

DISCLAIMER



Matters discussed in this press release may constitute forward-looking statements. The Private Securities Litigation Reform Act of 1995 provides safe harbor protections for forward-looking statements in order to encourage companies to provide prospective information about their business. Forward-looking statements include statements concerning plans, objectives, goals, strategies, future events or performance, and underlying assumptions and other statements, which are other than statements of historical facts. The Company desires to take advantage of the safe harbor provisions of the Private Securities Litigation Reform Act of 1995 and is including this cautionary statement in connection with this safe harbor legislation. The words "believe," "expect," "forecast," "anticipate," "estimate," "intend," "plan," "possible," "potential," "pending," "target," "project," "likely," "may," "will," "would," "should," "could" and similar expressions identify forward-looking statements.

The forward-looking statements in this press release are based upon various assumptions, many of which are based, in turn, upon further assumptions, including without limitation, management's examination of historical operating trends, data contained in the Company's records and other data available from third parties. Although management believes that these assumptions were reasonable when made, because these assumptions are inherently subject to significant uncertainties and contingencies which are difficult or impossible to predict and are beyond the Company's control, there can be no assurance that the Company will achieve or accomplish these expectations, beliefs or projections. As such, these forward-looking statements are not guarantees of the Company's future performance, and actual results and future developments may vary materially from those projected in the forward-looking statements. The Company undertakes no obligation, and specifically declines any obligation, except as required by applicable law or regulation, to publicly update or revise any forward-looking statements, whether as a result of new information, future events or otherwise. New factors emerge from time to time, and it is not possible for the Company to predict all of these factors. Further, the Company cannot assess the effect of each such factor on its business or the extent to which any factor, or combination of factors, may cause actual results to be materially different from those contained in any forward-looking statement.

In addition to these important factors, other important factors that, in the Company's view, could cause actual results to differ materially from those discussed in the forward-looking statements include: unforeseen liabilities, future capital expenditures, the strength of world economies and currencies, general market conditions, including fluctuations in charter rates and vessel values, changes in demand in the LNG tanker market, the impact of public health threats, changes in the Company's operating expenses, including bunker prices, dry-docking and insurance costs, the fuel efficiency of the Company's vessels, the market for the Company's vessels, availability of financing and refinancing, ability to comply with covenants in such financing arrangements, failure of counterparties to fully perform their contracts with the Company, changes in governmental rules and regulations or actions taken by regulatory authorities, including those that may limit the commercial useful lives of LNG tankers, customers' increasing emphasis on environmental and safety concerns, potential liability from pending or future litigation, general domestic and international political conditions or events, including the war between Russia and Ukraine, as well as the developments in the Middle East, including continued conflicts between Israel and Hamas and the conflict regarding the Houthi attack in the Red Sea, business disruptions, including supply chain disruption and congestion, due to natural or other disasters or otherwise, potential physical disruption of shipping routes due to accidents, climate-related incidents, or political events, vessel breakdowns and instances of off-hire, and other factors, including those that may be described from time to time in the reports and other documents that the Company files with or furnishes to the U.S. Securities and Exchange Commission ("Other Reports"). For a more complete discussion of certain of these and other risks and uncertainties associated with the Company, please refer to the Othe

Q1 HIGHLIGHTS



RESULTS

Q1-24 Revenues of \$90.2m in line with guidance of ~\$90m Net income and adj. net income⁽¹⁾ of \$33.2m and \$37.9m, respectively Earnings Per Share (EPS) and adj. EPS⁽¹⁾ of \$0.62 and \$0.70, respectively

RECENT EVENTS Extended Flex Resolute and Flex Courageous by 2 years until minimum Q1-2027 Extended Flex Endeavour by 500 days from Q3-2030 to Q1-2032 Firm TC for Flex Constellation to Q1-2025, with 1-year option to Q1-2026

