



Date: September 23, 2024

To: All Media

From: LaSalle County Health Department

717 Etna Road Ottawa, IL 61350

Contact: Jenny Barrie (ext. 74315)

Leslie Dougherty (ext. 74314)

Phone: (815) 433-3366

For Immediate Release

"Flu Vaccination Clinics Scheduled - No Appointment Needed"

Ottawa, **IL** - The LaSalle County Health Department is offering flu vaccination clinics. These clinics are open to the public and no appointment is necessary. Flu vaccines will be available:

• Tuesday, September 24, 2024 9:00 a.m.- 1:00 p.m.

• Wednesday, October 9. 2024 1:00 p.m.- 4:00 p.m.

• Tuesday, October 22, 2024 9:00 a.m.- 1:00 p.m.

The Health Department is located at 717 Etna Rd., Ottawa.

Seasonal Influenza Vaccine and Influenza HD (High Dose) Vaccine for persons 65 and older are available, in addition to VFC (Vaccines for Children) Flu vaccine is available.

All LaSalle County Health Department influenza vaccines are preservative free. The fee for the seasonal flu shot will be \$25. The fee for influenza High Dose will be \$70.

We offer insurance billing or cash payment. You must have your insurance card and a Photo ID with you. No Doctor's order is required. Children under the age of 18 years must be accompanied by a parent or guardian.

Pneumonia and RSV vaccines are available by appointment only at the Health Department and will not be offered at the flu clinics.

To lessen your chances of developing the flu, adults and children need to practice good hygiene measures. Teach the importance of covering your mouth when coughing or sneezing, and educate children about hand to mucous membrane transmission. One of the best ways to protect yourself and your children is through frequent and thorough hand washing. People who are exhibiting "flu-like" symptoms should stay home from work, out of childcare and school to minimize transmission.

Remember the 3 C's: clean, cover, and contain:

- •Clean frequently wash your hands with soap and warm water.
- •Cover –cover your cough and sneeze.
- •Contain –contain your germs by staying home if you are sick.

For additional information please contact the LaSalle County Health Department at 815-433-3366 or visit our website atwww.lasallecountyil.gov.

www.facebook.com/LaSalleCountyHealth

www.twitter.com/LaSalleCoHealth