



MetLife investment thesis

Our diverse set of market leading businesses, guided by an all-weather strategy, drives consistent performance across market cycles and positions MetLife for strong long-term returns to shareholders

Strategic Growth

Focus on growth that generates consistent, sustainable free cash flow while reducing our risk profile and lowering the cost of capital

Consistent Execution

Deploy capital and resources to their highest and best use to drive operational efficiency and utilizing prudent risk management to deliver consistent performance through various economic cycles

Differentiated Model

Drive higher returns by continuing to leverage our competitive advantages: scale, brand, distribution reach, broad product portfolio, and industry expertise of our people

Focus

Simplify

Differentiate



Market-leading, diversified global insurer

Growing and established markets around the world

MetLife at a Glance¹

156 years of operation

~45,000 employees

More than 40 markets served

Top established markets:

U.S., Japan, Mexico, Chile, Korea

Top emerging markets: China, India, Brazil

54 on the 2023

Fortune 500® list

\$609.3 billion

Total Assets Under Management (AUM)²

\$58 billion

Market capitalization³

\$83.18

Stock price³

13.8%

Adjusted Return on Equity (ROE)⁴

\$4.7 billion

Capital returned in 2023

\$3.1 billion

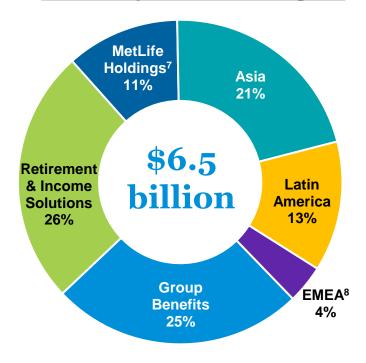
Share repurchases

\$1.6 billion

Common stock dividends

Diversified by Geography and Business

2023 Adjusted Earnings^{5,6}





Long-term value creation

Delivering on key financial commitments while creating shareholder value

Execution on key Next Horizon targets:

Expect to exceed target to generate

\$20 Billion
in distributable cash flow over five years1

Expect to exceed target to free up

\$1 Billion

of operating leverage over

five years¹

Increased target
by 100 basis points
and achieved new
13-15%
adjusted ROE²
target in 2023

Deployed new business capital of ~\$29 Billion at mid-teen IRR³ since 2015

Adjusted earnings snapshot

EPS dampened by lower private equity returns, business fundamentals remain strong

Adjusted Earnings ex. Total Notable Items (\$ in millions, except per share data)	3Q24	3Q23	% Change	FY23	FY22	% Change
Group Benefits	\$431	\$483	(11%)	\$1,628	\$1,332	+22%
Retirement & Income Solutions (RIS)	368	409	(10%)	1,647	1,556	+6%
Asia	34 7	369	(6%)	1,376	1,649	(17%)
Latin America	217	199	+9%	840	728	+15%
EMEA	75	70	+7%	24 7	234	+6%
MetLife Holdings (MLH)	170	206	(17%)	731	1,005	(27%)
Corporate & Other (C&O)	(249)	(262)		(882)	(800)	
Adjusted Earnings ex. Total Notable Items	\$1,359	\$1,474	(8%)	\$5,587	\$5,704	(2%)
Adjusted EPS ex. Total Notable Items	\$ 1.93	\$ 1.95	(1%)	\$7.33	\$7.05	+4%
Weighted average common shares outstanding - diluted	703.7	755.5		762.3	808.9	
Book value per share, excluding AOCI other than FCTA	\$54.72	\$53.00		\$53.75	\$54.30	



At a glance

Diversified set of businesses and product offerings

Group Benefits

Provides financial products and services to 94 of the top 100 Fortune 500® and over 80% of all Fortune 500® companies

Serving more than **55,000** U.S. group customers and **50 million** U.S. employees and their dependents

Product offerings:

Life, Dental, Disability, Accidental Death & Dismemberment (AD&D), Vision, Accident & Health, Legal Plans, Pet

Largest non-medical, commercial carrier in the U.S. group insurance industry

\$19.2 billion in policyholder benefits and claims in 2023

Retirement & Income Solutions

Provides funding and financing solutions that help institutional customers mitigate and manage liabilities

Generates a combination of spread, fee-based earnings, and underwriting

Broad set of market leading businesses:

Stable Value,
Pension Risk Transfer (PRT),
Structured Settlements,
Institutional Income Annuities,
Risk Solutions¹, and Capital Markets
Investments Products (CMIP)

Asia

Diverse set of **product offerings:**protection, health and savings products
to ~19 million customers
in 8 markets

Japan is MetLife's second largest market
Leading foreign insurer in Korea
Building presence in growth markets:
China and India

#3 multinational insurer in the region²

179 bank partners around the region

55,000 career agents and **~214,000** general agents

Latin America

Serving almost 30 million customers across Mexico, Chile, Brazil, Colombia, and Uruguay

#1 life insurer in Mexico³ and Chile⁴, and fast-growing presence in Brazil

Diverse set of **product offerings:**life insurance, retirement,
savings, personal accident and
health products

Well-diversified distribution, positioned to capture growth opportunities

EMEA

EMEA is MetLife's most diverse region, with a presence in 23 markets across 3 different continents

EMEA is divided into 4 geographies:
Europe, Gulf, Levant,
and Turkey

Leading provider of Bancassurance & Direct Insurance distribution with ~150 partnerships

Strong presence across faceto-face distribution networks:

Over **4,000** captive agents Circa **1,400** brokers and 3rd party networks

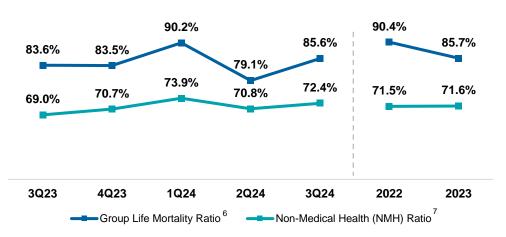


Group Benefits¹

Recognized leader in Employee Benefits and growing faster than the market – Largest market share in National Accounts, second largest in Regional market

(\$ in millions)	3Q24	3Q23	% Change	FY23	FY22	% Change
Adjusted Earnings ²	\$431	\$483	(11%)	\$1,628	\$1,332	+22%
Adjusted Premiums, Fees, & Other Revenues (PFOs)	\$6,146	\$5,866	+5%	\$23,929	\$23,266	+3%

Underwriting Ratios⁵



Overview³

Provides financial products and services to 94 of the top 100 Fortune 500® and over 80% of all Fortune 500® companies

Serving more than **55,000** U.S. group customers and **50 million** U.S. employees and their dependents

Largest non-medical, commercial carrier⁴ in the U.S. group insurance industry

Product offerings:

Life, Dental, Disability, Accidental Death & Dismemberment (AD&D), Vision, Accident & Health, Legal Plans, Pet

\$19.2 billion

in policyholder benefits and claims in 2023

Key Highlights⁸

- Contributed 25% of total company adjusted earnings in 20239
- Group life mortality ratio^{5,6} 85.6% (82.4% ex. notables) mortality remained seasonally strong, albeit, following record-low life claims in 2Q24 at the low end of our annual target range of 84%-89%
- Non-medical health ratio^{5,7} 72.4% versus a favorable prior year quarter which excluded a notable item related to disability and within the 69%-74% annual target range
- Adjusted PFOs up 5% strong growth in national accounts



¹ As of 9/30/2024, unless otherwise noted. ² Adjusted earnings available to common shareholders, excluding total notable items. ³ Overview based on MetLife internal analysis, unless otherwise noted. ⁴ Based on 2022 annualized premiums. ⁵ Results are derived from insurance and non-administrative services-only contracts. ⁶ Excludes certain experience-rated contracts and includes accidental death and dismemberment. ⁷ Reflects actual claims experience and excludes the impact of interest credited on future policyholder benefits. The product within Group Non-Medical Health with interest credited on future policyholder benefits is disability. Primarily includes dental, group and individual disability, accident & health, critical illness and vision. ⁸ As of 3Q24, and all comparisons presented are to 3Q23, unless otherwise noted. ⁹ Full year 2023 results contribution. Excludes total notable items and Corporate & Other.