GUIDANCE

Drydock of Flex Constellation and Flex Courageous according to plan and budget Expect Q2 Time Charter Equivalent earnings of ~\$72-74,000/day Expect Q2 Revenues to be close to \$85m due to drydockings/softer spot market

DIVIDEND

Declaring quarterly dividend of \$0.75 per share for Q1 from contributed surplus Dividend per share the last twelve months is \$3.125 implying a yield of ~11% Strong financial position and contract backlog supporting our dividend capacity

Q1 RESULTS IN LINE WITH GUIDING



	Q1					
Key metrics	Guiding	Actuals	Guiding for Q2-2024			
TCE rate	~\$75-80'/day	~\$76,500/day	~\$72-74'/day			
Revenues	~\$90m	\$90.2m	Close to \$85m			
Adj. EBITDA	~\$70m	\$70.6m	Close to \$65m			
Drydock	 5-year special survey of Flex Constellation successfully completed in April, according to schedule and budget (\$5m) Flex Courageous progressing according to plan and budget (\$5m) 					

DRYDOCKING ACCORDING TO PLAN









 Flex Constellation completed her 5-year special survey in April, and traded in a challenging spot market for a short period, before commencing a firm TC of 312 days + 1-year charterer's option



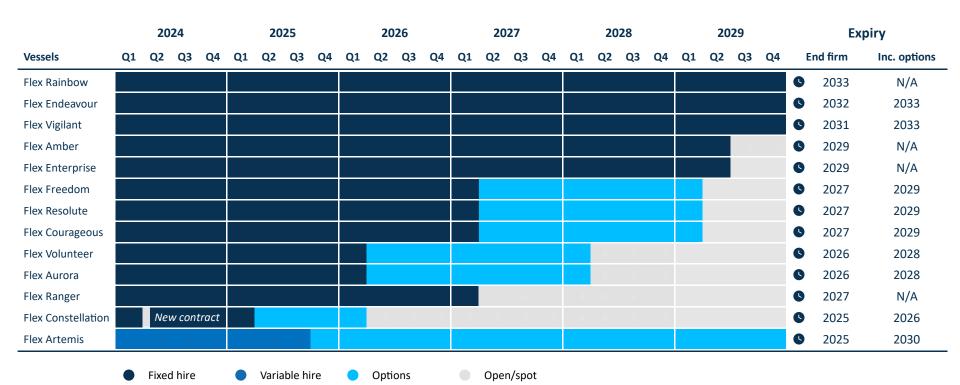
 Flex Courageous progressing according to schedule and budget. She is now currently out of drydock berthed alongside quay for finalization and expect to be back in service end-May



HIGH CONTRACT COVERAGE AND EARNINGS VISIBILITY...

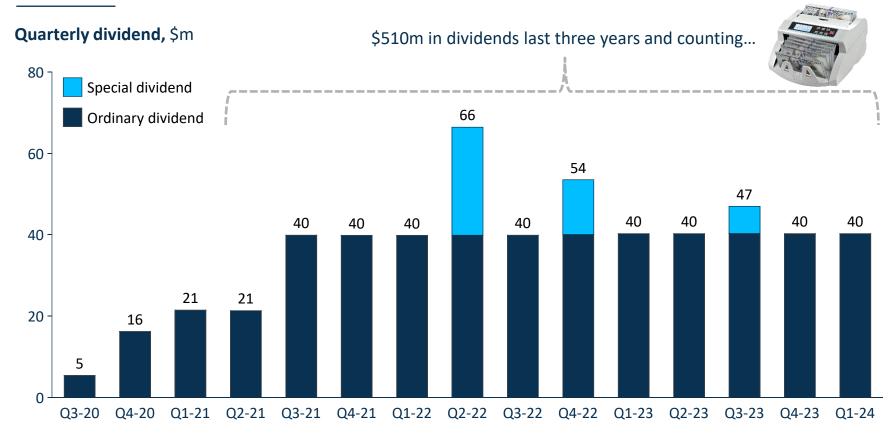


50 years of minimum firm charter backlog which may grow to 69 years with charterer's extension options



...SUPPORT STABLE ATTRACTIVE DIVIDEND...





