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FORWARD LOOKING STATEMENTS AND RISK FACTORS:

This Supplemental Information and other materials we have filed or may file with the Securities and Exchange Commission, as well as information included in oral statements made, or to be made, by our senior management contain certain "forward-looking" statements as that term is defined by the Private Securities Litigation Reform Act of 1995. All statements regarding our expected future financial position, results of operations, cash flows, funds from operations, continued performance improvements, ability to service and refinance our debt obligations, ability to finance growth opportunities, and similar statements including, without limitations, those containing words such as "may," "will," "believes," anticipates," "expects," "intends," "estimates," "plans," and other similar expressions are forward-looking statements. Forward-looking statements involve known and unknown risks and uncertainties that may cause our actual results in future periods to differ materially from those projected or contemplated in the forward-looking. Such risks and uncertainties include, among other things, the impact of COVID-19 on our tenants and the risks which are described under the heading "Risk Factors" in Item 1A in our Form 10-K for the year ended December 31, 2020. In this Supplemental Information, we refer to non-GAAP financial measures. These non-GAAP measures are not prepared in accordance with generally accepted accounting principles. A reconciliation of the non-GAAP financial measures to the most directly comparable GAAP measures is included in this presentation. Throughout this presentation, certain abbreviations and acronyms are used to simplify the format. A list of definitions is provided at the end of this presentation to clarify the meaning of any reference that may be ambiguous. Unless otherwise noted, all amounts are unaudited and are as of or for the guarter ended December 31,2020.

WE INVEST IN RELATIONSHIPS



NATIONAL HEALTH INVESTORS, INC. (NYSE: NHI), is a real estate investment trust specializing in saleleaseback, joint-venture, mortgage and mezzanine financing of need-driven and discretionary senior housing and medical facility investments. NHI's portfolio consists of independent, assisted and memory care communities, entrance-fee retirement communities, skilled nursing facilities, medical office buildings and specialty hospitals.

LEADERSHIP



Eric Mendelsohn President & CEO



Kristin S. Gaines Chief Credit Officer



Kevin Pascoe Chief Investment Officer



John Spaid Chief Financial Officer



David Travis Chief Accounting Officer SVP, Investments



Michelle Kelly



Dana Hambly VP, Investor Relations

ANALYST COVERAGE

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Omotayo Okusanya, Mizuho Securities

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Transfer Agent

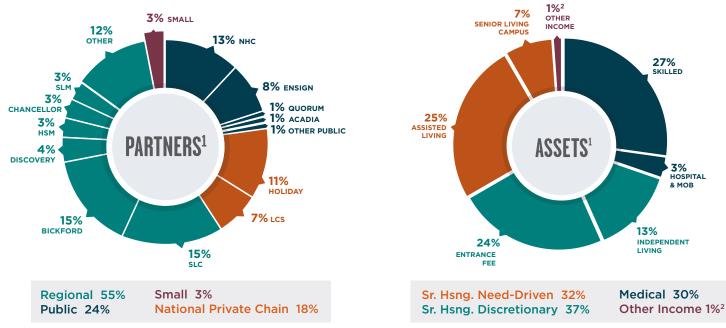
Computershare Trust Company, N.A. P.O. Box 43078 Providence, RI 02940-3078 800.942.5909



PORTFOLIO OVERVIEW







¹ Based on annualized cash revenue of \$301,128,000 in place at December 31, 2020.

² Other income consists primarily of revenue from non-mortgage notes receivable.

National Health Investors Q4 2020 4

PORTFOLIO SUMMARY

as of December 31, 2020 (dollars in thousands)

	Properties	Units/ Sq. Ft*		YTD GAAP Revenue	YTD Straight Line		YTD Cash Revenue	Full Year Impact	Annualized Cash Revenue
Leases									
Senior Housing - Need Driven									
Assisted Living	94	5,131	\$	76,112	\$ 6,375	\$	69,737	\$ (1,058)	\$ 68,679
Senior Living Campus	14	1,976		23,824	2,120		21,704	(212)	21,492
Total Senior Housing - Need Driven	108	7,107		99,936	8,495		91,441	(1,270)	90,171
Senior Housing - Discretionary									
Independent Living	32	3,703		47,063	7,189		39,874	325	40,199
Entrance-Fee Communities	11	2,707		60,416	4,306		56,110	917	57,027
Total Senior Housing - Discretionary	43	6,410		107,479	11,495		95,984	1,242	97,226
Total Senior Housing	151	13,517		207,415	19,990		187,425	(28)	187,397
Medical Facilities									
Skilled Nursing	72	9,433		81,465	977		80,488	863	81,351
Hospitals	3	207		7,736	(523)		8,259	116	8,375
Medical Office Buildings	2	88,517*		667	3		664	(6)	658
Total Medical Facilities	77	9,640		89,868	457		89,411	973	90,384
Current Year Disposals ¹				272	(34)		306	(306)	_
Total Leases	228	23,157		297,555	20,413		277,142	639	277,781
Escrow funds received from tenants				9,653			9,653	(9,653)	_
Total Rental Income				307,208		-	286,795	(9,014)	277,781
Mortgages and Other Notes Receivable									
Senior Housing - Need Driven	9	565		4,782			4,782	637	5,419
Senior Housing - Discretionary	2	714		13,808			13,808	1,018	14,826
Skilled Nursing	3	180		425			425	(8)	417
Other Notes Receivable	_			3,059			3,059	(374)	2,685
Total Mortgage and Other Notes	14	1,459		22,074			22,074	1,273	23,347
Current Year Note Payoffs				2,946			2,946	(2,946)	_
Investment and Other Income				582			582	(582)	_
Total Revenue			\$:	332,810	\$ 20,413	\$	312,397	\$ (11,269)	\$ 301,128

¹ Includes eight properties acquired by Brookdale Senior Living under a purchase option and two properties sold to Bickford Senior Living financed by a mortgage from NHI.

OPERATING PARTNERS



Senior Living Communities owns and operates luxury retirement communities located in Connecticut, South Carolina, North Carolina, Florida, Georgia and Indiana.

Private SHO 15%

Ownership

Market Focus

% of Revenue¹



Bickford Senior Living manages or operates over 60 independent living, assisted living, and memory care branches throughout the country. They are also an experienced developer, constructing over 150 communities.

Private SHO 15%



Founded in 1971, National HealthCare Corporation (NYSE American: NHC) is a publicly traded operator, specializing in skilled nursing centers along with assisted and independent living facilities. NHC oversees more than 9,000 skilled nursing beds across 10 states, with properties located in the Southeastern, Northeastern, and Midwestern parts of the United States.

Public SNF/SHO 13%



Holiday Retirement is one of the largest providers of independent living communities in the U.S. Founded in 1971, they are a privately held company and currently operate more than 260 facilities.