Retirement & Income Solutions (RIS)¹

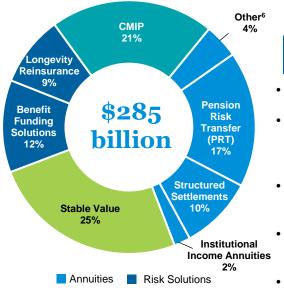
A market leader with well-diversified set of Institutional Retirement businesses

(\$ in millions)	3Q24	3Q23	% Change	FY23	FY22	% Change
Adjusted Earnings ²	\$368	\$409	(10%)	\$1,647	\$1,556	+6%
Adjusted Premiums, Fees, & Other Revenues ³	\$1,050	\$1,017	+3%	\$3,508	\$2,095	+67%

Investment Spreads⁵

	3Q23	4Q23	1Q24	2Q24	3Q24	FY22	FY23
Investment spreads	1.30%	1.21%	1.27%	1.21%	1.06%	1.26%	1.25%
Investment spreads ex. VII	1.38%	1.34%	1.23%	1.19%	1.08%	1.12%	1.38%

Liability Exposures by Product



Overview

Provides funding and financing solutions that help institutional customers mitigate and manage liabilities

Generates a combination of spread, fee-based earnings, and underwriting

Broad set of market leading businesses:

Stable Value, Pension Risk Transfer (PRT), Structured Settlements, Institutional Income Annuities, Risk Solutions⁴, and Capital Markets Investments Products (CMIP)

Key Highlights⁷

- Contributed 26% of total company adjusted earnings in 20238
- Adjusted earnings² down 10% lower recurring interest margins were partially offset by strong volume growth and favorable underwriting margins
- Strong sales in UK longevity reinsurance in 3Q24; year-to-date sales up 42% driven by most products, including PRTs
- \$5.3 billion of PRTs in 2023 the 3rd largest PRT sales year for MetLife, following an all-time record year in 2022
- Liability exposures of \$285 billion, as of 9/30/24, up 6% year-over-year

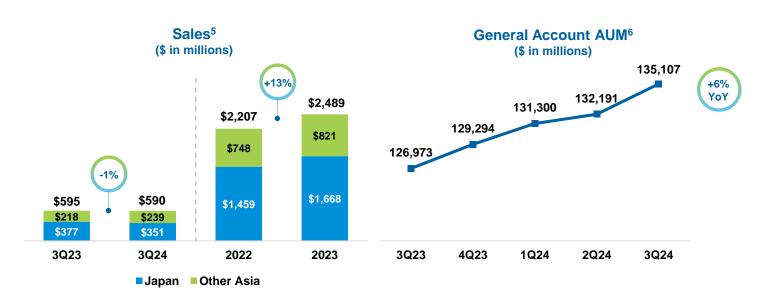


¹ As of 9/30/2024, unless otherwise noted. ² Adjusted earnings available to common shareholders, excluding total notable items. ³ Adjusted PFOs excluding PRTs. ⁴ Includes Longevity Reinsurance and Benefit Funding Solutions. ⁵ Annualized general account spreads. ⁶ Other includes the legacy pensions business. ⁷ As of 3Q24, and all comparisons presented are to 3Q23, unless otherwise noted. ⁸ Full year 2023 results contribution. Excludes total notable items and Corporate & Other.

Asia¹

Achieving disciplined growth through a diversified and differentiated business model – A market leader in Japan, well-positioned to win across both mature and growth markets

(\$ in millions)	3Q24	3Q23	% Change	FY23	FY22	% Change
Adjusted Earnings ²	\$34 7	\$369	(6%)	\$1,376	\$1,649	(17%)



Overview³

Diverse set of **product offerings:**protection, health and savings products
to ~19 million customers in
8 markets

Japan is MetLife's second largest market

Leading foreign insurer in **Korea**Building presence in growth markets:
China and India

#3 multinational insurer in the region⁴

179 bank partners around the region

55,000 career agents and ~214,000 general agents

Key Highlights⁷

- Contributed 21% of total company adjusted earnings in 2023⁸
 - FY23 sales⁵ up 13%, exceeding the 2023 guidance range of mid-to-high single digits, driven by growth across the region
- 3Q24 adjusted earnings² down 6% and 5% on a constant currency basis primarily due to market related items, partially offset by favorable underwriting margins
- General account AUM⁶ up 6% sustained healthy new business sales and robust persistency
- Sales⁵ down 1% lower Japan sales were mostly offset by growth in India and China



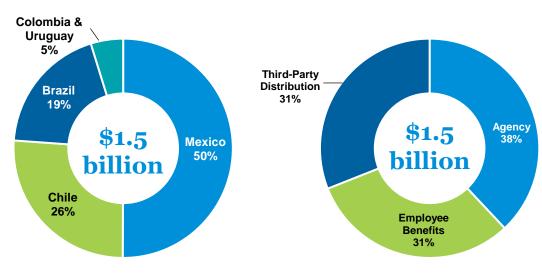
¹ As of 9/30/2024, unless otherwise noted. ² Adjusted earnings available to common shareholders, excluding total notable items. ³ Overview based on MetLife internal analysis, unless otherwise noted. ⁴ Based on gross written premiums (GWP), 2022. ⁵ Sales annualized new premiums (ANP) basis. Quarter-to-date sales are on a constant currency basis calculated using the current period average foreign exchange rate, and the full year sales are on a constant currency basis calculated using the average foreign exchange rates for each of the respective quarters of the current full year. ⁶ General account AUM on an amortized basis, on a constant currency basis. ⁷ As of 3Q24, and all comparisons presented are to 3Q23, unless otherwise noted. ⁸ Full year 2023 results contribution. Excludes total notable items and Corporate & Other.

Latin America¹

#1 life insurer² in the region – Competitive positioning, strength of franchise and innovative digital capabilities accelerating growth

(\$ in millions)	3Q24	3Q23	% Change	FY23	FY22	% Change
Adjusted Earnings ³	\$21 7	\$199	+9%	\$840	\$728	+15%
Adjusted Premiums, Fees, & Other Revenues	\$1,496	\$1,484	+1%	\$5,727	\$4,438	+29%

2023 Sales Mix⁷



2023 Sales Distribution Mix⁷

Overview⁴

Serving almost 30 million customers across Mexico, Chile, Brazil, Colombia, and Uruguay

#1 life insurer in Mexico⁵ and Chile⁶, and fast-growing presence in Brazil

Diverse set of **product offerings:** life insurance, retirement, savings, personal accident and health products

Well-diversified distribution, positioned to capture growth opportunities

Key Highlights⁸

- Contributed 13% of total company adjusted earnings in 2023⁹
 - FY23 adjusted PFOs up 19% year-over-year on a constant currency basis, exceeding the 2023 guidance of low double-digit growth
- 3Q24 adjusted earnings³ up 9% and 21% on a constant currency basis
- Strong Chilean encaje returns and volume growth in key markets
- Adjusted PFOs up 1% and 11% on a constant currency basis driven by strong sales and solid persistency across the region

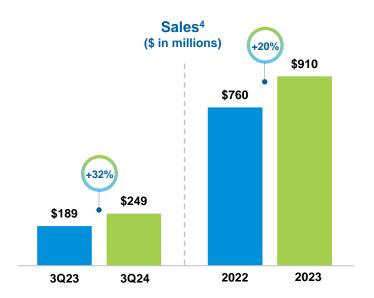


¹ As of 9/30/2024, unless otherwise noted. ² Latinoinsurance, Based on GWP 2022. Includes Life, Personal accidents and Health as reported to local Insurance regulators. ³ Adjusted earnings available to common shareholders, excluding total notable items. ⁴ Overview based on MetLife internal analysis, unless otherwise noted. ⁵ AMIS (Asociación Mexicana de Instituciones de Seguros), based on GWP 2023. ⁶ AACH (Asociación de Aseguradoras de Chile), based on GWP 2023. ⁷ Sales annualized new premiums (ANP) basis. Full year sales are on a constant currency basis calculated using the average foreign exchange rates for each of the respective quarters of the current full year. ⁸ As of 3Q24, and all comparisons presented are to 3Q23, unless otherwise noted. ⁹ Full year 2023 results contribution. Excludes total notable items and Corporate & Other.