...AND EARNINGS BELONG TO SHAREHOLDERS



Adjusted Earnings per Share(1)

Ordinary Dividend per Share Special Dividend per Share

Total distribution

Q4-22	Q1-23	Q2-23	Q3-23	Q4-23	Q1-24
\$1.02	\$0.66	\$0.53	\$0.67	\$0.70	\$0.70
\$0.75	\$0.75	\$0.75	\$0.75	\$0.75	\$0.75
\$0.25			\$0.125		
\$1.00	\$0.75	\$0.75	\$0.875	\$0.75	\$0.75

LTM				
\$2.60				
\$3.00				
\$0.125				
\$3.125				

Decision Factors

Earnings and cash flow	②	⊘	Ø	Ø	Ø	Ø
Market outlook	•	⊘	⊘	⊘	⊘	1
Backlog and visibility	⊘	⊘	⊘	Ø	Ø	Ø
Liquidity position	⊘	⊘	⊘	Ø	Ø	Ø
Covenant compliance	⊘	②	②	Ø	Ø	Ø
Debt maturities	⊘	②	②	Ø	Ø	Ø
Capex liabilities	▽	②	②	Ø	Ø	Ø
Other considerations	•	②	②	Ø	Ø	Ø

Spot market is weaker this year dragging down the front-end of the rate curve, while long term rates have stabilized at healthy levels. This is a key reason for us adding near term coverage.

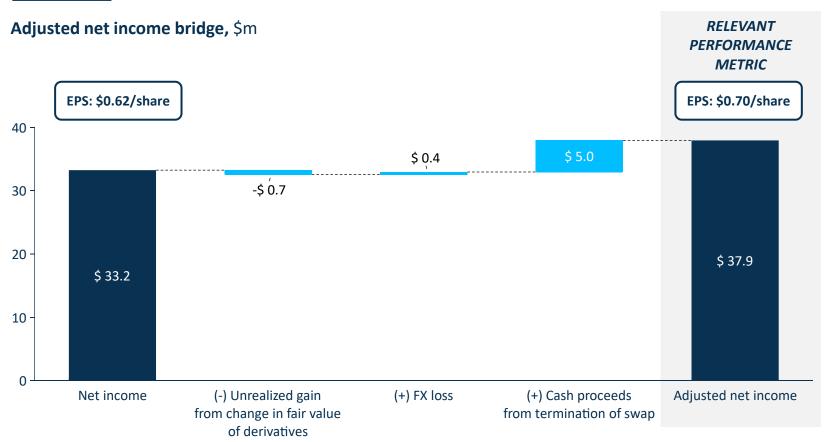
FINANCIAL HIGHLIGHTS



Income statement (\$m)	Q1-2024	Q4-2023	Δ\$	Q1-2023	Δ\$	Comments:	
Revenues	90.2	97.2	(7.0)	92.5	(2.2)	Revenues: TCE of ~\$76,500/day in	
Operating expenses	(16.7)	(18.4)	1.7	(15.7)	(1.0)	Q1-2024 compared to ~\$81,100 in Q4-2023. Seasonal softer spot market	
Operating income	51.9	57.7	(5.8)	55.0	(3.1)	affecting Revenues, due to the variable index hire from Flex Artemis as well as Flex	
Interest expenses	(26.7)	(27.7)	1.0	(26.3)	(0.4)	Constellation entering drydock end of March.	
Gain/(loss) on derivatives	7.3	(11.6)	18.9	(2.8)	10.2	OPEX: Average vessel OPEX of	
Net income	33.2	19.4	13.8	16.5	16.7	~\$14,100/day in the first quarter vs.	
EPS (\$/share)	0.62	0.36	0.26	0.31	0.31	~\$15,400/day in Q4-2023. FY2024 OPEX guidance of ~\$14,900/day	
						Gains on derivatives: Recorded a gain of	
Adjusted EBITDA (\$m)	70.6	76.2	(5.6)	72.5	(1.9)	\$7.3m, of which \$0.7m in unrealized ga and a net realized gain of \$6.6m. In	
Adjusted net income (\$m)	37.9	37.8	0.1	35.2	2.6	addition, we realized a cash proceed of \$5m from the termination of the back-end	
Adj. EPS (\$/share)	0.70	0.70	0.00	0.66	0.05	of an interest rate swap in Q1-2024	

