 16(2):667–718. 2021.

2Setodji CM, Lockwood JR, McCaffrey DF, Elliott MN, Adams JL. The modified Kalman filter macro: User's guide. RAND Technical Report. 2011. Available from: [https://www.rand.org/pubs/technical\\_reports/TR997.html.](https://www.rand.org/pubs/technical_reports/TR997.html)

NOTES: The value <empty> is equivalent to an empty string  $sstr()$  in SAS. When <no default> is indicated, parameter values must be specified by the user, and no default values are available. MKF is modified Kalman filter. eMKF is enhanced modified Kalman filter.

SOURCE: Talih M, Rossen LM, Patel P, Earp M, Parker JD. The enhanced modified Kalman filter (eMKF) tool for small domain estimation [version 1.4 2024- 08-10]. National Center for Health Statistics. 2024. Available from: <https://github.com/CDCgov/eMKF>.

# <span id="page-38-0"></span>Appendix III. Alternative Specifications in the Enhanced Modified Kalman Filter Macro

## **Model Averaging Based on Maximum Likelihood Estimation**

The following SAS code snippet shows a call to the enhanced modified Kalman filter (MKF) macro where maximum likelihood-based model averaging is specified:



Because the default estimation method when only one outcome is specified is Bayesian estimation, the Bayesmodel macro parameter needs to be explicitly set to empty, as in the earlier MKF macro. The slopes parameter lists the trend model(s) to be fit using maximum likelihood (via SAS PROC NLMIXED, as explained in Appendix I, "Statespace Model Formulation and Maximum Likelihood-based Estimation"). When more than one model or keyword is listed, model averaging is implemented using the Bayesian information criterion values to approximate the Bayes factors when calculating model averaging weights in the maximum likelihood-based estimation setting.

The enhanced MKF macro also ensures a common "descendant" is included in any model sequence that users provide so that all Bayes factors are relative to a common "null" trend model (the simplest model in the specified sequence). Model averaging over all seven models up to cubic is specified by listing all seven models in the slopes parameter, and, other than for how the sampling variances are treated (option randomVars =  $NO$  by default here versus randomVars =  $YES$  by default in the Bayesian setting), this specification is the maximum likelihoodbased analog to the Bayesian model averaging specification illustrated in "Bayesian Trend Model Averaging."

[Figure I](#page-40-0) displays the formatted output resulting from running the code in the example shown above, where maximum likelihood-based model averaging is specified. Note that, as in the earlier macro, the enhanced MKF macro does not give users the option to calculate disparities when maximum likelihood-based estimation is selected.

## **"Fully Bayesian" Models**

In the earlier MKF macro, Bayesian estimation was implemented using the "fully Bayesian" linear model, where a level was added to the underlying Bayesian hierarchical model to account for the uncertainty in specifying prior means and variances for the regression coefficients, but also to reinforce borrowing strength across groups and offer a compromise between the independent and common trend cases; see Appendix I, "Bayesian Estimation of Regression Hyperparameters."

The following options for the Bayesmodel macro variable in the enhanced MKF macro extend the fully Bayesian linear model in the earlier macro to include quadratic and cubic trends: 1) full cubic, 2) full quad, and 3) full linear. Those options may be considered as alternatives to cubic, quadratic, and linear Bayesian model averaging, and may be appropriate when subject-matter, statistical, or computational considerations preclude model averaging. For example, if quadratic or cubic trends are known to be inappropriate based on previous analyses or subjectmatter expertise, users may wish to limit the macro to the fully Bayesian linear trend model to reduce computational burden.

## **Group-specific, First-order Autoregressive Coefficients**

Models with group-specific, first-order autoregressive [AR(1)] coefficients are usually driven by subject-matter or statistical considerations that suggest substantial structural differences across groups (8,9). The following code snippet shows how to request group-specific AR(1) coefficients  $(ARmodel = indep ar)$  to override the default of a common set of AR(1) parameters across groups. Instead of Bayesian model averaging, the fully Bayesian cubic model

```
(Bayesmodel = full_cubic) is fitted, here, for 
illustration: 
%mkf(data = NHANESobesity,
     group = Population,
    time = Year,<br>by = Age,by = \text{Age},
outcome = Obesity,
se = SE\_obesity,
     neff = NEFF_obesity,
ARmodel = indep_ar,
    Bayesmodel = full\_cubic,<br>out = bf;
         = bfc;
```
[Figure II](#page-42-0) displays the formatted output resulting from running this code.

### **Figure I. Output from calling the enhanced modified Kalman filter macro code showing the modified Kalman filter maximum likelihood-based model average up to the unconstrained cubic trend, with fixed sampling variances and common autoregression parameters for adults age 18 and older with obesity, by age group and race and ethnicity**

<span id="page-40-0"></span>

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See footnotes at end of figure.