Europe, the Middle East and Africa (EMEA)¹

Geographically diverse set of market-segmented protection businesses focused on cash generation

(\$ in millions)	3Q24	3Q23	% Change	FY23	FY22	% Change
Adjusted Earnings ²	\$75	\$70	+7%	\$247	\$234	+6%
Adjusted Premiums, Fees, & Other Revenues	\$655	\$588	+11%	\$2,346	\$2,281	+3%



Overview³

EMEA is MetLife's most diverse region, with a presence in 23 markets across 3 different continents

EMEA is divided into 4 geographies: Europe, Gulf, Levant, and Turkey Leading provider of Bancassurance & Direct Insurance distribution with ~150 partnerships

Strong presence across faceto-face distribution networks:

Over **4,000** captive agents Circa **1,400** brokers and 3rd party networks

Key Highlights⁵

- Contributed 4% of total company adjusted earnings in 2023⁶
- FY23 adjusted earnings of \$265 million and \$247 million, excluding total notable items, exceeded FY23 outlook expectations of \$55 million per quarter
- 3Q24 adjusted earnings² up 7% and 9% on a constant currency basis primarily driven by strong volume growth year over year
- Adjusted PFOs up 11% and 14% on a constant currency basis reflecting growth across the region



¹ As of 9/30/2024, unless otherwise noted. ² Adjusted earnings available to common shareholders, excluding total notable items. ³ Overview based on MetLife internal analysis, unless otherwise noted. ⁴ Sales annualized new premiums (ANP) basis. Quarter-to-date sales are on a constant currency basis calculated using the current period average foreign exchange rate, and the full year sales are on a constant currency basis calculated using the average foreign exchange rates for each of the respective quarters of the current full year. ⁵ As of 3Q24, and all comparisons presented are to 3Q23, unless otherwise noted. ⁶ Full year 2023 results contribution. Excludes total notable items and Corporate & Other.

MetLife Holdings (MLH)¹

High quality legacy block; cash generation supports EPS accretion

(\$ in millions)	3Q24	3Q23	% Change	FY23	FY22	% Change
Adjusted Earnings ²	\$170	\$206	(17%)	\$731	\$1,005	(27%)

Overview

MetLife Holdings represents MetLife's U.S. Retail legacy run-off business

MLH includes the following products:

- Variable, Universal, Term, and Whole Life insurance
- Variable, Fixed, and Index-linked annuities
- Long-term care insurance (LTC)

Key Highlights³

- Contributed 11% of total company adjusted earnings in 2023⁴
- Adjusted earnings² down 17% primarily from foregone earnings due to the reinsurance transaction completed in 2023

Corporate & Other (C&O)¹

(\$ in millions)	3Q24	3Q23	FY23	FY22
Adjusted Earnings ²	(\$249)	(\$262)	(\$882)	(\$800)

Overview

Corporate & Other are various expenses including corporate overhead, interest expense, pension costs, as well as MetLife Investment Management (MIM)

Also included in C&O are various start-up, developing, and run-off businesses

Key Highlights³

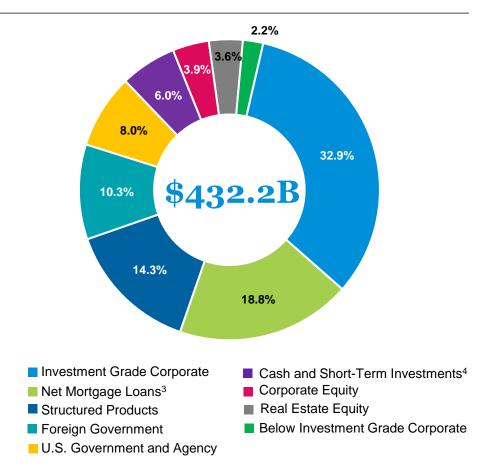
C&O loss of (\$249) versus a loss of (\$262) in 3Q23



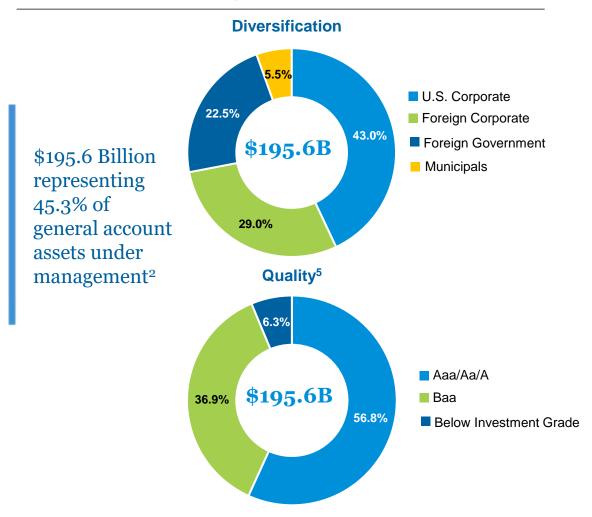
High-quality, well-diversified investment portfolio¹

Disciplined asset-liability management for resiliency across market cycles

General Account AUM²



Corporate and Foreign Government Bond Portfolio





Strong capital, liquidity and ratings

Our robust balance sheet gives us the financial flexibility to weather storms and take advantage of market opportunities



(\$ in billions)



— \$3.0B to \$4.0B Cash Buffer

Capital

- Share repurchases of ~\$0.8 billion in 3Q24 and \$3.1 billion in FY23
 - ~\$130 million shares repurchased in October 2024
- Average 2022 2023 free cash flow ratio² of 74%
- 2023 Combined NAIC Risk-Based Capital (RBC) ratio³ of 407%, above 360% target
- Expected total U.S. Statutory Adjusted Capital⁴ of \$17.6 billion at 9/30/24, down 2% from 6/30/24
- Expected Japan Solvency Margin ratio of ~745% at 9/30/24