ADJUSTED NET INCOME OF \$37.9M IN THE QUARTER

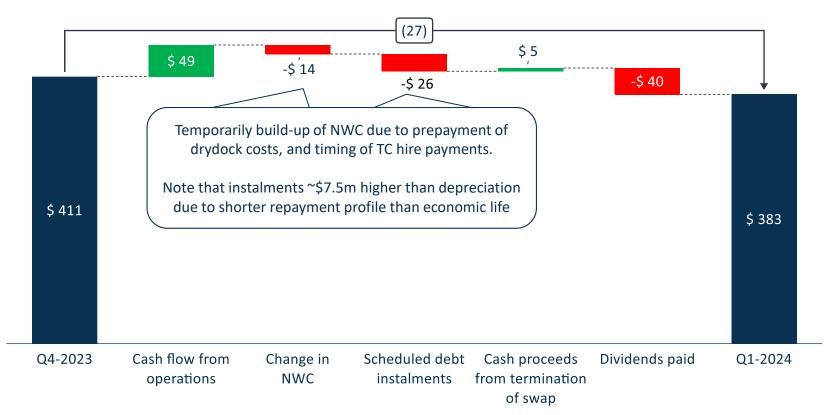




CASH POSITION REMAINS ROUBST



Cash flow Q4-2023 to Q1-2024, \$m



FLEXIBLE FUNDING PORTFOLIO WITH NO MATURITIES PRIOR 2028



Resilient balance sheet:

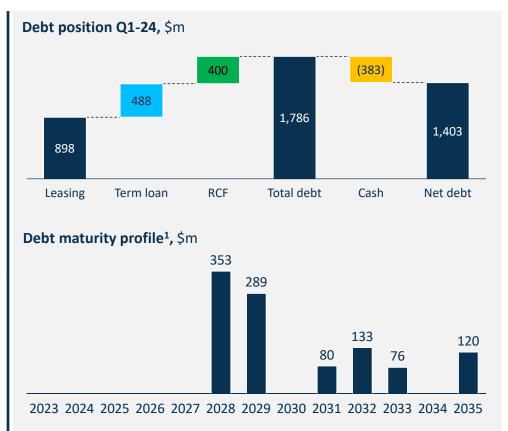
- No debt maturities prior 2028
- Sound split between traditional bank financing and leasing
- Geographically diversified set of lenders

Strategic optionality:

- Attractive loan terms
- \$400m in RCF provides optionality for counter-cyclical opportunities as well as cash management optimization

Active hedging strategy:

- Balance sheet value of interest rate swap portfolio totals ~\$45m
- Net notional value of the swap portfolio is \$720m, with avg. duration of 2.6 yrs. @ 1.35%
- Fixed rate leases of ~\$198m with an average term of ~8 years @ 3.9%
- \$124m in unrealized and realized gains on interest rate swaps since 2021



OUR SIXTH ANNUAL ESG REPORT RELEASED TODAY



- We publish our sixth annual ESG report according to SASB guidelines, which includes information about:
 - Environmental footprint of fuel use
 - Ecological impacts
 - Business ethics
- Key accomplishments in 2023 include reduced fleet emissions (tonnes CO₂) with ~7% compared to 2022, achieved LTIF¹ of 0.33, and zero spills or releases
- Furthermore, we received a B-rating on our reporting from CDP in 2023, an improvement from B- in 2022