Private SHO 11%



The Ensign Group, Inc.'s independent operating subsidiaries provide a broad spectrum of skilled nursing and assisted living services, physical, occupational and speech therapies and other rehabilitative and healthcare services at multiple locations across 13 states.

Public SNF 8%



Based in Des Moines, Iowa, and established in 1971, Life Care Services operates and develops continuing care retirement communities, stand-alone assisted living, memory care, and rental communities nationwide.

Private SHO 7%



For more than 25 years, Discovery Senior Living has become a recognized industry leader in developing, building and operating luxury, resort-style communities across the United States. Discovery provides more than 8,500 homes for seniors which include: villas, senior apartments, independent living, supervised independent living, assisted living and memory care homes.

Private SHO 4%

SNF

NFP



Health Services Management is a non-profit formed in 2000. The Company operates more than 20 skilled nursing and assisted living facilities located in Florida, Indiana, Tennessee, and Texas.

3%



Senior Living Management Corporation is based in Coconut Creek, Florida and operates assisted living, memory care and skilled nursing facilities in Florida, Georgia and Louisiana.

Private SHO 3%



Chancellor Health Care is based in Windsor, California and formed in 1992. Chancellor operates on the full continuum of care and has more than 15 properties across 6 states, which include California, Colorado, Illinois, Maryland, Oregon, and Texas and serves over 750 seniors.

Private SHO 3%

¹Based on annualized cash revenue of \$301,128,000 for contracts in place at December 31, 2020.

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EBITDARM LEASE COVERAGE

NHI TOTAL PORTFOLIO

Properties 135					
Properties 135	74	3	2	214	
3019 1.19x	2.74x	2.01x	6.49x	1.67x	
3020 1.12x	2.94x	2.33x	7.05x	1.69x	

Property Class	Need Driven	Need Driven excl. Bickford	Discretionary	Discretionary excl. SLC & Holiday	Medical	Medical excl. NHC
Properties	96	49	39	4	79	37
3019	1.10×	1.15x	1.27x	1.86x	2.70x	1.95x
3020	1.04x	1.06x	1.20x	1.65x	2.91x	2.23x

Properties 42	9	47	20
		47	26
3019 3.69x	1.10x	1.06x	1.21x
3020 3.84×	1.08x	1.01x	1.14x

NHI SAME-STORE PORTFOLIO²

Property Type	SHO SNF		HOSP	MOB	TOTAL	
Properties	127	74	2	2	205	
3019	1.19x	2.74x	1.63x	6.49x	1.67x	
3020	1.11x	2.94x	1.49x	7.05x	1.67x	

Property Class	Need Driven	Need Driven excl. Bickford	Discretionary	Discretionary excl. SLC & Holiday	Medical	Medical excl. NHC
Properties	89	42	38	3	78	36
3019	1.11×	1.15x	1.27x	1.91x	2.70x	1.90x
3020	1.02x	1.03x	1.20x	1.71x	2.88x	2.13x

Customers	NHC1	SLC	Bickford	Holiday	
Properties	42	9	47	26	
3019	3.69x	1.10x	1.06x	1.21x	
3020	3.84x	1.08x	1.01x	1.14x	

All tables are based on the trailing 12 months and exclude transitioned properties pursuant to cash-flow based leases, mortgages and other notes receivable and development and lease up properties in operation less than 24 months. The tables include pro forma rents for stabilized acquisitions in the portfolio less than 24 months. These results include any amounts received and recognized by the operators from the HHS CARES Act Provider Relief Fund but do not include any funds received under the Paycheck Protection Program. Our operators may not consistently account for any pandemic relief funds received which can impact comparability among operators and across periods.

¹ NHC coverage is based on corporate level Fixed Charge Coverage Ratio and includes 3 independent living facilities.

² Excludes properties that have transitioned operators in past 24 months.

PURCHASE OPTIONS & LEASE MATURITIES

Tenant Purchase Options (dollars in thousands)

Asset Type	Properties	Lease Expiration	1st Option Open Year	Option Type	Current Cash Rent (\$)	% of Total ¹
SHO	3	December 2021	Open	С	1,324	0.44 %
MOB	1	February 2025	Open	Α	312	0.10 %
HOSP	1	March 2025	Open	В	2,016	0.67 %
HOSP	1	September 2027	Open	D	2,815	0.93 %
HOSP	1	June 2022	2022	Α	3,544	1.18 %
SNF	7	August 2028	2025	С	3,638	1.21 %
SHO	2	May 2035	2027	В	5,348	1.78 %
SNF	1	September 2028	2028	С	482	0.16 %
						6.47 %

Option Type:

- A. Greater of fixed base price or fair market value
- B. Fixed base price plus a specified share on any appreciation
- C. Fixed base price
- D. Fixed capitalization rate on lease revenue

¹Based on annualized cash revenue of \$301,128,000 for contracts in place at December 31, 2020

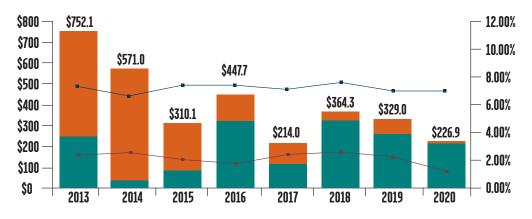
Lease Maturities (annualized cash rent; dollars in thousands)

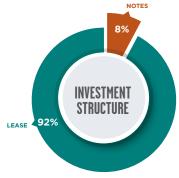
	Properties	SHO (\$)	SNF (\$)	Other (\$)	Total (\$)
2021	12	2,905	1,308	_	4,213
2022	4	829	_	3,544	4,373
2023	15	11,986	2,985	_	14,971
2024	9	7,406	_	_	7,406
2025	3	522	_	2,328	2,850
2026	35	1,360	32,887	_	34,247
2027	5	12,668	_	3,161	15,829
2028	14	7,975	4,120	_	12,095
2029	31	57,058	13,618	_	70,676
2030	7	5,083	_	_	5,083
Thereafter	93	79,606	26,433	_	106,039

INVESTMENT RATIONALE WE INVEST IN RELATIONSHIPS, NOT JUST PROPERTIES

- FOCUSED ON GROWING WITH OUR 36 OPERATING PARTNERS AND SELECT NEW CUSTOMERS
- DIVERSIFIED INVESTMENT PLAN EMPHASIZING PRIVATE PAY SENIOR HOUSING PROPERTIES AND BEST-IN-CLASS SNF OPERATORS
- EXPERIENCED OPERATORS WITH PROVEN RECORD OF QUALITY CARE AND VALUE CREATION
- LOW LEVERAGE BALANCE SHEET AND STAGGERED LONG-TERM DEBT MATURITIES
- TARGET 60/40 EQUITY/DEBT FUNDING MIX

Investment History* (dollars in millions)