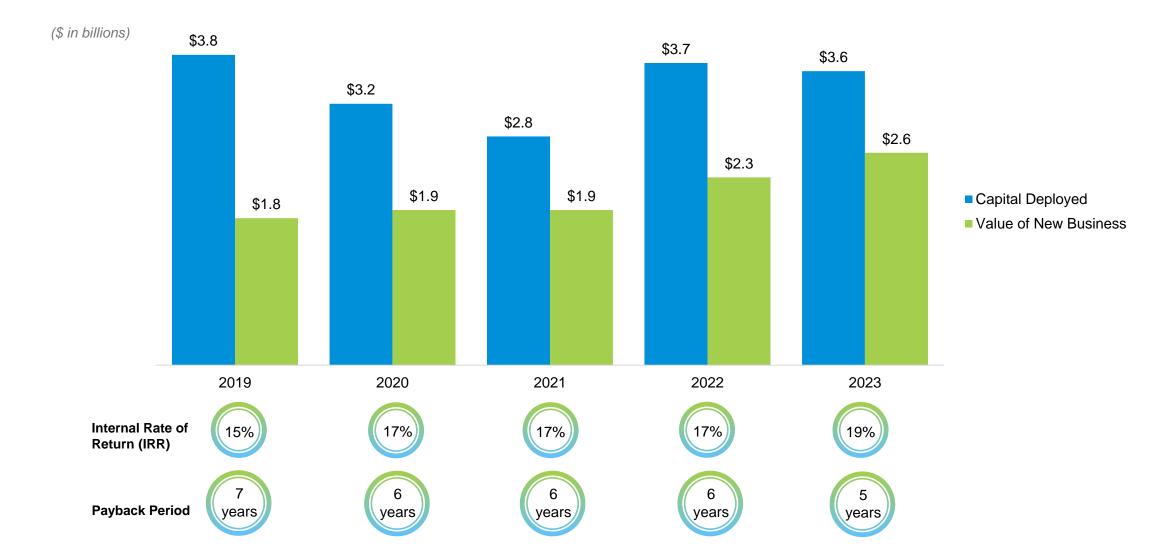
Ratings⁵

Rating Agency	Financial Strength ⁶	Debt Rating ⁷	Outlook
Moody's	Aa3	A3	Stable
S&P Global Ratings	AA-	A -	Stable
Fitch Ratings	AA-	A -	Stable
AM Best	A +	a-	Stable



Value of new business (VNB)¹

Capital deployed toward organic growth at attractive internal rates of return

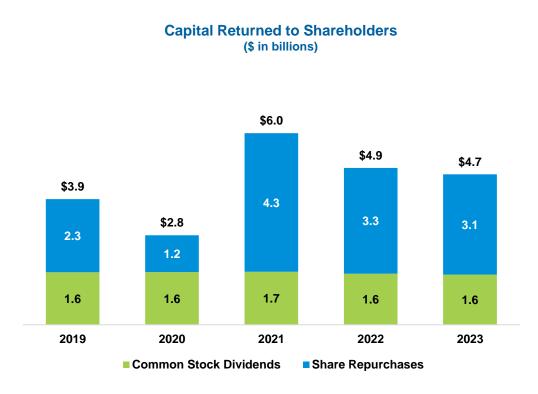




Consistent dividend increases & return of capital

Strong track record and commitment of returning excess capital to shareholders







Living our purpose

Sustainability¹ at MetLife

Select highlights²:

Environment & Climate

Established 2030 interim targets to guide MetLife's Net Zero commitment

48%

of MetLife's global offices' square footage is certified with green or healthy building standards

Equity & Inclusivity

\$1B+

in MetLife Foundation giving since 1976³

38.5%

of the Director nominees are women

Economic Growth

\$420B+

MetLife General Account assets under management⁴ which help support job creation, business growth and community development around the world

Nearly \$66M

in total Impact Investments made in 2023

Health & Well-Being

Certified Great Place to Work® in 21 markets

Achieved Company's record scores on culture, flexibility, well-being and learning opportunities on MetLife's annual employee survey

² All highlights represent totals as of December 31, 2023, with the exception of the Director nominee statistic, which is as of April 26, 2024 and the Great Place to Work certification, which is as of June 2024. ³ Since 1976, MetLife Foundation contributed over \$1 billion to strengthen communities where MetLife has a presence. MetLife Foundation works to drive inclusive economic mobility and address the needs of underserved communities around the world. MetLife Foundation collaborates with nonprofit organizations and provides grants aligned to three strategic focus areas: economic inclusion, financial health and resilient communities. ⁴ At estimated fair value. See MetLife 2023 Sustainability Report Explanatory Note to learn more about MetLife Investment Management, LLC and certain of its affiliates (MIM) and our assets under management (AUM). MIM is the institutional investment management business of MetLife, Inc.





¹ For more information on sustainability at MetLife, refer to the sustainability website at www.MetLife.com/sustainability.

MetLife's executive leadership team

An experienced, diverse, and engaged set of insurance and financial services leaders

Michel Khalaf

President & Chief Executive Officer Over 30 years in the industry

Ramy Tadros Regional President, U.S. Business Head of MetLife Holdings

Over 20 years in the industry

Eric Clurfain

Regional President, Latin America Over 25 years in the industry

Shurawl Sibblies Executive Vice President



Chief Human Resources Officer Over 25 years in the industry



Monica Curtis

Executive Vice President Chief Legal Officer Over 15 years in the industry



Executive Vice President Chief Marketing Officer Over 25 years in the industry



Marlene Debel

Executive Vice President Chief Risk Officer Head of MetLife Insurance Investments Over 30 years in the industry



Executive Vice President Head of Global Technology and Operations 30 years in the industry



Lyndon Oliver

Regional President, Asia Over 35 years in the industry



Nuria Garcia

Regional President, Europe, Middle East, Africa (EMEA) 25 years in the industry



Executive Vice President Chief Financial Officer Head of MetLife Investment Management (MIM) Over 25 years in the industry



MetLife key investment points

Market leading businesses positioned for growth, returns, and consistency

Compounding growth to generate consistent free cash flow in highest multiple businesses

Leveraging our competitive advantages to drive higher returns and margins

Delivering strong and sustainable long-term value for our shareholders



Appendix



Cautionary Statement on Forward-Looking Statements

The forward-looking statements in this presentation, using words such as "anticipate," "are confident," "assume," "believe," "continue," "could," "estimate," "expect," "if," "intend," "likely," "may," "plan," "potential," "project," "should," "will," "would" and other words and terms of similar meaning or that are otherwise tied to future periods or future performance, in each case in all derivative forms, are based on assumptions and expectations that involve risks and uncertainties, including the "Risk Factors" MetLife, Inc. describes in its U.S. Securities and Exchange Commission filings. MetLife's future results could differ, and it does not undertake any obligation to publicly correct or update any of these statements.



Any references in this presentation (except in this Explanatory Note on Non-GAAP Financial Information and Reconciliations) to:

(i)	net income (loss);	(i
(ii)	net income (loss) per share;	(i
(iii)	adjusted earnings; and	(i
, ,	•	(
(iv)	adjusted earnings per share.	(1
(v)	book value per share;	()
(vi)	book value per share, excluding AOCI other than FCTA;	()
(vii)	return on equity; and	(
(viii)	adjusted return on equity, excluding AOCI other than FCTA.	()

Should be read as, respectively:

- (i) net income (loss) available to MetLife, Inc.'s common shareholders;
- (ii) net income (loss) available to MetLife, Inc.'s common shareholders per diluted common share;
- (iii) adjusted earnings available to common shareholders; and
- (iv) adjusted earnings available to common shareholders per diluted common share.
- (v) book value per common share:
- (vi) book value per common share, excluding AOCI other than FCTA;
- (vii) return on MetLife, Inc.'s common stockholders' equity; and
- (viii) adjusted return on MetLife, Inc.'s common stockholders' equity, excluding AOCI other than FCTA.

In this presentation, MetLife presents certain measures of its performance on a consolidated and segment basis that are not calculated in accordance with accounting principles generally accepted in the United States of America (GAAP). MetLife believes that these non-GAAP financial measures enhance the understanding for MetLife and its investors of MetLife's performance by highlighting the results of operations and the underlying profitability drivers of the business. Segment-specific financial measures are calculated using only the portion of consolidated results attributable to that specific segment.