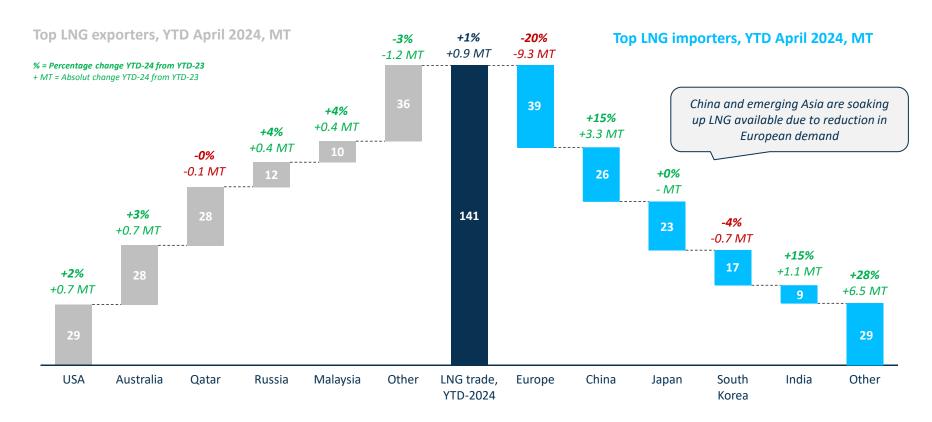




Note: 1) LTIF = Lost Time Incident Frequency

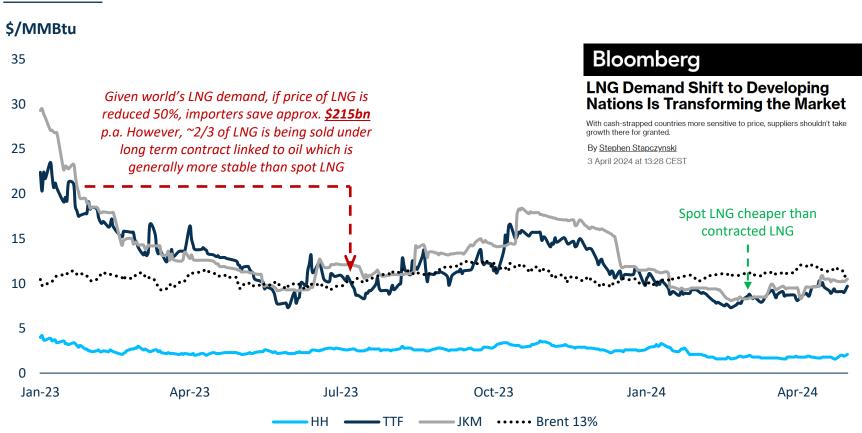
LOWER EUROPEAN PULL SPUR ASIAN DEMAND





CHEAPER LNG IS CREATING NEW DEMAND





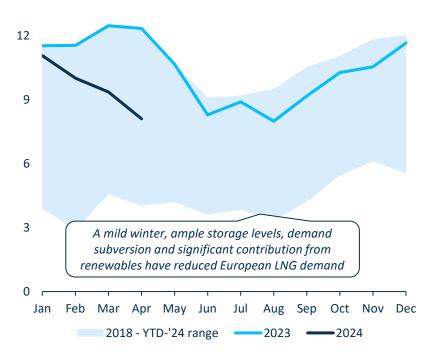
Source: CME, Rystad Energy

ASIA REPLACED EUROPE AS THE LNG DEMAND SINK



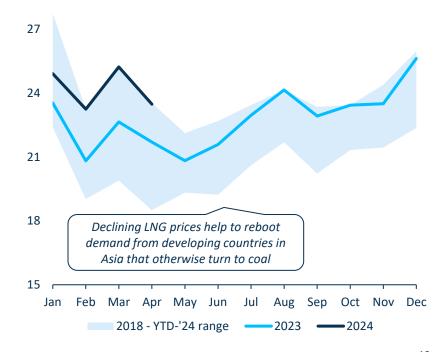
European LNG imports, YTD-2024, MT

15