### **Figure I. Output from calling the enhanced modified Kalman filter macro code showing the modified Kalman filter maximum likelihood-based model average up to the unconstrained cubic trend, with fixed sampling variances and common autoregression parameters for adults age 18 and older with obesity, by age group and race and ethnicity—Con.**



NOTES: Obesity is indicated by a body mass index of 30.0 or higher. Body mass index is calculated from measured height and weight and defined as weight (kilograms) / [height (meters)]<sup>2</sup>. The category "Other race, non-Hispanic" includes non-Hispanic people identifying as more than one race. The category "Other Hispanic" includes Hispanic or Latino people from origins other than Mexican American. The symbol ~~ indicates that the output is not applicable. Year = 2018.6 is the midpoint of the 2017–March 2020 cycle, which, due to the suspension of field operations for the National Health and Nutrition Examination Survey in March 2020, combines the full 2017–2018 cycle with partial data from 2019 through March 2020; see "National Health and Nutrition Examination Survey, 2017–March 2020 Prepandemic File: Sample Design, Estimation, and Analytic Guidelines" [\(https://www.cdc.gov/nchs/data/series/sr\\_02/sr02-190.pdf](https://www.cdc.gov/nchs/data/series/sr_02/sr02-190.pdf)). Direct estimates of the proportion of adults with obesity are indicated in the rows labeled "Sample," whereas estimates based on the selected modified Kalman filter (MKF) model are indicated in the rows labeled "MKF estimate." Selected MKF models include a common set of autoregression parameters across population groups. RMSE is the root mean squared error; for direct estimates, RMSE is equal to the standard error because the survey-weighted sample proportion is assumed to be an unbiased estimator of the population proportion. The Wald 95% confidence interval (CI) is constructed for both direct and model-based estimates using the formula: [point estimate]  $\pm$  1.96 • RMSE. The standardized difference (Std. diff) is the difference between the model-based and direct estimates, divided by RMSE (= standard error) of the direct estimate. The relative RMSE (Rel. RMSE) is the ratio of the model-based RMSE to the direct RMSE.

SOURCE: National Center for Health Statistics, National Health and Nutrition Examination Surveys, 1999–March 2020.

### **Figure II. Output from calling the enhanced modified Kalman filter macro code showing the modified Kalman filter fully Bayesian cubic trend model, with random sampling variances and independent autoregression parameters for adults age 18 and older with obesity, by age group and race and ethnicity**

<span id="page-42-0"></span>

See footnotes at end of figure.

### **Figure II. Output from calling the enhanced modified Kalman filter macro code showing the modified Kalman filter fully Bayesian cubic trend model,**  with random sampling variances and independent autoregression parameters for adults age 18 and older with obesity, by age group and race and **ethnicity—Con.**



NOTES: Obesity is indicated by a body mass index of 30.0 or higher. Body mass index is calculated from measured height and weight and defined as weight (kilograms) / [height (meters)]<sup>2</sup>. The category "Other race, non-Hispanic" includes non-Hispanic people identifying as more than one race. The category "Other Hispanic" includes Hispanic or Latino people from origins other than Mexican American. The symbol  $\sim$  indicates that the output is not applicable. Year = 2018.6 is the midpoint of the 2017–March 2020 cycle, which, due to the suspension of field operations for the National Health and Nutrition Examination Survey in March 2020, combines the full 2017–2018 cycle with partial data from 2019 through March 2020; see "National Health and Nutrition Examination Survey, 2017–March 2020 Prepandemic File: Sample Design, Estimation, and Analytic Guidelines" [\(https://www.cdc.gov/nchs/data/series/sr\\_02/sr02-190.pdf](https://www.cdc.gov/nchs/data/series/sr_02/sr02-190.pdf)). Direct estimates of the proportion of adults with obesity are indicated in the rows labeled "Sample," whereas estimates based on the selected modified Kalman filter (MKF) model are indicated in the rows labeled "MKF estimate." Selected MKF models include independent sets of autoregression parameters across population groups. RMSE is the root mean squared error; for direct estimates, RMSE is equal to the standard error because the survey-weighted sample proportion is assumed to be an unbiased estimator of the population proportion. The Wald 95% confidence interval (CI) is constructed for both direct and model-based estimates using the formula: [point estimate] ± 1.96 • RMSE. The standardized difference (Std. diff) is the difference between the model-based and direct estimates, divided by RMSE (= standard error) of the direct estimate. The relative RMSE (Rel. RMSE) is the ratio of the model-based RMSE to the direct RMSE.

SOURCE: National Center for Health Statistics, National Health and Nutrition Examination Surveys, 1999–March 2020.

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