The following non-GAAP financial measures should not be viewed as substitutes for the most directly comparable financial measures calculated in accordance with GAAP:

Non-C	GAAP financial measures:	Comp	parable GAAP financial measures:
(i)	total adjusted revenues;	(i)	total revenues;
(ii)	total adjusted expenses;	(ii)	total expenses;
(iii)	adjusted premiums, fees and other revenues;	(iii)	premiums, fees and other revenues;
(iv)	adjusted premiums, fees and other revenues, excluding PRT;	(iv)	premiums, fees and other revenues;
(v)	adjusted net investment income;	(v)	net investment income;
(vi)	adjusted capitalization of deferred policy acquisition costs (DAC);	(vi)	capitalization of DAC;
(vii)	adjusted earnings available to common shareholders;	(vii)	net income (loss) available to MetLife, Inc.'s common shareholders;
(viii)	adjusted earnings available to common shareholders, excluding total notable items;	(viii)	net income (loss) available to MetLife, Inc.'s common shareholders;
(ix)	adjusted earnings available to common shareholders per diluted common share;	(ix)	net income (loss) available to MetLife, Inc.'s common shareholders per diluted common share;
(x)	adjusted earnings available to common shareholders, excluding total notable items, per diluted common share;	(x)	net income (loss) available to MetLife, Inc.'s common shareholders per diluted common share;
(xi)	adjusted return on equity;	(xi)	return on equity;
(xii)	adjusted return on equity, excluding AOCI other than FCTA;;	(xii)	return on equity;
(xiii)	adjusted return on equity, excluding total notable items (excludes AOCI other than FCTA);	(xiii)	return on equity;
(xiv)	investment portfolio gains (losses);	(xiv)	net investment gains (losses);
(xv)	derivative gains (losses);	(xv)	net derivative gains (losses);
(xvi)	total MetLife, Inc.'s common stockholders' equity, excluding AOCI other than FCTA;	(xvi)	total MetLife, Inc.'s stockholders' equity;
(xvii)	total MetLife, Inc.'s common stockholders' equity, excluding total notable items (excludes AOCI other than FCTA);	(xvii)	total MetLife, Inc.'s stockholders' equity;
(xviii)	book value per common share, excluding AOCI other than FCTA;	(xviii)	book value per common share;
(xix)	free cash flow of all holding companies;	(xix)	MetLife, Inc. (parent company only) net cash provided by (used in) operating activities;
(xx)	adjusted other expenses;	(xx)	other expenses;
(xxi)	adjusted other expenses, net of adjusted capitalization of DAC;	(xxi)	other expenses, net of capitalization of DAC;
(xxii)	adjusted other expenses, net of adjusted capitalization of DAC, excluding total notable items related to adjusted other expenses;	(xxii)	other expenses, net of capitalization of DAC;
(xxiii)	adjusted expense ratio;	(xxiii)	expense ratio;
(xxiv)	adjusted expense ratio, excluding total notable items related to adjusted other expenses and PRT;	(xxiv)	expense ratio;
(xxv)	direct expenses;	(xxv)	other expenses;
(xxvi)	direct expenses, excluding total notable items related to direct expenses;	(xxvi)	other expenses;
(xxvii)	direct expense ratio; and	(xxvii)	expense ratio; and
(xxviii)	direct expense ratio, excluding total notable items related to direct expenses and PRT.	(xxviii)	expense ratio.



Any of these financial measures shown on a constant currency basis reflect the impact of changes in foreign currency exchange rates and are calculated using the average foreign currency exchange rates for the most recent period. As a result, comparable prior period amounts are updated each period to reflect the most recent period average foreign currency exchange rates

Reconciliations of these non-GAAP financial measures to the most directly comparable GAAP financial measures are included in this presentation and in this period's earnings news release, which is available at www.metlife.com.

MetLife's definitions of non-GAAP and other financial measures discussed in this presentation may differ from those used by other companies:

Adjusted earnings and related measures

- adjusted earnings;
- adjusted earnings available to common shareholders;
- adjusted earnings available to common shareholders on a constant currency basis;
- · adjusted earnings available to common shareholders, excluding total notable items;
- adjusted earnings available to common shareholders, excluding total notable items, on a constant currency basis;
- adjusted earnings available to common shareholders per diluted common share;
- adjusted earnings available to common shareholders on a constant currency basis per diluted common share;
- · adjusted earnings available to common shareholders, excluding total notable items per diluted common share; and
- adjusted earnings available to common shareholders, excluding total notable items, on a constant currency basis per diluted common share.

These measures are used by management to evaluate performance and allocate resources. Consistent with GAAP guidance for segment reporting, adjusted earnings and components of, or other financial measures based on, adjusted earnings are also MetLife's GAAP measures of segment performance. Adjusted earnings and other financial measures based on adjusted earnings are also the measures by which MetLife senior management's and many other employees' performance is evaluated for the purposes of determining their compensation under applicable compensation plans. Adjusted earnings and other financial measures based on adjusted earnings allow analysis of MetLife's performance relative to its business plan and facilitate comparisons to industry results.

Adjusted earnings is defined as adjusted revenues less adjusted expenses, net of income tax. Adjusted earnings available to common shareholders is defined as adjusted earnings less preferred stock dividends.

Adjusted revenues and adjusted expenses

These financial measures, along with the related adjusted premiums, fees and other revenues, focus on our primary businesses principally by excluding the impact of (i) market volatility which could distort trends, (ii) asymmetrical and non-economic accounting, and (iii) revenues and costs related to divested businesses, non-core products and certain entities required to be consolidated under GAAP. Also, these measures exclude results of discontinued operations under GAAP.

Market volatility can have a significant impact on the Company's financial results. Adjusted earnings excludes net investment gains (losses), net derivative gains (losses), market risk benefits remeasurement gains (losses) and goodwill impairments. Further, policyholder benefits and claims exclude (i) changes in the discount rate on certain annuitization guarantees accounted for as additional liabilities and (ii) market value adjustments.



Asymmetrical and non-economic accounting adjustments are made to the line items indicated in calculating adjusted earnings:

- Net investment income includes earned income on derivatives and amortization of premium on derivatives that are hedges of investments or that are used to replicate certain investments, but do not qualify for hedge accounting treatment ("Investment hedge adjustments").
- Other revenues include settlements of foreign currency earnings hedges and exclude asymmetrical accounting associated with in-force reinsurance.
- Policyholder benefits and claims excludes (i) amortization of basis adjustments associated with de-designated fair value hedges of future policy benefits, (ii) inflation-indexed benefit adjustments associated with contracts backed by inflation-indexed investments, (iii) asymmetrical accounting associated with in-force reinsurance, and (iv) non-economic losses incurred at contract inception for certain single premium annuity business. These losses are amortized into adjusted earnings within policyholder benefits and claims over the estimated lives of the contracts.
- Interest credited to policyholder account balances excludes amounts associated with periodic crediting rate adjustments based on the total return of a contractually referenced pool of assets and other pass-through adjustments and asymmetrical accounting associated with in-force reinsurance.

Divested businesses are those that have been or will be sold or exited by MetLife but do not meet the discontinued operations criteria under GAAP. Divested businesses also include the net impact of transactions with exited businesses that have been eliminated in consolidation under GAAP and costs relating to businesses that have been or will be sold or exited by MetLife that do not meet the criteria to be included in results of discontinued operations under GAAP.