Q4 2020

RECENT INVESTMENTS

Recent Lease Activity											
(dollars in thousands)	Asset Class	Investment Type	Units/ Buildings ¹	Location	Yield		Total		Funded		Remaining
Q3 2020											
41 Management	SHO	Lease	43/1	WI	7.50%	\$	12,300 ²	\$	(12,300)	\$	_
Q2 2020	0110		00/0		7.05%		4.050		(4.4.0=0)		
Autumn Trace*	SHO	Lease	88/2	IN	7.25%		14,250		(14,250)		_
Q1 2020 Life Care Services	EFC	11.7	401 /1	١٨/٨	6.75%		174 000		(174 002)		
Bickford Senior Living	SHO	JV Lease	401/1 60/1	WA MI	8.00%		134,892 15,100 ³		(134,892) (15,100)		_
Q4 2019						\$	176,542	\$	(176,542)	\$	
41 Management	SHO	Lease	48/1	MN	7.23%	\$	9,340	\$	(9,340)	\$	_
Q3 2019											
Bickford Senior Living Cappella Living Solutions*	SHO	Lease	60/1	IL CO	8.00% 7.25%		15,100 ³		(15,100)		_
Cappella Living Solutions	SHO	Lease	51/1	CO	7.25%		7,600		(7,600)		_
Q2 2019 Discovery Senior Living	SHO	JV	596/6	PA, MD, IN	6.50%		127,917		(127,917)		
Comfort Care Senior Living	SHO	Lease	133/2	MI	7.75%		24,300		(24,300)		_
Q1 2019											
Holiday Retirement	SHO	Lease	232/1	FL	6.71%		38,000		(38,000)		_
Wingate Healthcare*	SHO	Lease	267/1	MA	7.50%	\$	52,200 274,457	\$	(51,108) (274,365)	\$	92 92
Recent Loan Origination an	d Other De	velopment Activity				<u>Ψ</u>	274,437	Ψ	(274,303)	Ψ	32
(dollars in thousands)	Asset Class	Investment Type	Units/	Location	Yield		Total		Funded		Remaining
			Buildings ¹								
Q4 2020			Buildings ¹								
Q4 2020 41 Management	SHO	Construction Loan		WI	8.50%	\$	22,200	\$	(4,040)	\$	18,160
41 Management Q2 2020			Buildings ¹ 110/1	WI	8.50%	\$	22,200	\$		\$	
41 Management Q2 2020 Bickford Senior Living	SHO	Construction Loan	Buildings ¹ 110/1 64/1	WI	8.50% 9.00%	\$	22,200	\$	(4,040)	\$	12,282
41 Management Q2 2020 Bickford Senior Living Watermark Retirement			Buildings ¹ 110/1	WI	8.50%	\$	22,200	\$		\$	
41 Management Q2 2020 Bickford Senior Living Watermark Retirement Q1 2020	SHO EFC	Construction Loan Working Capital Note	8uildings¹ 110/1 64/1 420/2	WI VA CT	8.50% 9.00% 7.50%	\$	22,200 14,200 5,000	\$		\$	12,282 5,000
41 Management Q2 2020 Bickford Senior Living Watermark Retirement Q1 2020	SHO	Construction Loan	Buildings ¹ 110/1 64/1	WI	8.50% 9.00%	\$	22,200 14,200 5,000 5,000 4,000		(1,918) — — (4,000)		12,282 5,000 5,000
41 Management Q2 2020 Bickford Senior Living Watermark Retirement Q1 2020 Timber Ridge OpCo	SHO EFC	Construction Loan Working Capital Note Working Capital Note	8uildings¹ 110/1 64/1 420/2 N/A	WI VA CT	8.50% 9.00% 7.50% 6.00%	\$	22,200 14,200 5,000	\$	(1,918)	\$	12,282 5,000
41 Management Q2 2020 Bickford Senior Living Watermark Retirement Q1 2020 Timber Ridge OpCo Bickford Senior Living	SHO EFC EFC SHO	Construction Loan Working Capital Note Working Capital Note Mortgage	8uildings¹ 110/1 64/1 420/2 N/A 56/2	WI VA CT N/A IN	8.50% 9.00% 7.50% 6.00% 7.00%	\$	22,200 14,200 5,000 5,000 4,000 50,400	\$	(1,918) — — (4,000) (9,958)	\$	12,282 5,000 5,000
41 Management Q2 2020 Bickford Senior Living Watermark Retirement Q1 2020 Timber Ridge OpCo Bickford Senior Living	SHO EFC	Construction Loan Working Capital Note Working Capital Note	8uildings¹ 110/1 64/1 420/2 N/A	WI VA CT	8.50% 9.00% 7.50% 6.00%	\$	22,200 14,200 5,000 5,000 4,000		(1,918) — — (4,000)		12,282 5,000 5,000
41 Management Q2 2020 Bickford Senior Living Watermark Retirement Q1 2020 Timber Ridge OpCo Bickford Senior Living Q4 2019 41 Management Q3 2019	SHO EFC EFC SHO	Construction Loan Working Capital Note Working Capital Note Mortgage Second Mortgage	8uildings¹ 110/1 64/1 420/2 N/A 56/2	WI VA CT N/A IN	8.50% 9.00% 7.50% 6.00% 7.00%	\$	22,200 14,200 5,000 5,000 4,000 50,400 3,870	\$	(1,918) — (4,000) (9,958) (3,870)	\$	12,282 5,000 5,000
41 Management Q2 2020 Bickford Senior Living Watermark Retirement Q1 2020 Timber Ridge OpCo Bickford Senior Living Q4 2019 41 Management Q3 2019 Discovery Senior Living	SHO EFC SHO SHO	Construction Loan Working Capital Note Working Capital Note Mortgage Second Mortgage Senior Mortgage	8uildings¹ 110/1 64/1 420/2 N/A 56/2 43/1 74/1	WI VA CT N/A IN WI	8.50% 9.00% 7.50% 6.00% 7.00% 13.00%	\$	22,200 14,200 5,000 5,000 4,000 50,400 3,870 6,423	\$	(1,918) — (4,000) (9,958) (3,870) (6,423)	\$	12,282 5,000 5,000
41 Management Q2 2020 Bickford Senior Living Watermark Retirement Q1 2020 Timber Ridge OpCo Bickford Senior Living Q4 2019 41 Management Q3 2019 Discovery Senior Living Discovery Senior Living	SHO EFC EFC SHO	Construction Loan Working Capital Note Working Capital Note Mortgage Second Mortgage	8uildings¹ 110/1 64/1 420/2 N/A 56/2	WI VA CT N/A IN	8.50% 9.00% 7.50% 6.00% 7.00%	\$	22,200 14,200 5,000 5,000 4,000 50,400 3,870	\$	(1,918) — (4,000) (9,958) (3,870)	\$	12,282 5,000 5,000
41 Management Q2 2020 Bickford Senior Living Watermark Retirement Q1 2020 Timber Ridge OpCo Bickford Senior Living Q4 2019 41 Management Q3 2019 Discovery Senior Living Q2 2019	SHO EFC SHO SHO SHO	Construction Loan Working Capital Note Working Capital Note Mortgage Second Mortgage Senior Mortgage Working Capital Note	8uildings¹ 110/1 64/1 420/2 N/A 56/2 43/1 74/1 N/A	WI VA CT N/A IN WI IN N/A	8.50% 9.00% 7.50% 6.00% 7.00% 7.00% 6.50%	\$	22,200 14,200 5,000 5,000 4,000 50,400 3,870 6,423 750	\$	(1,918) — (4,000) (9,958) (3,870) (6,423) (750)	\$	12,282 5,000 5,000