Asian LNG imports, YTD-2024, MT

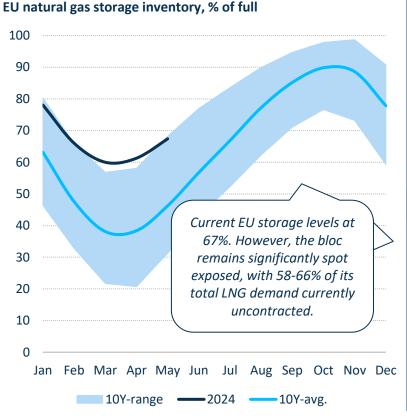
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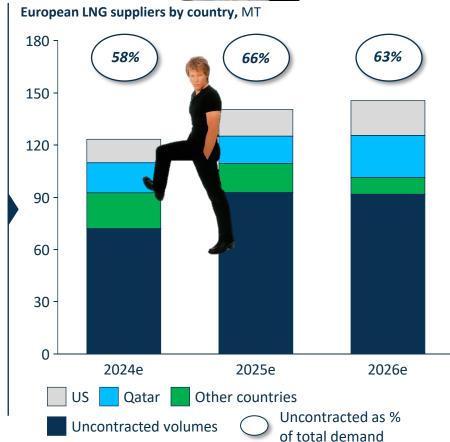


EUROPE'S LNG DEMAND STILL LIVING ON A PRAYER





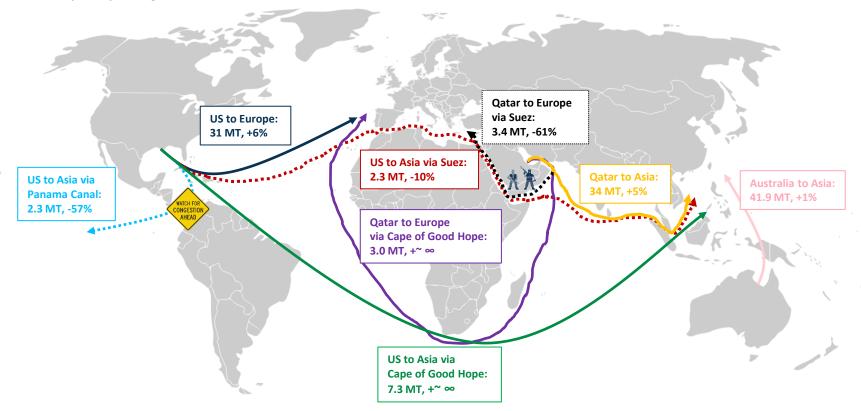




BOTTLENECKS CREATE LONGER SAILING ROUTES



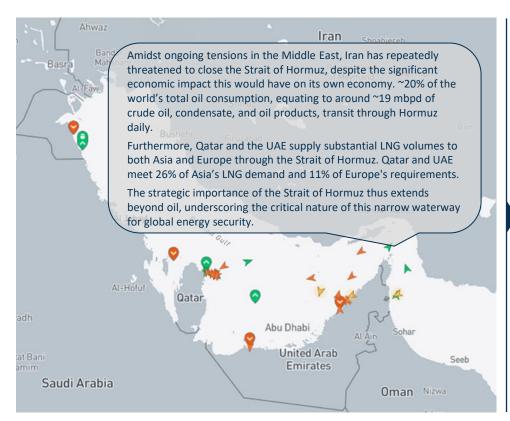
LNG export by sailing route, winter season 2023-'24 vs. winter season 2022-'23