Other adjustments are made to the line items indicated in calculating adjusted earnings:

- Net investment income and interest credited to policyholder account balances excludes certain amounts related to contractholder-directed equity securities ("Unit-linked contract income") and ("Unit-linked contract costs")
- Other revenues include fee revenue on synthetic guaranteed interest contracts ("GICs") accounted for as freestanding derivatives.
- Other revenues exclude and other expenses include fees received in connection with services provided under transition service agreements.
- Other expenses exclude (i) implementation of new insurance regulatory requirements and other costs, and (ii) acquisition, integration and other related costs. Other expenses include (i) deductions for net income attributable to noncontrolling interests, and (ii) benefits accrued on synthetic GICs accounted for as freestanding derivatives.

Adjusted earnings also excludes the recognition of certain contingent assets and liabilities that could not be recognized at acquisition or adjusted for during the measurement period under GAAP business combination accounting guidance.

The tax impact of the adjustments mentioned above are calculated net of the U.S. or foreign statutory tax rate, which could differ from MetLife's effective tax rate. Additionally, the provision for income tax (expense) benefit also includes the impact related to the timing of certain tax credits, as well as certain tax reforms.

In addition, adjusted earnings available to common shareholders excludes the impact of preferred stock redemption premium, which is reported as a reduction to net income (loss) available to MetLife. Inc.'s common shareholders.

Investment portfolio gains (losses) and derivative gains (losses)

These are measures of investment and hedging activity. Investment portfolio gains (losses) principally excludes amounts that are reported within net investment gains (losses) but do not relate to the performance of the investment portfolio, such as gains (losses) on sales and divestitures of businesses, as well as investment portfolio gains (losses) of divested businesses. Derivative gains (losses) principally excludes earned income on derivatives and amortization of premium on derivatives, where such derivatives are either hedges of investments or are used to replicate certain investments, and where such derivatives do not qualify for hedge accounting. This earned income and amortization of premium is reported within adjusted earnings and not within derivative gains (losses).



Return on equity and related measures

- Total MetLife, Inc.'s common stockholders' equity, excluding AOCI other than FCTA: Total MetLife, Inc.'s common stockholders' equity, excluding the net unrealized investment gains (losses), future policy benefits discount rate remeasurement gains (losses), market risk benefits instrument-specific credit risk remeasurement gains (losses), defined benefit plans adjustment components of AOCI, net of income tax.
- Total MetLife, Inc.'s common stockholders' equity, excluding total notable items (excludes AOCI other than FCTA): Total MetLife, Inc.'s common stockholders' equity, excluding the net unrealized investment gains (losses), future policy benefits discount rate remeasurement gains (losses), market risk benefits instrument-specific credit risk remeasurement gains (losses), defined benefit plans adjustment components of AOCI, and total notable items, net of income tax.
- Return on MetLife, Inc.'s common stockholders' equity: net income (loss) available to MetLife, Inc.'s common shareholders divided by MetLife, Inc.'s average common stockholders' equity.
- Adjusted return on MetLife, Inc.'s common stockholders' equity: adjusted earnings available to common shareholders divided by MetLife, Inc.'s average common stockholders' equity.
- Adjusted return on MetLife, Inc.'s common stockholders' equity, excluding AOCI other than FCTA: adjusted earnings available to common shareholders divided by MetLife, Inc.'s average common stockholders' equity, excluding AOCI other than FCTA.
- Adjusted return on MetLife, Inc.'s common stockholders' equity, excluding total notable items (excludes AOCI other than FCTA): adjusted earnings available to common shareholders, excluding total notable items, divided by MetLife, Inc.'s average common stockholders' equity, excluding total notable items (excludes AOCI other than FCTA).

The above measures represent a level of equity consistent with the view that, in the ordinary course of business, we do not plan to sell most investments for the sole purpose of realizing gains or losses.

Expense ratio, direct expense ratio, adjusted expense ratio and related measures

- Expense ratio: other expenses, net of capitalization of DAC, divided by premiums, fees and other revenues.
- Direct expense ratio: adjusted direct expenses, divided by adjusted premiums, fees and other revenues. Direct expenses are comprised of employee-related costs, third-party staffing costs, and general and administrative expenses.
- Direct expense ratio, excluding total notable items related to direct expenses and PRT: adjusted direct expenses, excluding total notable items related to direct expenses, divided by adjusted premiums, fees and other revenues, excluding PRT.
- Adjusted expense ratio: adjusted other expenses, net of adjusted capitalization of DAC, divided by adjusted premiums, fees and other revenues.
- Adjusted expense ratio, excluding total notable items related to adjusted other expenses and PRT: adjusted other expenses, net of adjusted capitalization of DAC, excluding total notable items related to adjusted other expenses, divided by adjusted premiums, fees and other revenues, excluding PRT.

General Account (GA) assets under management (GA AUM)

GA AUM is used by MetLife to describe assets in its GA investment portfolio. GA AUM is stated at estimated fair value and is comprised of GA total investments, the portion of the GA investment portfolio classified within assets held-for-sale, and cash and cash equivalents, excluding policy loans, contractholder-directed equity securities, mortgage loans originated for third parties, assets subject to reinsurance arrangements with third-party reinsurers, and certain other invested assets. Mortgage loans, net of mortgage loans originated for third parties ("net mortgage loans") (including commercial ("net commercial mortgage loans"), agricultural mortgage loans") and real estate equity (including real estate and real estate joint ventures) included in GA AUM (at net asset value, net of deduction for encumbering debt) have been adjusted for third parties are relassified under GAAP. Accordingly, the underlying investments within certain real estate and real estate joint ventures that are primarily net commercial mortgage loans (at net asset value, net of deduction for encumbering debt) have been reclassified to exclude them from real estate equity and include them as net commercial mortgage loans.

Asia GA AUM and related measures

Asia GA AUM is used by MetLife to describe assets in its Asia GA investment portfolio. Asia GA AUM is stated at estimated fair value and is comprised of Asia GA total investments, the portion of the Asia GA investment portfolio classified within assets held-for-sale and cash and cash equivalents, excluding policy loans, contractholder-directed equity securities, fair value option securities, mortgage loans originated for third parties, assets subject to reinsurance arrangements with third-party reinsurers, and certain other invested assets. Mortgage loans, net of mortgage loans originated for third parties ("net mortgage loans") (including commercial mortgage loans"), agricultural ("net agricultural mortgage loans") and residential mortgage loans) and real estate equity (including real estate and real estate joint ventures) included in Asia GA AUM (at net asset value, net of deduction for encumbering debt) have been adjusted from carrying value to estimated fair value. At the segment level, intersegment balances (intercompany activity, primarily related to investments in subsidiaries, that eliminate at the MetLife consolidated level) are excluded from Asia GA AUM.

Asia GA AUM (at amortized cost) excludes the following adjustments: (i) unrealized gain (loss) on investments carried at estimated fair value and (ii) adjustments from carrying value to estimated fair value on net mortgage loans (including net commercial mortgage loans, net agricultural mortgage loans and residential mortgage loans) and real estate and real estate joint ventures. Asia GA AUM (at amortized cost) is presented net of related allowance for credit loss.



Statistical sales information:

- Group Benefits: calculated using 10% of single premium deposits and 100% of annualized full-year premiums and fees from recurring premium policy sales of all products.
- Retirement and Income Solutions: calculated using 10% of single premium deposits and 100% of annualized full-year premiums and fees only from recurring premium policy sales of specialized benefit resources and corporate-owned life insurance.
- Latin America, Asia and EMEA: calculated using 10% of single-premium deposits (mainly from retirement products such as variable annuity, fixed annuity and pensions), 20% of single-premium deposits from credit insurance and 100% of annualized full-year premiums and fees from recurring-premium policy sales of all products (mainly from risk and protection products such as individual life, accident & health and group).

Sales statistics do not correspond to revenues under GAAP, but are used as relevant measures of business activity.