41 Management Q2 2020 Bickford Senior Living Watermark Retirement Q1 2020 Timber Ridge OpCo Bickford Senior Living Q4 2019 41 Management Q3 2019 Discovery Senior Living Discovery Senior Living Q2 2019 Senior Living Communities	SHO EFC SHO SHO	Construction Loan Working Capital Note Working Capital Note Mortgage Second Mortgage Senior Mortgage	8uildings¹ 110/1 64/1 420/2 N/A 56/2 43/1 74/1	WI VA CT N/A IN WI	8.50% 9.00% 7.50% 6.00% 7.00% 13.00%	\$	22,200 14,200 5,000 5,000 4,000 50,400 3,870 6,423 750 32,700 10,800	\$	(1,918) — (4,000) (9,958) (3,870) (6,423) (750) (32,700) (8,717)	\$	12,282 5,000 5,000 40,442 - - 2,083
41 Management Q2 2020 Bickford Senior Living Watermark Retirement Q1 2020 Timber Ridge OpCo Bickford Senior Living Q4 2019 41 Management Q3 2019 Discovery Senior Living Discovery Senior Living Q2 2019 Senior Living Communities	SHO EFC SHO SHO SHO SHO	Construction Loan Working Capital Note Working Capital Note Mortgage Second Mortgage Senior Mortgage Working Capital Note Senior Note	8uildings¹ 110/1 64/1 420/2 N/A 56/2 43/1 74/1 N/A	WI VA CT N/A IN WI IN N/A SC	8.50% 9.00% 7.50% 6.00% 7.00% 13.00% 7.00% 6.50%	\$	22,200 14,200 5,000 5,000 4,000 50,400 3,870 6,423 750	\$	(1,918) — (4,000) (9,958) (3,870) (6,423) (750)	\$	12,282 5,000 5,000 40,442
41 Management Q2 2020 Bickford Senior Living Watermark Retirement Q1 2020 Timber Ridge OpCo Bickford Senior Living Q4 2019 41 Management Q3 2019 Discovery Senior Living Discovery Senior Living Q2 2019 Senior Living Communities 41 Management* Other Loan and Developmen	SHO EFC SHO SHO SHO SHO SHO EFC SHO	Construction Loan Working Capital Note Working Capital Note Mortgage Second Mortgage Senior Mortgage Working Capital Note Senior Note Construction Loan	8uildings¹ 110/1 64/1 420/2 N/A 56/2 43/1 74/1 N/A 248/1 53/1	WI VA CT N/A IN WI IN N/A SC WI	8.50% 9.00% 7.50% 6.00% 7.00% 13.00% 7.00% 6.50% 7.25% 8.50%	\$	22,200 14,200 5,000 5,000 4,000 50,400 3,870 6,423 750 32,700 10,800 54,543	\$	(1,918) — (4,000) (9,958) (3,870) (6,423) (750) (32,700) (8,717) (52,460)	\$	12,282 5,000 5,000 40,442 — — 2,083 2,083
41 Management Q2 2020 Bickford Senior Living Watermark Retirement Q1 2020 Timber Ridge OpCo Bickford Senior Living Q4 2019 41 Management Q3 2019 Discovery Senior Living Discovery Senior Living Q2 2019 Senior Living Communities 41 Management* Other Loan and Developmen Life Care Services	SHO EFC SHO SHO SHO SHO SHO EFC SHO COMMITTEE SHO SHO SHO SHO SHO SHO SHO S	Construction Loan Working Capital Note Working Capital Note Mortgage Second Mortgage Senior Mortgage Working Capital Note Senior Note Construction Loan ents Senior Note	8uildings¹ 110/1 64/1 420/2 N/A 56/2 43/1 74/1 N/A 248/1 53/1	WI VA CT N/A IN WI IN N/A SC WI AZ	8.50% 9.00% 7.50% 6.00% 7.00% 13.00% 7.00% 6.50% 7.25% 8.50%	\$	22,200 14,200 5,000 5,000 4,000 50,400 3,870 6,423 750 32,700 10,800 54,543	\$	(1,918) — (4,000) (9,958) (3,870) (6,423) (750) (32,700) (8,717) (52,460) (98,752)	\$	12,282 5,000 5,000 40,442 - - 2,083
41 Management Q2 2020 Bickford Senior Living Watermark Retirement Q1 2020 Timber Ridge OpCo Bickford Senior Living Q4 2019 41 Management Q3 2019 Discovery Senior Living Discovery Senior Living Q2 2019 Senior Living Communities 41 Management* Other Loan and Developmen Life Care Services	SHO EFC SHO SHO SHO SHO SHO EFC SHO	Construction Loan Working Capital Note Working Capital Note Mortgage Second Mortgage Senior Mortgage Working Capital Note Senior Note Construction Loan	8uildings¹ 110/1 64/1 420/2 N/A 56/2 43/1 74/1 N/A 248/1 53/1 466/1 101/1	WI VA CT N/A IN WI IN N/A SC WI	8.50% 9.00% 7.50% 6.00% 7.00% 13.00% 7.00% 6.50% 7.25% 8.50%	\$	22,200 14,200 5,000 5,000 4,000 50,400 3,870 6,423 750 32,700 10,800 54,543 118,800 61,200	\$	(1,918) — (4,000) (9,958) (3,870) (6,423) (750) (32,700) (8,717) (52,460) (98,752) (61,200)	\$	12,282 5,000 5,000
41 Management Q2 2020 Bickford Senior Living Watermark Retirement Q1 2020 Timber Ridge OpCo Bickford Senior Living Q4 2019 41 Management Q3 2019 Discovery Senior Living Discovery Senior Living Q2 2019 Senior Living Communities 41 Management* Other Loan and Development Life Care Services Life Care Services	SHO EFC SHO SHO SHO SHO SHO EFC SHO At Commitm EFC EFC	Construction Loan Working Capital Note Working Capital Note Mortgage Second Mortgage Senior Mortgage Working Capital Note Senior Note Construction Loan ents Senior Note Construction Loan	8uildings¹ 110/1 64/1 420/2 N/A 56/2 43/1 74/1 N/A 248/1 53/1	WI VA CT N/A IN WI IN N/A SC WI AZ AZ	8.50% 9.00% 7.50% 6.00% 7.00% 13.00% 7.25% 8.50%	\$	22,200 14,200 5,000 5,000 4,000 50,400 3,870 6,423 750 32,700 10,800 54,543	\$	(1,918) — (4,000) (9,958) (3,870) (6,423) (750) (32,700) (8,717) (52,460) (98,752)	\$	12,282 5,000 5,000 40,442 — — 2,083 2,083

^{*} Indicates new operating relationship

¹ Building count excludes renovations.

