



DEPARTMENT OF HEALTH AND HUMAN SERVICES
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Administrator

County of Sussex

FOR IMMEDIATE RELEASE

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Free Health Screenings and More at Healthy Living Festival

(Newton, NJ) The Sussex County Department of Health and Human Services, Division of Senior Services, Newton Medical Center, and United Methodist Communities at Bristol Glen cordially invite you to attend the 15th Annual Healthy Living Festival. This **free** informational event will take place on Friday, September 20, 2024, from 8:30 a.m. to 1:30 p.m., at United Methodist Communities at Bristol Glen, 200 Bristol Glen Drive, Newton, NJ.

The program consists of numerous complimentary health screenings and educational presentations sponsored by a variety of healthcare providers. The free health services will include hearing screenings administered by Hearing Life, blood pressure and blood glucose screenings, among others. Each informational seminar is 15 minutes long and is repeated throughout the day. These sessions will include such subjects such as Know Your Food Labels, Emergency Preparedness and Knowing the Signs of Alzheimer's and Dementia. In addition, various exhibitors will be on hand to provide information regarding their programs/services.

The Division of Senior Services promotes the enhancement of quality of life for all of our seniors through educational programming and evidence-based service provision. This program offers seniors a free opportunity to get valuable health screenings and learn more about programs available to them in the community. A continental breakfast and buffet lunch will be provided for active participants who take advantage of at least 1/3 of the available screenings and presentations.

Please contact the Division of Senior Services for additional program information or to pre-register, which is required in order to attend the buffet lunch at 973-579-0555, ext. 1277 or sbrunda@sussex.nj.us.

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