The following additional information is relevant to an understanding of MetLife's performance results and outlook:

- Volume growth, as discussed in the context of business growth, is the period over period percentage change in adjusted earnings available to common shareholders attributable to adjusted premiums, fees and other revenues and assets under management levels, applying a model in which certain margins and factors are held constant. The most significant of such items are underwriting margins, investment margins, changes in equity market performance, expense margins and the impact of changes in foreign currency exchange rates.
- Holding company cash and liquid assets are held by MetLife, Inc. collectively with other MetLife holding companies and include cash and cash equivalents, short term investments and publicly traded securities excluding assets that are pledged or otherwise committed. Assets pledged or otherwise committed include amounts received in connection with securities lending, repurchase agreements, derivatives, regulatory deposits, the collateral financing arrangement, funding agreements and secured borrowings, as well as amounts held in the closed block.
- MetLife uses a measure of free cash flow to facilitate an understanding of its ability to generate cash for reinvestment into its businesses or use in non-mandatory capital actions. MetLife defines free cash flow as the sum of cash available at MetLife's holding companies from dividends from operating subsidiaries, expenses and other net flows of the holding companies (including capital contributions to subsidiaries), and net contributions from debt to be at or below target leverage ratios. This measure of free cash flow is prior to capital actions, such as common stock dividends and repurchases, debt reduction and mergers and acquisitions. Free cash flow should not be viewed as a substitute for net cash provided by (used in) operating activities calculated in accordance with GAAP. The free cash flow ratio is typically expressed as a percentage of annual adjusted earnings available to common shareholders.
- Notable items reflect the unexpected impact of events that affect MetLife's results, but that were unknown and that MetLife could not anticipate when it devised its business plan. Notable items also include certain items regardless of the extent anticipated in the business plan, to help investors have a better understanding of MetLife's results and to evaluate and forecast those results. Notable items represent a positive (negative) impact to adjusted earnings available to common shareholders.
- We refer to observable forward yield curves as of a particular date in connection with making our estimates for future results. The observable forward yield curves at a given time are based on implied future interest rates along a range of interest rate durations. This includes the 10-year U.S. Treasury rate which we use as a benchmark rate to describe longer-term interest rates used in our estimates for future results.



Reconciliation of Net Income (Loss) Available to MetLife, Inc.'s Common Shareholders to Adjusted Earnings Available to Common Shareholders

	30	24		3Q23							
		We Av Co	nings Per eighted verage ommon e Diluted ¹			We Av Co	ings Per eighted verage mmon e Diluted ¹				
(In millions, except per share data)											
Net Income (loss) available to MetLife, Inc.'s common shareholders	\$ 1,275	\$	1.81	\$	422	\$	0.56				
Adjustments from net income (loss) available to MetLife, Inc.'s common shareholders to adjusted earnings available to common shareholders:											
Less: Net investment gains (losses)	(77)		(0.11)		(927)		(1.23)				
Less: Net derivative gains (losses)	767		1.09		(1,202)		(1.59)				
Less: Market risk benefit remeasurement gains (losses)	(531)		(0.75)		796		1.05				
Less: Other adjustments to net income (loss)	(65)		(0.09)		(156)		(0.20)				
Less: Provision for income tax (expense) benefit	(195)		(0.28)		429		0.57				
Add: Net income (loss) attributable to noncontrolling interests	 (1)				6		0.01				
Adjusted earnings available to common shareholders	1,375		1.95		1,488		1.97				
Less: Total notable items	 16		0.02		14		0.02				
Adjusted earnings available to common shareholders, excluding total notable items	\$ 1,359	\$	1.93	\$	1,474	\$	1.95				
Adjusted earnings available to common shareholders on a constant currency basis	\$ 1,375	\$	1.95	\$	1,463	\$	1.94				
Adjusted earnings available to common shareholders, excluding total notable items, on a constant currency basis	\$ 1,359	\$	1.93	\$	1,449	\$	1.92				
Weighted average common shares outstanding - diluted			703.7				755.5				



Reconciliation of Net Income (Loss) Available to MetLife, Inc.'s Common Shareholders to Adjusted Earnings Available to Common Shareholders

	FY	23		FY22							
		We Ave Cor	ngs Per ighted erage mmon Diluted ¹			Earning Weig Aver Com Share D	hted age mon				
(In millions, except per share data)											
Net Income (loss) available to MetLife, Inc.'s common shareholders	\$ 1,380	\$	1.81	\$	5,099	\$	6.30				
Adjustments from net income (loss) available to MetLife, Inc.'s common											
shareholders to adjusted earnings available to common shareholders:											
Less: Net investment gains (losses)	(2,824)		(3.70)		(1,260)		(1.56)				
Less: Net derivative gains (losses)	(2,140)		(2.81)		(2,251)		(2.78)				
Less: Market risk benefit remeasurement gains (losses)	994		1.30		3,674		4.54				
Less: Other adjustments to net income (loss)	(1,185)		(1.56)		(1,419)		(1.75)				
Less: Provision for income tax (expense) benefit	1,034		1.36		580		0.72				
Add: Net income (loss) attributable to noncontrolling interests	 24		0.03		18		0.03				
Adjusted earnings available to common shareholders	5,525		7.25		5,793		7.16				
Less: Total notable items	 (62)		(80.0)		89		0.11				
Adjusted earnings available to common shareholders, excluding total notable items	\$ 5,587	\$	7.33	\$	5,704	\$	7.05				
Adjusted earnings available to common shareholders, excluding total notable items	\$ 5,587										
Less: Corporate & Other adjusted earnings available to common shareholders, excluding total notable items	 (882)										
Adjusted earnings available to common shareholders, excluding Corporate & Other and total notable items	\$ 6,469										
Weighted average common shares outstanding - diluted			762.3				808.9				



Reconciliation to Adjusted Earnings Available to Common Shareholders, Excluding Total Notable Items

							3	Q24						
(In millions)	Group Benefits ¹				Asia		Latin America		EMEA		MetLife Holdings ¹		Co &	rporate Other ¹
Adjusted earnings available to common shareholders	\$	373	\$	472	\$	306	\$	221	\$	70	\$	182	\$	(249)
Less: Total notable items	,	(58)	Ť	104	·	(41)	•	4	•	(5)	•	12	•	_
Adjusted earnings available to common shareholders, excluding total notable items	\$	431	\$	368	\$	347	\$	217	\$	75	\$	170	\$	(249)
Adjusted earnings available to common shareholders, on a constant currency basis					\$	306	\$	221	\$	70			-	
Adjusted earnings available to common shareholders, excluding total notable items on a constant currency basis					\$	347	\$	217	\$	75				
							3	Q23						
	Group Benefits ¹				Asia		Latin America				MetLife Holdings ¹			
(In millions)														
Adjusted earnings available to common shareholders	\$	510	\$	470	\$	275	\$	199	\$	88	\$	208	\$	(262)
Less: Total notable items		27		61		(94)		_		18		2		` <u> </u>
Adjusted earnings available to common shareholders, excluding total notable items	\$	483	\$	409	\$	369	\$	199	\$	70	\$	206	\$	(262)
Adjusted earnings available to common shareholders, on a constant currency basis					\$	271	\$	179	\$	87				
Adjusted earnings available to common shareholders, excluding total notable items on a constant currency basis					\$	365	\$	179	\$	69				



Reconciliation to Adjusted Earnings Available to Common Shareholders, Excluding Total Notable Items