² Acquisition was partially funded with the cancellation of a \$3.9 million second mortgage due from 41 Management. ³ Acquisition was partially funded with the cancellation of a \$14.0 million construction loan due from Bickford.

CAPITALIZATION OVERVIEW

(dollar and share amounts in thousands)

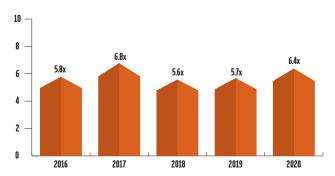
QUARTER ENDED / AS OF	Q4 2020	Q3 2020	Q2 2020	Q1 2020	Q4 2019
Balance Sheet Data					
Gross cost of real estate assets	\$ 3,265,070	\$ 3,264,564	\$ 3,247,138	\$ 3,228,132	\$ 3,074,846
Total assets	3,120,489	3,139,273	3,166,971	3,167,835	3,042,235
Total liabilities	1,597,544	1,635,271	1,663,502	1,660,842	1,543,983
Total noncontrolling interests	10,711	10,953	11,110	11,435	621
Total stockholder's equity attributable to NHI	1,512,234	1,493,049	1,492,359	1,495,558	1,497,631
Operating Data					
Total revenue	\$ 81,238	\$ 84,301	\$ 84,174	\$ 83,076	\$ 82,194
Rental revenue - GAAP	74,941	77,821	77,917	76,527	75,404
Straight-line rents	4,930	5,086	5,218	5,177	5,830
Rental revenue - Cash ¹	67,548	68,728	71,069	69,797	67,981
Adjusted EBITDA ²	74,907	77,012	78,594	76,836	76,952
Interest expense	12,293	12,892	13,557	14,140	14,374
General & administrative expense	3,176	2,785	3,032	4,311	3,611
Funds from operations per diluted common share	1.28	1.42	1.46	1.35	1.39
Normalized FFO per diluted common share	1.37	1.42	1.46	1.36	1.41
Normalized AFFO per diluted common share	1.30	1.34	1.35	1.29	1.30
Regular dividends declared per common share	1.1025	1.1025	1.1025	1.1025	1.05
Capitalization					
Common shares outstanding at end of each period	45,186	44,729	44,650	44,650	44,587
Market value of equity at end of each period	\$ 3,125,516	\$ 2,695,817	\$ 2,711,148	\$ 2,211,068	\$ 3,632,949
Total debt	1,499,285	1,528,968	1,554,241	1,548,904	1,440,465
Secured debt	95,354	138,165	138,473	138,778	139,082
Net debt	1,455,941	1,486,770	1,507,388	1,502,855	1,435,250
Total market capitalization, including net debt	4,581,457	4,182,587	4,218,536	3,713,923	5,068,199
Ratios					
Interest coverage ratio	6.1x	6.0x	5.8x	5.4x	5.4x
Fixed charge coverage ratio	6.4x	6.3x	6.0x	5.6x	5.9x
Net debt to adjusted EBITDA (annualized)	4.9x	4.8x	4.8x	4.7x	4.7x
Net debt as a percentage of market capitalization	31.8 %	35.5%	35.7%	40.5%	28.3%
Total Debt / Gross Assets	40.3 %	41.1%	41.7%	41.8%	40.5%
Secured Debt / Gross Assets	2.6 %	3.7%	3.7%	3.7%	3.9%
Dividend payout ratio for normalized FFO	80.5 %	77.6%	75.5%	81.1%	74.5%
Dividend payout ratio for normalized AFFO	84.8 %	82.3%	81.7%	85.5%	80.8%
Portfolio Statistics					
Number of properties (includes mortgages)	242	243	243	240	238

Excludes escrow funds received from tenants

² For all periods presented the calculation of EBITDA includes GAAP interest expense, which excludes amounts capitalized during the period.

CAPITAL STRUCTURE

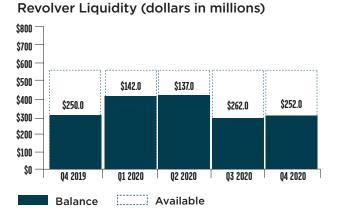
Fixed Charge Coverage

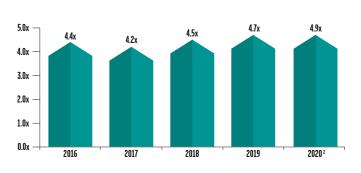




57%







DEBT¹

6%

UNSECURED, VARIABLE

SECURED,

December 31, 2020	Amount	Rate ³	% of Total	Maturity ³
(dollars in thousands)				
Secured Debt				
Fixed Rate				
Fannie Mae Mortgage Loans	\$95,354	3.94%	6.4%	4 years
Total Secured Debt	95,354			
Unsecured Debt				
Fixed Rate Term Loans	340,000	3.27%4	22.6%	7 ,,,,,,,,
Private Placement	400,000	4.15%	26.6%	3 years
	· · · · · · · · · · · · · · · · · · ·			4 years
Convertible Senior Notes	60,000	3.25%	4.0%	0.25 years
Revolving Credit Facility	60,000	2.81%4	4.0%	
Variable Rate				
Revolving Credit Facility	238,000	1.34%	15.8%	1 year
Term Loans	310,000	1.77%	20.6%	1 year
Total Unsecured Debt	1,408,000			
Subtotal	1,503,354	2.91%	100.0%	2 years
Note Discounts	-			
Unamortized Loan Costs	(4,069)			
Total Debt	\$ 1,499,285			

¹ Excludes impact of unamortized discounts and loan costs

² Annualized, see page 19 for reconciliation

³ Weighted average

⁴ Fixed using derivative rate swaps, which mature in 2021

DEBT MATURITIES

Debt Schedule (as of January 31, 2021)