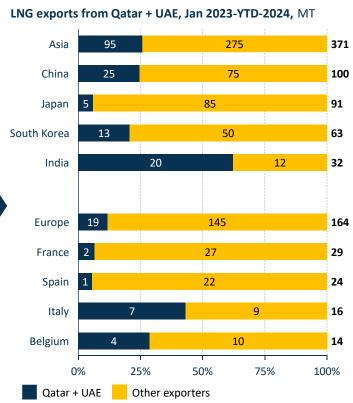


Source: Kpler

MIDDLE EAST VOLATILITY THREATENS CRITICAL LNG SUPPLY ROUTE







Source: Kpler, Reuters

RUSSIAN LNG EXPANSION FACE SANCTIONS AS CAPACITY SET TO DOUBLE



Russian liquefaction capacity, MTPA



Commentary:

POLITICO
EU proposes first sanctions on Russia's LNG sector

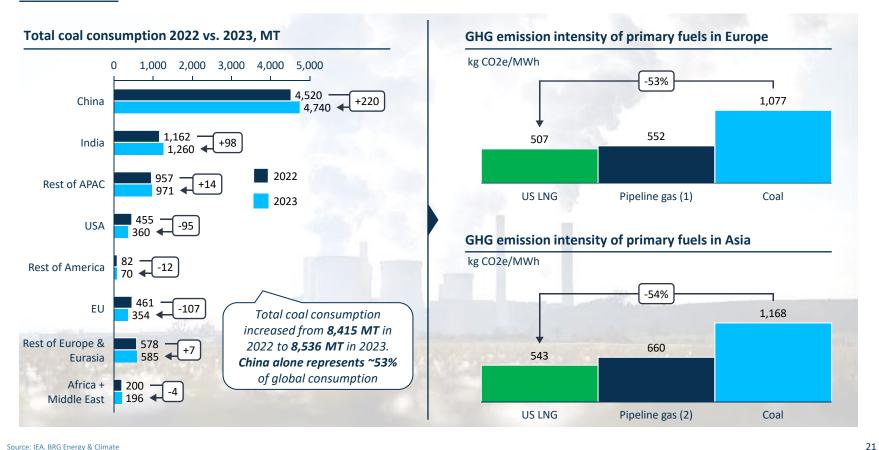
EU to target I new Russia st

EU to target LNG, ships, violations in new Russia sanctions package

- Russian liquefaction capacity is set to double by 2030, increasing from ~36 MTPA to more than 74 MTPA in 2030
- EU, the world's largest LNG importer, is still reliant on Russian LNG and the bloc imported ~6 MT (20%¹) from Russia YTD-2024 and ~15.5 MT (15%²) in 2023
- However, EU has recently proposed a set of sanctions targeting the Russian LNG sector, including a ban on re-loading of Russian LNG in the EU, and a ban on new investments and provisions of technology and services by EU operators for new Russian LNG projects
- These measures build upon existing US and EU sanctions targeting suppliers and shareholders of the Arctic LNG 2 project. The project has suspended production primarily due to shortage of ice-classed LNGC tonnage, of which the original plan was to build 21 Arc7 vessels
- Russia's inability to construct or charter in the necessary tonnage capacity for its projects could lead to increased demand for existing vessels on the water, potentially resulting in the emergence of an "LNG dark fleet"