							F۱	′23					
	Group Benefits		RIS		Asia		Latin America		ЕМЕА		MetLife Holdings		porate Other
(In millions)													
Adjusted earnings available to common shareholders	\$	1,655	\$	1,708	\$	1,282	\$	840	\$	265	\$	733	\$ (958)
Less: Total notable items		27		61		(94)				18		2	 (76)
Adjusted earnings available to common shareholders, excluding total notable items	\$	1,628	\$	1,647	\$	1,376	\$	840	\$	247	\$	731	\$ (882)

				F۱	(22			
	Broup enefits	RIS	 Asia		atin erica	EMEA	letLife oldings	porate Other
(In millions)								
Adjusted earnings available to common shareholders	\$ 1,322	\$ 1,635	\$ 1,617	\$	729	\$ 249	\$ 1,031	\$ (800)
Less: Total notable items		79	 (32)		1	15	 26	
Adjusted earnings available to common shareholders, excluding total notable items	\$ 1,322	\$ 1,556	\$ 1,649	\$	728	\$ 234	\$ 1,005	\$ (800)



Equity Details

	3Q24		3	Q23	FY23	FY22
(In millions)						
Equity Details						
Total MetLife, Inc.'s stockholders' equity	\$ 30,	885	\$	25,658	\$ 30,015	\$ 29,881
Less: Preferred stock	3,	818		3,818	3,818	3,818
MetLife, Inc.'s common stockholders' equity	27,	067		21,840	26,197	26,063
Less: Net unrealized investment gains (losses), net of income tax	(11,	531)		(26,548)	(14,323)	(21,089)
Future policy benefits discount rate remeasurement gain (losses), net of income tax	2,	004		10,245	2,658	6,115
Market risk benefits instrument-specific credit risk remeasurement gains (losses), net of income tax		4		(4)	27	107
Defined benefit plans adjustment, net of income tax	(1,	371 <u>)</u>		(1,308)	(1,446)	(1,377)
Total MetLife, Inc.'s common stockholders' equity, excluding AOCI other than FCTA	37,	961		39,455	39,281	42,307
Less: Accumulated year-to-date total notable items		16		14	(62)	89
Total MetLife, Inc.'s common stockholders' equity, excluding total notable items (excludes AOCI other than FCTA)	\$ 37,	945	\$	39,441	\$ 39,343	\$ 42,218
Average Common Stockholders' Equity						
Average common stockholders' equity					\$ 25,784	
Average common stockholders' equity, excluding AOCI other than FCTA					\$ 40,599	
Average common stockholders' equity, excluding total notable items (excludes AOCI other than FCTA)					\$ 40,608	



Book Value and Return on Equity

	3Q24		3Q23		FY23		FY22
Book Value ¹							
Book value per common share	\$	39.02	\$	29.34	\$	35.85	\$ 33.45
Less: Net unrealized investment gains (losses), net of income tax		(16.62)		(35.66)		(19.60)	(27.07)
Future policy benefits discount rate remeasurement gain (losses), net of income tax		2.89		13.77		3.64	7.85
Market risk benefits instrument-specific credit risk remeasurement gains (losses), net of income tax		0.01		(0.01)		0.04	0.14
Defined benefit plans adjustment, net of income tax		(1.98)		(1.76)		(1.98)	(1.77)
Book value per common share, excluding AOCI other than FCTA	\$	54.72	\$	53.00	\$	53.75	\$ 54.30
Common shares outstanding, end of period (in millions)		693.7		744.4		730.8	779.1
Return on Equity							
Return on MetLife, Inc.'s:							
Common stockholders' equity						5.4 %	
Adjusted return on MetLife, Inc.'s:							
Common stockholders' equity						21.4 %	
Common stockholders' equity, excluding AOCI other than FCTA						13.6 %	
Common stockholders' equity, excluding total notable items (excludes AOCI other than FCTA)						13.8 %	



Adjusted Premiums, Fees and Other Revenues

	3Q24	3Q23	FY23	FY22
(In millions)				
<u>RIS</u>				
Adjusted premiums, fees and other revenues	\$ 1,579	\$ 2,478	\$ 8,832	\$ 14,314
Less: PRT	529	1,461	5,324	12,219
Adjusted premiums, fees and other revenues excluding PRT	\$ 1,050	\$ 1,017	\$ 3,508	\$ 2,095
<u>Latin America</u>				
Adjusted premiums, fees and other revenues	\$ 1,496	\$ 1,484	\$ 5,727	\$ 4,438
Adjusted premiums, fees and other revenues, on a constant currency basis	\$ 1,496	\$ 1,349	\$ 5,727	\$ 4,831
EMEA				
Adjusted premiums, fees and other revenues	\$ 655	\$ 588		
Adjusted premiums, fees and other revenues, on a constant currency basis	\$ 655	\$ 573		



Condensed Reconciliation of Net Cash Provided by Operating Activities of MetLife, Inc. to Free Cash Flow of All Holding Companies

	FY23	FY22
(In billions, except ratios)		
MetLife, Inc. (parent company only) net cash provided by operating activities	\$ 4.2	\$ 4.4
Adjustments from net cash provided by operating activities to free cash flow:		
Add: Incremental debt to be at or below target leverage ratios	_	1.0
Add: Adjustments from net cash provided by operating activities to free cash flow ¹	(0.7)	(0.2)
MetLife, Inc. (parent company only) free cash flow	3.5	5.2
Other MetLife, Inc. holding companies free cash flow ²	0.1	(0.5)
Free cash flow of all holding companies	\$ 3.6	\$ 4.7
Ratio of net cash provided by operating activities to consolidated net income (loss) available to MetLife, Inc.'s common shareholders:		
MetLife, Inc. (parent company only) net cash provided by operating activities	\$ 4.2	\$ 4.4
Consolidated net income (loss) available to MetLife, Inc.'s common shareholders	\$ 1.4	\$ 5.1
Ratio of net cash provided by operating activities (parent company only) to consolidated net income (loss) available to MetLife, Inc.'s common shareholders ³	303 %	87 %
Ratio of free cash flow to adjusted earnings available to common shareholders:		
Free cash flow of all holding companies ⁴	\$ 3.6	\$ 4.7
Consolidated adjusted earnings available to common shareholders ⁴	\$ 5.5	\$ 5.8
Ratio of free cash flow of all holding companies to consolidated adjusted earnings available to common shareholders ⁴	66 %	81 %

¹Adjustments include: (i) capital contributions to subsidiaries; (ii) returns of capital from subsidiaries; (iii) repayments on and (issuances of) loans to subsidiaries, net; and (iv) investment portfolio and derivatives changes and other, net.

ii) Consolidated adjusted earnings available to common shareholders for the year ended December 31, 2022, was positively impacted by notable items, related to actuarial assumption review and other insurance adjustments of \$0.1 billion, net of income tax. Excluding these notable items from the denominator of the ratio, the adjusted free cash flow ratio for 2022, would be 82%.



²Components include: (i) dividends and returns of capital from subsidiaries; (ii) capital contributions to subsidiaries; (iii) repayments on and (issuances of) loans to subsidiaries, net; (iv) other expenses; (v) dividends and returns of capital to MetLife, Inc. and (vi) investment portfolio and derivative changes and other, net.

³Including the free cash flow of other MetLife, Inc. holding companies of \$0.1 billion and (\$0.5) billion for the years ended December 31, 2023 and 2022, respectively, in the numerator of the ratio, this ratio, as adjusted, would be 311% and 77%, respectively.

⁴i) Consolidated adjusted earnings available to common shareholders for the year ended December 31, 2023, was negatively impacted by notable items, related to litigation reserves and settlement costs of (\$0.1) billion, net of income tax, offset by actuarial assumption review and other insurance adjustments of \$0.01 billion, net of income tax. Excluding these notable items from the denominator of the ratio, the adjusted free cash flow ratio for 2023, would be 65%.

MetLife