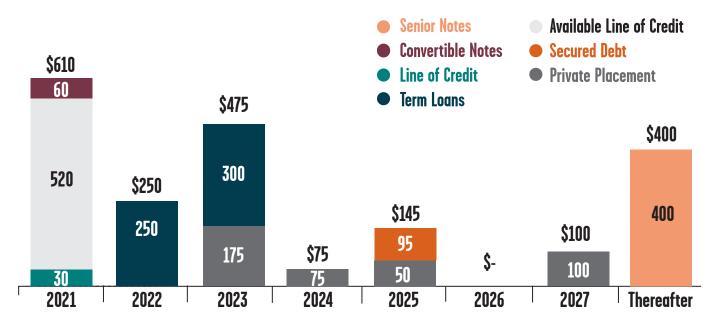
(dollars in thousands)

Financial Instrument	Amount Outstanding ¹	Interest Rate ²	Fixed/ Variable	Maturity	Years to Maturity	Secured
Credit Facility						
\$550MM Revolver (L + 120)	\$ 30,000	1.32%	Variable	Aug-21	0.5	No
Bank Term Loan (L + 135)	250,000	1.47%	Variable	Aug-22	1.5	No
Bank Term Loan (L + 130)	300,000	1.42%	Variable	Sep-23	2.6	No
Convertible Senior Note	60,000	3.25%	Fixed	Apr-21	0.2	No
\$125MM Private Placement Term Loan	125,000	3.99%	Fixed	Jan-23	1.9	No
\$50MM Private Placement Term Loan	50,000	3.99%	Fixed	Nov-23	2.8	No
\$75MM Private Placement Term Loan	75,000	3.93%	Fixed	Sep-24	3.6	No
\$50MM Private Placement Term Loan	50,000	4.33%	Fixed	Nov-25	4.8	No
\$100MM Private Placement Term Loan	100,000	4.51%	Fixed	Jan-27	5.9	No
\$400MM Senior Unsecured Notes	400,000	3.00%	Fixed	Feb-31	10.0	No
Fannie Mae Term Loans	95,325	3.94%	Fixed	2025	4.3	Yes
Total Debt	\$ 1,535,354					
Weighted Averages		2.78%			4.6	
Impact of Swaps ³		0.47%				
Effective Weighted Average Interest		3.25%				

¹ As of January 31, 2021. On January 26, 2021 NHI issued \$400 million in 3.0% Senior unsecured notes which mature February 2031. Proceeds were used to payoff a \$100 million term loan due July 2021 and reduce revolver borrowings.

Debt Maturity Schedule¹

(dollars in millions)



² Variable rates based on 1-month USD LIBOR on January 29, 2021.

³ Swap agreements representing a notional amount of \$400 million expire in December 2021.

SELECT DEBT COVENANTS

Select Credit Facility and Private Placement Covenants¹

Credit Facility	Requirement	Q4 202 0	Q3 2020	Q2 2020	Q1 2020	Q4 2019
Leverage ratio	<= 60%	44%	44%	43%	43%	41%
Unencumbered leverage ratio	<= 60%	48%	48%	48%	48%	42%
Secured leverage ratio	<= 30%	3%	4%	4%	4%	4%
Fixed charge coverage ratio	>= 1.75	6.03	5.68	5.49	5.27	5.24
Tangible net worth	\$965MM + 75% of fu equity proceeds		Pass	Pass	Pass	Pass
Private Placement	Requirement	Q4 2020	Q3 2020	Q2 2020	Q1 2020	Q4 2019
Leverage ratio	<= 60%	44%	44%	43%	43%	41%
Unencumbered leverage ratio	<= 60%	48%	48%	48%	48%	42%
Secured leverage ratio	<= 30%	3%	4%	4%	4%	4%
Fixed charge coverage ratio	>= 2.00	5.45	4.98	4.86	4.67	4.62
Tangible net worth	\$650MM + 85% of fu equity proceeds		Pass	Pass	Pass	Pass
Credit Ratings	Moody's	S&P Global	Fitch Ratings			
Senior Unsecured Debt	Baa3	BBB-	BBB-			
Issuer	Baa3	BBB-	BBB-			
Outlook	Negative	Stable S				

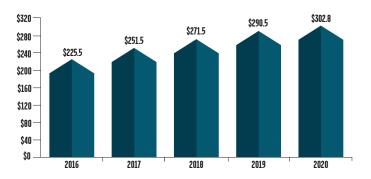
¹ These calculations are made in accordance with the respective debt agreements and may be different than other metrics presented.

FINANCIAL

A DISCIPLINED APPROACH TO VALUE CREATION

- STEADY REVENUE AND CASH FLOW GROWTH
- STRONG RELATIVE LONG-TERM PERFORMANCE
- CONSISTENT DIVIDEND GROWTH AND HEALTHY PAYOUT RATIO

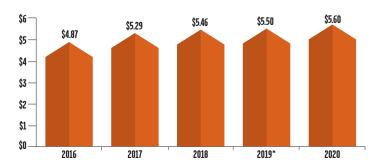
Cash NOI: 7.6% CAGR (dollars in millions)



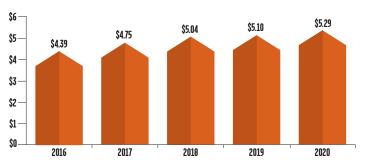
Adjusted EBITDA: 6.8% CAGR (dollars in millions)



NFFO Per Share: 3.6% CAGR

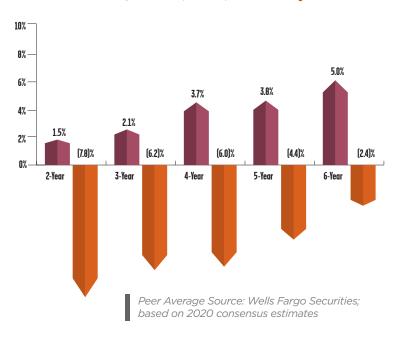


AFFO Per Share: 4.8% CAGR



PERFORMANCE

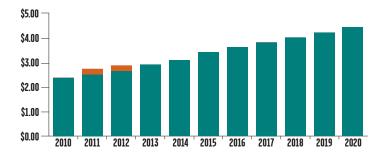
Normalized FFO / Share (CAGR) NHI vs Peer Avg



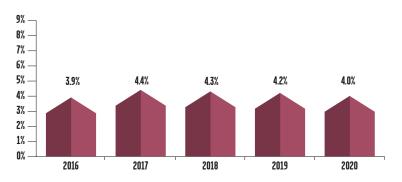
Dividends / Share (CAGR) NHI vs Peer Avg



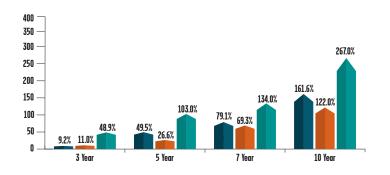
Dividends Regular Special



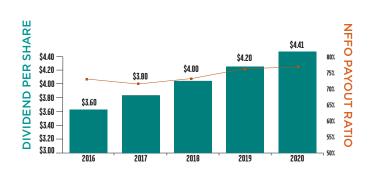
General & Administrative Cost as % of Total Revenue



