



Press

Release



wichitafallstx.gov

For Immediate Release

November 11, 2024

World Diabetes Day Awareness Walk

Wichita Falls, Texas - Living with diabetes can be a daily challenge for many in our community, but together we can raise awareness and promote healthier lifestyles! Join us for the World Diabetes Day Awareness Walk, hosted by the Wichita Falls-Wichita County Public Health District and other local health advocates, to shine a light on this important cause.

This family-friendly event will take place on November 14, 2024, from 5:00 PM to 6:30 PM at Sikes Lake. We invite everyone to come out, bring your kids, and be part of a movement that can make a difference. If you can, please wear something blue in honor and support of Diabetes Awareness Month.

Currently, 11,797 people are living with diabetes in Wichita County, and 24.2% of residents are at risk due to physical inactivity. This walk aims to inspire our community to take steps towards better health and support those affected by diabetes.

Event Details:

Date: November 14, 2024

Time: 5:00 PM - 6:30 PM

Location: Sikes Lake, meet at 2 Eureka Cir, Wichita Falls, TX 76308

No sign-ups are necessary—just show up and join us for this important cause! Together, we can promote positive lifestyle changes and raise awareness about diabetes.

For more information, please contact Monica Gil Garcia at 940-761-7870 or monica.gilgarcia@wichitafallstx.gov. We look forward to seeing you there!

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