

## Addressing inequalities key to ending AIDS: PAHO

Latin America and the Caribbean must expand and accelerate access to HIV diagnosis, prevention, and treatment to reduce new infections



**Washington, DC, 30 November, 2022 (PAHO)** – The Pan American Health Organization is marking <u>World AIDS Day</u> (1 December) with a call for countries to address the inequalities that prevent progress towards ending AIDS as a public health threat by 2030. This

year, the theme of the day is "Equality."

Around 2.5 million people live with HIV in Latin America and the Caribbean. In 2021, approximately 120,000 people became infected with the virus and a further 35,000 lost their lives from AIDS-related causes.

"Access to testing and the implementation of innovations for early diagnosis, prevention and timely treatment continue to be affected by inequality, which is slowing our progress towards eliminating AIDS," PAHO Director Carissa F. Etienne said. "This is unacceptable given the powerful tools at our disposal to make AIDS a public health problem of the past," she stressed.

While 82% of people living with HIV in Latin America and the Caribbean know their status, only 69% receive antiretroviral treatment and 63% have a suppressed or undetectable viral load, which is essential for maintaining good health and preventing transmission of the virus to others.

Among the tools available to eliminate AIDS are self-administered tests, drugs to prevent infection in people at substantial risk (Pre-Exposure Prophylaxis, or PrEP), and new drugs that are more effective and easier to take for those already living with HIV, such as dolutegravir, recommended by WHO as a first line of treatment. While several countries in the region are accessing these tools through PAHO's Strategic Fund, this access remains inequitable and many in most affected populations continue to miss out.

Currently, only 14 countries in the region have HIV self-testing available, 25 countries have introduced dolutegravir, and only a very limited number of people at substantial risk of HIV infection receive PrEP.

"To change course, we need an integrated response, extended to all communities at risk. We must address stigma and discrimination to broaden access" to diagnosis, prevention and treatment for all, the PAHO Director said.

Dr. Etienne also called on countries to address the challenges posed by COVID-19, which impacted the HIV response, and recognized the work of health workers and authorities in the region in implementing alternatives to face-to-face care and drug delivery during the pandemic.

"The end of AIDS and many other infectious diseases can only be achieved if we tackle the barriers that prevent access to services and tools for those who need them the most," she concluded.

## Links

World AIDS Day

PAHO Director video message

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The Pan American Health Organization (PAHO) works with the countries of the Americas to improve the health and quality of life of its population. Founded in 1902, it is the world's oldest international public health agency. It serves as the Regional Office of WHO for the Americas and is the specialized health agency of the Inter-American system.