Total Return NHI MSCI US REIT Index S&P 500 TR Index



Regular Dividends and Payout Ratio



National Health Investors Q4 2020 16

BALANCE SHEETS

(in thousands, except share and per share amounts)

		December 31, 2020		December 31, 2019
Assets				
Real estate properties				
Land	\$	220,361	\$	213,617
Buildings and improvements		3,041,616		2,836,673
Construction in progress		3,093		24,556
		3,265,070		3,074,846
Less accumulated depreciation		(597,638)		(514,453)
Real estate properties, net		2,667,432		2,560,393
Mortgage and other notes receivable, net		292,427		340,143
Cash and cash equivalents		43,344		5,215
Straight-line rent receivable		95,703		86,044
Assets held for sale, net		_		18,420
Other assets		21,583		32,020
Total Assets	\$	3,120,489	\$	3,042,235
Liabilities and Stockholders' Equity	#	1 400 005	#	1 440 465
Debt	\$	1,499,285	\$	1,440,465
Accounts payable and accrued expenses		25,189		26,313
Dividends payable		49,818		46,817
Lease deposit liabilities		10,638		10,638
Deferred income		12,614		19,750
Total Liabilities		1,597,544		1,543,983
Commitments and Contingencies				
National Health Investors Stockholders' Equity:				
Common stock, \$0.01 par value; 100,000,000 and 60,000,000 shares authorized;				
45,185,992 and 44,587,486 shares issued and outstanding, respectively		452		446
Capital in excess of par value		1,540,946		1,505,948
Cumulative dividends in excess of net income		(22,015)		(5,331)
Accumulated other comprehensive loss		(7,149)		(3,432)
Total National Health Investors Stockholders' Equity		1,512,234		1,497,631
Noncontrolling interests		10,711		621
Total Equity		1,522,945		1,498,252
Total Liabilities and Stockholders' Equity	\$	3,120,489	\$	3,042,235

STATEMENTS OF INCOME

(in thousands, except share and per share amounts)

Quarter Ended December 31,		2020		2019
Revenues		(unaudited)		(unaudited)
Rental income	\$	74,941	\$	75,404
Interest income and other		6,297		6,790
		81,238		82,194
Expenses				
Depreciation		21,024		19,610
Interest		12,293		14,374
Legal		427		98
Franchise, excise and other taxes		(19)		109
General and administrative		3,176		3,611
Taxes and insurance on leased properties		2,463		1,593
Loan and realty (gains) losses	(11)			(60)
		39,353		39,335
Loss on early retirement of debt		(3,924)		(823)
Loss from equity method investment		(1,108)		_
Gain on sale of real estate		309		_
Net income		37,162		42,036
Less: net (income) loss attributable to noncontrolling interests		(23)		3
Net income attributable to common stockholders	\$	37,139	\$	42,039
Weighted average common shares outstanding:				
Basic		44,859,894		44,107,770
Diluted		44,861,469		44,328,847
Earnings per common share:				
Net income attributable to common stockholders - basic	\$	0.83	\$	0.95
Net income attributable to common stockholders - diluted	\$	0.83	\$	0.95

Q4 2020

FFO, AFFO & FAD (in thousands, except share and per share amounts)

Quarter Ended December 31,		2020				
		(unaudited)		(unaudited)		
Net income attributable to common stockholders	\$	37,139	\$	42,039		
limination of certain non-cash items in net income:						
Depreciation		21,024		19,610		
Depreciation related to noncontrolling interests		(210)		(22)		
Gain on sale of real estate		(309)		_		
AREIT FFO attributable to common stockholders		57,644		61,627		
Loss on early retirement of debt		3,924		823		
ormalized FFO attributable to common stockholders		61,568		62,450		
Straight-line lease revenue, net		(4,930)		(5,830)		
Straight-line lease revenue, net, related to noncontrolling interests		29		6		
Amortization of lease incentives		252		238		
Amortization of original issue discount		_		176		
Amortization of debt issuance costs		823		693		
Equity method investment adjustments, net		757		_		
Note receivable credit loss expense		(11)		_		
ormalized AFFO attributable to common stockholders		58,488		57,733		
Equity method investment capital expenditure		(105)		_		
Equity method investment non-refundable fees received		331		_		
Non-cash stock-based compensation		290		691		
ormalized FAD attributable to common stockholders	\$	59,004	\$	58,424		
ASIC						
Weighted average common shares outstanding		44,859,894		44,107,770		
NAREIT FFO attributable to common stockholders per share	\$	1.28	\$	1.40		
Normalized FFO attributable to common stockholders per share	\$	1.37	\$	1.42		
Normalized AFFO attributable to common stockholders per share	\$	1.30	\$	1.31		
ILUTED						
Weighted average common shares outstanding		44,861,469		44,328,847		
NAREIT FFO attributable to common stockholders per share	\$	1.28	\$	1.39		
Normalized FFO attributable to common stockholders per share	\$	1.37	\$	1.41		
Normalized AFFO attributable to common stockholders per share	\$	1.30	\$	1.30		
AYOUT RATIOS						
Developed P. Marchael and Company of the Company of	_	1.1025	\$	1.05		
Regular dividends per common snare	\$	1.1023	Ψ	2.00		
Regular dividends per common share Normalized FFO payout ratio per diluted common share	\$	80.5%	Ψ	74.5%		

RECONCILIATIONS

(dollars in thousands)

Period over Period increase (%)

					Quarter Ended Dec	l December 31,		
Adjusted EBITDA Reconciliation				2020		2019		
Net Income		\$		37,162	\$	42,036		
Interest expense				12,293		14,374		
Franchise, excise, and other taxes				(19)		109		
Depreciation				21,024		19,610		
NHI's share of EBITDA adjustments for unconsolidated ent	tities			843		_		
Gain on sale of real estate				(309)		_		
Loss on note retirement				3,924		823		
Note receivable credit loss expense				(11)		_		
Adjusted EBITDA		\$		74,907	\$	76,952		
Interest expense at contractual rates		\$		9,759	\$	13,187		
Interest rate swap payments, net				1,778		(410)		
Principal Payments				165		302		
Fixed Charges		\$		11,702	\$	13,079		
Fixed Charge Coverage				6.4x		5.9x		
Net Debt to Adjusted EBITDA								
Consolidated Total Debt		\$		1,499,285				
Less cash and cash equivalents				(43,344)				
Consolidated Net Debt		\$		1,455,941				
Adjusted EBITDA		\$		74,907				
Annualizing Adjustment		Ψ		224,721				
Annualized impact of recent investments								
, unidanizad impact of recent investments		\$		299,628				
Consolidated Net Debt to Adjusted EBITDA				4.9x				
Cash NOI		QTD 2020		QTD 2019	YTD 2020	YTD 2019		
Rental Income	\$	74,941	\$	75,404 \$	307,208 \$	294,182		
Straight-line rent income		(4,930)		(5,830)	(20,411)	(22,084)		
Taxes and insurance on leased properties		(2,463)		(1,593)	(9,653)	(5,798)		
Amortization of lease incentives		252		238	987	845		
Lease payments received from tenants	\$	67,800	\$	68,219 \$	278,131 \$	267,145		
Interest income and other	Ψ	6,297	Ψ	6,790	25,603	23,899		
Amortization of commitment fees and discounts		(295)		(138)	(905)	(532)		
Cash NOI	\$	73,802	\$	74,871 \$	302,829 \$	290,512		
Cash INOI	Φ	73,002	φ	/4,0/1 Þ	JUZ,UZJ Þ	230,312		
Period over Period increase (\$)	\$	(1,069)		\$	12,317			
David davar David dinavages (%)		/1 /1/0/		•	4.00/			