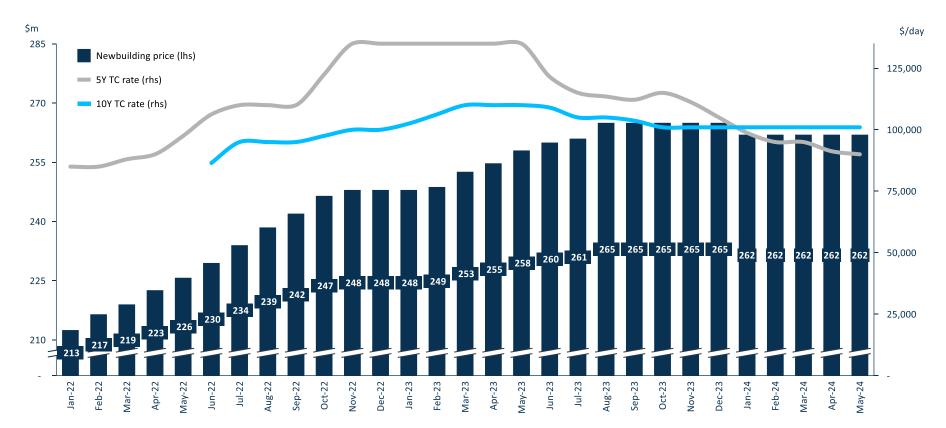
GROWING COAL DEMAND DESPITE HIGH EMISSIONS INTENSITY





NEWBUILDING PRICES STABILIZED, TERM RATES IN CONTANGO

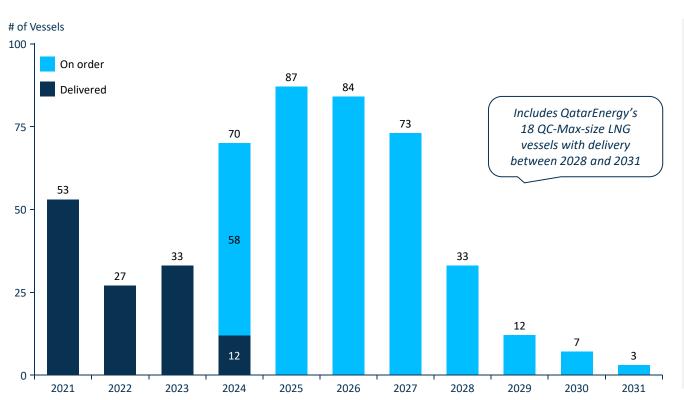


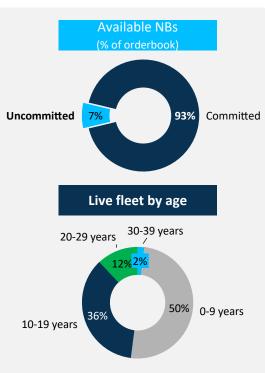


Source: Fearnleys, Clarkson SIN, SSY

WE ARE INSULATED FROM HIGH VESSEL GROWTH NEAR TERM







Source: Affinity, Fearnley and Clarksons

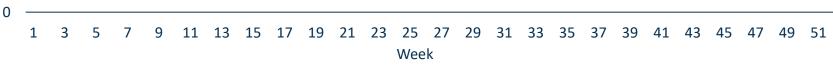
SPOT RATES FOLLOW THE SEASONAL TREND, STEAMERS CLOSE TO OPEX









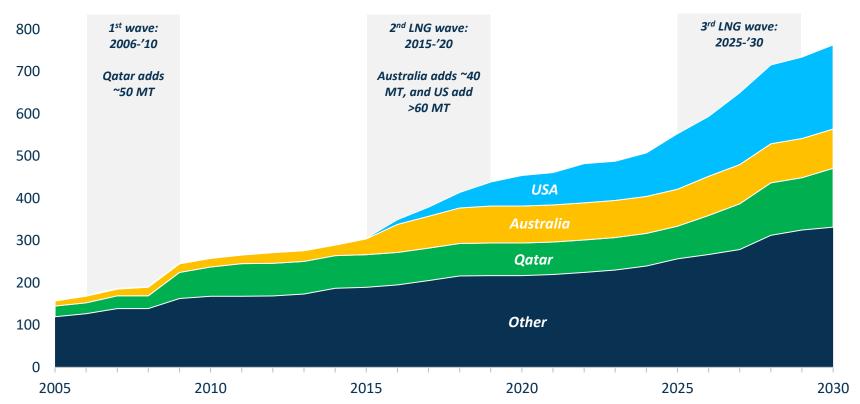




THIRD WAVE OF LNG WILL ADD >200 MTPA IN NEW CAPACITY



Liquefaction supply, MTPA



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FLEX LNG

Thank you! Q&A

