

For Immediate Release

August 13, 2024

Jamaican Seafood Curry on the Next Free Cooking Class Menu

Wichita Falls, Texas - The Wichita Falls-Wichita County Public Health District is happy to announce that there will be a new Cooking Class Wednesday, August 21, 2024 from 12:00 pm to 1:00 pm. On the menu is: Jamaican Seafood Curry.

You have until August 19th to register for this class. This event is open to the public including kids but seats are limited!

LiveWell Wichita County is our local initiative to bridge the gap between health and the community.

The LiveWell program exemplifies one of the goals detailed in the Community Health Improvement Plan to create a culture in the community that supports and encourages healthy behaviors. The cooking classes are one way to show our commitment to help our community live healthier and more productive lives through food education, and demonstration.

Be sure to visit our website, LiveWellWichitaCounty.com in the Events section, to register.

If you have specific questions about the program, please call Jelecia Miller at 940-761-7699.



Wichita Falls
Blue Skies. Golden Opportunities.

Register on LiveWell website; Seating is limited

Wednesday
August 21st, 2024
12pm to 1pm

**LiveWell
Health District
Cooking Class**

Location: 1700 3rd St.

August Dish:
Jamaican
Seafood
Curry

LIVE WELL
Take Back Your Health

WICHITA COUNTY PUBLIC HEALTH
Public Health