(1.4)%

4.2%

Q4 2020 20

GLOSSARY

ANNUALIZED REVENUES

The term Annualized Revenue refers to the amount of revenue that our portfolio would generate if all leases and mortgages were in effect for the twelve-month calendar year, regardless of the commencement date, maturity date, or renewals. Therefore, annualized revenue is used for financial analysis purposes, and is not indicative of actual or expected

ADJUSTED EBITDA & EBITDARM

We consider Adjusted EBITDA to be an important supplemental measure because it provides information which we use to evaluate our performance and serves as an indication of our ability to service debt. We define Adjusted EBITDA as consolidated earnings before interest, taxes, depreciation and amortization, including amounts in discontinued operations, excluding real estate asset impairments and gains on dispositions and certain items which, due to their infrequent or unpredictable nature, may create some difficulty in comparing Adjusted EBITDA for the current period to similar prior periods, and may include, but are not limited to, impairment of non-real estate assets, gains and losses attributable to the acquisition and disposition of assets and liabilities, and recoveries of previous write-downs. Adjusted EBITDA also includes our proportionate share of unconsolidated equity method investments presented on a similar basis. Since others may not use our definition of Adjusted EBITDA, caution should be exercised when comparing our Adjusted EBITDA to that of other companies.

EBITDARM is earnings before interest, taxes, depreciation, amortization, rent and management fees.

CAGR

The acronym CAGR refers to the Compound Annual Growth Rate. The compound annual growth rate represents the year-over-year growth rate over a specified time period.

NORMALIZED FFO, AFFO & FAD

These operating performance measures may not be comparable to similarly titled measures used by other REITs. Consequently, our FFO, normalized FFO, normalized AFFO & normalized FAD may not provide a meaningful measure of our performance as compared to that of other REITs. Since other REITs may not use our definition of these operating performance measures, caution should be exercised when comparing our Company's FFO, normalized FFO, normalized AFFO & normalized FAD to that of other REITs. These financial performance measures do not represent cash generated from operating activities in accordance with generally accepted accounting principles ("GAAP") (these measures do not include changes in operating assets and liabilities) and therefore should not be considered an alternative to net earnings as an indication of operating performance, or to net cash flow from operating activities as determined by GAAP as a measure of liquidity, and are not necessarily indicative of cash available to fund cash needs.

FFO, as defined by the National Association of Real Estate Investment Trusts ("NAREIT") and applied by us, is net income (computed in accordance with GAAP), excluding gains (or losses) from sales of real estate property, plus real estate depreciation and amortization, and after adjustments for unconsolidated partnerships and joint ventures, if any. The Company's computation of FFO may not be comparable to FFO reported by other REITs that do not define the term in accordance with the current NAREIT definition or have a different interpretation of the current NAREIT definition from that of the Company; therefore, caution should be exercised when comparing our Company's FFO to that of other REITs. Diluted FFO assumes the exercise of stock options and other potentially dilutive securities. Normalized FFO excludes from FFO certain items which, due to their infrequent or unpredictable nature, may create some difficulty in comparing FFO for the current period to similar prior periods, and may include, but are not limited to, impairment of non-real estate assets, gains and losses attributable to the acquisition and disposition of assets and liabilities, and recoveries of previous write-downs.

We believe that FFO and normalized FFO are important supplemental measures of operating performance for a REIT. Because the historical cost accounting convention used for real estate assets requires depreciation (except on land), such accounting presentation implies that the value of real estate assets diminishes predictably over time. Since real estate values instead have historically risen and fallen with market conditions, presentations of operating results for a REIT that uses historical cost accounting for depreciation could be less informative, and should be supplemented with a measure such as FFO. The term FFO was designed by the REIT industry to address this issue.

We believe that normalized AFFO is an important supplemental measure of operating performance for a REIT. GAAP requires a lessor to recognize contractual lease payments into income on a straight-line basis over the expected term of the lease.

This straight-line adjustment has the effect of reporting lease income that is significantly more or less than the contractual cash flows received pursuant to the terms of the lease agreement. GAAP also requires the original issue discount of our convertible senior notes and debt issuance costs to be amortized as a non-cash adjustment to earnings. We also adjust Normalized AFFO for the net change in our allowance for expected credit losses as well as certain non-cash items related to our equity method investments such as straight-line lease expense and recognition of purchase accounting adjustments. Normalized AFFO is useful to our investors as it reflects the growth inherent in our contractual lease payments without the distortion caused by non-cash amortization.

We believe that normalized FAD is an important supplemental measure of operating performance for a REIT, also providing a useful indicator of the ability to distribute dividends to shareholders. Additionally, normalized FAD improves the understanding of our operating results among investors and makes comparisons with: (i) expected results, (ii) results of previous periods and (iii) results among REITs, more meaningful. Because FAD may function as a liquidity measure, we do not present FAD on a per-share

FACILITY TYPES

SHO - Senior housing

EFC - Entrance Fee Community

SNF - Skilled nursing facility

HOSP - Hospital

MOB - Medical office building

FIXED CHARGES

The term Fixed Charges refers to interest expense and debt principal.

Peer Average

The peer average calculations provided by Wells Fargo Securities include the following diversified healthcare REITs:

Ventas, Inc. Welltower, Inc.

LTC Properties, Inc. **Healthpeak Properties**

Sabra Health Care REIT, Inc.

STABILIZED LEASE

A newly acquired triple-net lease property is generally considered stabilized upon lease-up (typically when senior-care residents occupy at least 85% of the total number of certified units over at least a 12 month period) Newly completed developments, including redevelopments, are considered stabilized upon lease-up, as described above.

TOTAL RETURN

The term Total Return refers to the total return an investor would have realized on an annual basis over a certain period assuming that all dividends are reinvested on the dividend payment date.

WACY

The acronym WACY refers to Weighted Average Cash Yield, which is the anticipated rate of return upon initial investment excluding the impact of any discounts received or premiums paid.

